Produced by
INSIDE DHARMA,
a Buddhist outreach organization.
For information, visit
www.InsideDharma.net
St. Louis, Missouri
The Start Here St. Louis Area Resource Directory and its corresponding website are produced by Inside Dharma, a Buddhist outreach organization that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we’ve provided the website address for most these organizations.

Looking at an agency’s website will provide more information about the place before you call them or go there.

FREE GOVERNMENT CELL PHONES
If you are receiving any form of government benefits or meet income guidelines, you may qualify.
There is a list of Missouri providers on this website: www.freegovernmentcellphones.net/states/missouri

www.StartHerestl.org
Visit the Start Here website for more information about the organizations listed as well as additional updated listings.

PUBLIC LIBRARIES
provide computers and computer labs for access to the internet.

If you are aware of any changes, updates or closings, please call 314-649-8674 or send an email to startherestl@gmail.com
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEFORE YOU START</td>
<td>4</td>
</tr>
<tr>
<td>CLOTHING &amp; FURNITURE for DADS</td>
<td>5</td>
</tr>
<tr>
<td>DISABILITY</td>
<td>7</td>
</tr>
<tr>
<td>DOMESTIC VIOLENCE RESOURCES</td>
<td>8</td>
</tr>
<tr>
<td>DROP-IN CENTERS</td>
<td>10</td>
</tr>
<tr>
<td>EMPLOYMENT &amp; TRAINING</td>
<td>11</td>
</tr>
<tr>
<td>FOOD PROGRAMS &amp; PANTRIES</td>
<td>15</td>
</tr>
<tr>
<td>HOUSING: SHELTERS FOR MEN</td>
<td>20</td>
</tr>
<tr>
<td>HOUSING: SHELTERS FOR WOMEN</td>
<td>22</td>
</tr>
<tr>
<td>HOUSING</td>
<td>24</td>
</tr>
<tr>
<td>IMMIGRANT SERVICES</td>
<td>28</td>
</tr>
<tr>
<td>LEGAL SERVICES</td>
<td>30</td>
</tr>
<tr>
<td>LGBTQ</td>
<td>32</td>
</tr>
<tr>
<td>MEAL PROVIDERS</td>
<td>33</td>
</tr>
<tr>
<td>MEDICAL</td>
<td>34</td>
</tr>
<tr>
<td>MENTAL HEALTH</td>
<td>36</td>
</tr>
<tr>
<td>MONEY MATTERS</td>
<td>39</td>
</tr>
<tr>
<td>RE-ENTRY</td>
<td>40</td>
</tr>
<tr>
<td>STREETWISE</td>
<td>44</td>
</tr>
<tr>
<td>SUBSTANCE ABUSE TREATMENT</td>
<td>45</td>
</tr>
<tr>
<td>UTILITY ASSISTANCE</td>
<td>50</td>
</tr>
<tr>
<td>for VETERANS</td>
<td>51</td>
</tr>
<tr>
<td>YOUTH SERVICES</td>
<td>53</td>
</tr>
<tr>
<td>HOTLINES &amp; WEBSITES</td>
<td>55</td>
</tr>
</tbody>
</table>

Services provided in this directory can change at any time due to funding and/or resources available.
BEFORE YOU START

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements, and make use of what they have to offer.

HOW TO USE THIS DIRECTORY

1. Make a list of your needs, and seek help for the ones that are most important. Prioritize!
2. Locate providers who can provide services that fit your needs.
3. Try to provide all of the information that’s being requested when you visit an agency or talk with a caseworker. Making their job easier will reflect back to you.

HOW TO GET RESULTS WHEN YOU CONTACT AGENCIES

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that available.
4. Be sure to record the names and titles of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

HOUSING HELPLINE
314-802-5444

FOR EMERGENCY SHELTER AND OTHER HOUSING PROGRAMS:
Start the Intake Process in one of these three ways:

1. HOMELESS HOTLINE: 314-802-5444 (VOICE)
   Toll Free - 1-866-802-7155
   For Hearing or Speech Impaired - RelayMO 711 or (800) 735-2966

2. ST. PATRICK CENTER 314-802-0700
   WELCOME CENTER 800 North Tucker 63101
   www.stpatrickcenter.org
   Walk-in hours Monday-Friday from 8am-4:30pm.

3. BIDDLE HOUSE OPPORTUNITIES CENTER 314-612-1675
   Overnight shelter for men, day services for women.
CLOTHING & FURNITURE

CENTRAL REFORM CONGREGATION
5020 Waterman  63108
314-361-3919
Clothing and food pantry Monday-Friday 9:00am-5:00am.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
www.connectionstosuccess.org
2125 Bissell (No street sign. In the Grace Hill building near Grand and Florissant)  63107   314-584-6887
3000 Little Hills Expressway St. Charles  63301   636-940-8027
Monday-Friday 9:00am-4:00pm. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers. Grace Hill address is for women only.

DREAM CENTER
4324 Margaretta Ave.  63115
www.stldreamcenter.org   314-381-0700
New and gently used clothing and accessories. Open to the public Tuesday, Wednesday, Thursday, Friday, 1:00pm-3:00pm. Closed Mondays

FOCUS GATEWAY CITY
1901 Ann Avenue  63104   314-776-4205
Food Pantry and clothing/housewares closet are open the 2nd and 4th Wednesdays of the month from 9:30am-11:00am.

FRIEND OF MOMS BABY BOUTIQUE
Chapel of the Cross - Lutheran
11645 Benham Rd. 63136
www.chapelofthecross.org/friend-of-moms  314-741-3737
Provides new and gently-used clothing and other resources to parents in need. Anyone who is in need, pregnant, or raising young children is welcome to call for an appointment.

GUARDIAN ANGEL/HOSEA HOUSE
2635 Gravois  63118
www.gasastl.org   314-773-9027
Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

HELPING HAND ME DOWNS
8673 Olive Blvd., University City  63132
www.helpinghandmedowns.org   314-514-5987
Referral from a nurse, social worker or case worker required. Provides gently-used clothing, toys, books and two large baby items (swing, stroller, etc).

ISAIAH 58 MINISTRIES
2149 S Grand Blvd.  63104
www.i58ministries.org   314-776-1410
Clothing and food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Clothing Monday-Friday, 10:00am-noon. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm.
KAREN HOUSE
1840 Hogan  63106   314-621-4052
Every Thursday 1:00pm-3:00pm. Call first, if possible. Program times vary.

KINGDOM HOUSE
1321 S. 11th St.  63104   314-421-0400
Many family support services including trips to the food pantry and thrift shop. Zip codes 63104 and 63118 only. Call first.

PAKT COMMUNITY RESOURCE CENTER
500 Airport Rd  Ferguson  63135
www.paktcenter.org   314-524-2710
Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details.

REVIVE THRIFT SHOP
2202 S. Vandeventer Ave.  63110
www.revivethrift.org   314-776-7520
Non-profit project of Mission St. Louis. Furniture and clothing. Tuesday-Sunday.

ST. AUGUSTINE’S CATHOLIC CHURCH (FATHER BOB’S)
1371 Hamilton Ave.  63112
www.st-augustine-stl.org   314-385-1934
Food pantry and clothing Monday and Friday 9:30am-11:00am.

ST. JOHN’S COMMUNITY SERVICE MINISTRY
2240 St. Louis Ave.  63106
314-533-8668
Monday and Friday 8:30am-10:30am. Clothing and food pantry.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM
1809 S. 8th St.  63104
314-621-0228 or 314-951-4048
Clothing pantry Thursday 10:00am -2:00pm. Transitional housing and more.

ST. PATRICK CENTER
800 N. Tucker Blvd. 63101
www.stpatrickcenter.org   314-802-0700
Tuesday and Thursday 1:00pm-2:30pm. Second Saturdays 8:00am-noon.

ST. VINCENT DE PAUL CHURCH
1408 South 10th St.  63104   314-231-9328
Free clothing Tuesday noon-1:30pm.

URBAN LEAGUE CLOTHING ASSISTANCE
www.ulstl.org   314-615-3654
City: 935 Vandeventer Ave. 63108   314-615-3600
County: 8960 Jennings Station Rd.  63136 314-388-9840
Clothing at the Clothes Closets for all members of a family.

WAYMAN AME CHURCH
5010 Cabanne Ave. St.  63113
www.waymanamesl.org   314-361-4123
Clothing and other resources upon request. Please call for more information.
Free hot breakfast served every 4th Saturday 8-10am
for DADS

BETTER FAMILY LIFE
5415 Page Blvd.  63112
www.betterfamilylife.org  314-367-3440
Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs. Numerous programs and initiatives.

CHILD SUPPORT HOTLINE
800-859-7999
Supportive services and information, including genetic testing and updates on cases.

CONNECTIONS TO SUCCESS
See page 5 for info about this outreach program for job success.

EMPLOYMENT CONNECTION
2838 Market Street  63103
www.employmentstl.org  314-333-JOBS (5627)
Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information about Employment Connection.

FATHERS SUPPORT CENTER
Prince Hall Family Support Center and other locations
4411 N. Newstead  63115
www.fatherssupportcenter.org  314-333-4170
NOW WORKING WITH WOMEN. Areas of focus include job readiness and retention skills, job placement, mentoring, legal clinic, youth leadership.

HISET HIGH SCHOOL EQUIVALENCY TEST (GED)
www.hiset.ets.org  1-855-MyHiSET  1-855-694-4738
The website offers support throughout the process, lists testing sites, preparation and more. The test is only given online so set up an account to start the process.

JUSTINE PETERSEN
1023 North Grand Blvd  63106
929 North 15th St, East St. Louis, IL 62205
www.justinepetersen.org  314-533-2411
Homeowner and small business loans, credit counseling, first time homebuyer options and more.

NATIONAL FATHERHOOD INITIATIVE
www.fatherhood.org
To develop strong relationships between fathers who have been incarcerated, in the military and other situations, and their children. Check the website for resources.

PARENTS’ FAIR SHARE
www.ded.mo.gov/jobseeker  1-800-859-7999
www.missouricareersource.com
If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and more to improve child-parent relations.

PARENT LINK
www.parentlink.missouri.edu  800-552-8522 En Español: 888-460-0008
Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.
American Civil Liberties Union (ACLU)
906 Olive #1130  63101
www.aclu-em.org   314-652-3111

ARC/St. Louis Arc
1177 N. Warson Rd.  63132
www.slarc.org   314-569-2211
In-home residential support program, ARCH (Assistance with Residential Care in the Home), reimburses primary caregivers for short-term care. Support groups.

Artists First
7190 Manchester Rd., Maplewood  63143
www.artistsfirststl.org   314-781-4440
Artists First offers art-based programs serving aspiring artists of all ages with developmental disabilities, pervasive mental illness, and/or traumatic brain injury.

Bi-lingual International Assistance Services
1329 Macklind Ave., Suite 200  63110
www.bilingualstl.org   314-645-7800
Mental health and social services to the elderly and disabled foreign born. Counseling, case management, translation/interpretation services.

Bridges Community Support Services
3114 Sutton Blvd. Maplewood  63143
www.bridgescss.com   314-781-7900
Individually tailored 24 hour support in a shared or individual home or apartment. Community Support, counseling and behavior therapy.

Canterbury Enterprises
7228 Weil Ave.  63119
www.canterburyinc.org   314-781-3999
Sheltered workshop employing people with disabilities.

City of St. Louis
Human Services Disabled Resources in the St. Louis Community
www.stlouis-mo.gov

Center for Hearing and Speech
9835 Manchester Rd.  63119
www.hearing-speechstlouis.org   314-968-4710
Audiology and speech disorder facility treating hearing and speech disorders.

Challenge Unlimited
4 Emmie L. Kaus Lane  Alton, IL  62002
www.cuinc.org   618-465-0044
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

Deaf Inc. Deaf Empowerment Awareness Foundation, Inc.
25 East Frisco Avenue Webster Groves, MO 63119
www.deafinc.org
Voice/Videophone: 314 714-6400   Fax: 314 266-7427
Interpreting Services Voice: 314 968-8868   Toll Free: 888 898-DEAF 3323
Interpreting, advocacy, support groups and more. Some services are free. They provide assistance in courtroom and law enforcement situations.
FEDERAL GOVERNMENT WEBSITE
www.disability.gov
Information on disability programs and services nationwide.

INDEPENDENCE CENTER
4245 Forest Park Ave. 63108
www.independencecenter.org 314-533-4245
A community based rehabilitation program for adults with severe and persistent mental illnesses built on the Clubhouse model of psychosocial rehabilitation.

INDEPENDENT LIVING
www.ilru.org
Centers for Independent Living (CILs) and Statewide Independent Living Councils (SILCs) National, state, and local directories, resources, and information.

PARAQUAD
5240 Oakland Ave. 63110
www.paraquad.org 314-289-4200
Hands-on, practical assistance for people with disabilities. Independent living, deaf services, health and wellness center, resources and more DEAFWAY interpreting.

MO PROTECTION & ADVOCACY
925 South Country Club Dr., Jefferson City 65109
www.moadvocacy.org
A federally mandated system in the state of Missouri which provides protection of the rights of persons with disabilities in the legal system.

OPTIONS FOR JUSTICE
200 South Hanley, Suite 207 Clayton 63105
www.stldd.org/optionsforjustice.html 314-721-6161
A nonprofit organization serving individuals with developmental disabilities who are at risk to become or who are involved with the criminal justice system.

RAINBOW VILLAGE
1240 Dautel Ln. 63146
www.rbvstl.org 314-567-1522
Neighborhood homes for people with developmental disabilities.

REHABILITATION SERVICES FOR THE BLIND 800-592-6004
SOCIAL SECURITY WEBSITE www.ssa.gov

ST. LOUIS SOCIETY FOR THE BLIND and VISUALLY IMPAIRED
8770 Manchester Rd. 63143
www.slsbvk.org 314-968-9000
Programs, technical aids, therapy, transportation assistance, education, resources.

ST. LOUIS HELP
www.stlhelp.org 314-567-4700
Medical and health equipment lending/recycle program, including wheel chairs,

STATE OF MISSOURI DISABILITY PORTAL
www.disability.mo.gov

VOCATIONAL REHABILITATION
220 S Jefferson St., Room 110 63103
dese.mo.gov/adult-learning-rehabilitation-services 314-877-2940
Many more. Wide range of job training, educational and employment services. 1-877-222-8963 (voice) 573-751-0881 (TDD). Many locations.
DROP-IN CENTERS

BIDDLE HOUSE OPPORTUNITIES CENTER
1212 N 13th St. 63101
314-802-0700 or 314-802-5444
Overnight shelter for men. Daytime meals, showers and more for men and women.

CENTER FOR YOUTH ON THE RISE
12075 Bellefontaine Rd. Spanish Lake 63138 314-355-2348
Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

COVENANT HOUSE
2727 North Kingshighway 63113
www.covenanthousemo.org 314-533-2241
For Youth. Every afternoon. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

EPWORTH’S YOUTH DROP-IN CENTER/STREET OUTREACH
7520 Natural Bridge Rd. Normandy 63121
Ages 18-24 in crisis; couch hopping; literally homeless
Ages 11-20 that are at risk of homelessness or are homeless.
Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, clothing and hygiene items; computer work stations; healthcare, legal aid, and birth certificate and ID assistance; support for LGBTQ youth and allies.

PLACES FOR PEOPLE WELCOME CENTER
4130 Lindell Blvd. 63108
www.placesforpeople.org 314-615-2111
The Places for People Welcome Center has walk-in hours Monday-Friday 8-11:30. Walk-ins will meet with an intake clinician for screening, information and referrals.

ST. LOUIS EMPOWERMENT CENTER
Depression Bipolar Support Alliance (DBSA)
1908 Olive St. 63103
A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00am-3:00pm. Lunch daily.

THE SPOT for ages 13-24
4169 Laclede 63108
www.thespot.wustl.edu 314-535-0413
A drop-in center with computers, medical care, showers, laundry, mental health counseling, and more. Open 1:00pm-5:00pm weekdays. Walk-in medical services 1:00pm-2:30pm. Pregnancy testing and contraception, STD/HIV testing.

WOMAN’S PLACE
www.womansplacesstl.org
8300 Morganford 63123 (Affton, in the back of St. Mark Church)
314-645-4848 Monday-Friday 10:00am-5:00pm.
4116 McClay 63304 St. Charles 636-373-7911 Call for times. Crisis intervention, safety planning, support groups for survivors of domestic abuse.
The City of St. Louis has “banned the box.” That means that applications for employment with the City of St. Louis will no longer require job applicants to check a box if they have a felony conviction.

AMERICORPS
1315 Ann Ave.  63104
314-772-9002
Year-round recruitment for people to work in disaster relief. Call for details.

BEGIN Training and Employment Center St. Patrick Center
800 North Tucker  63101
www.stpatrickcenter.org  314-802-1953
The BEGIN Training & Education Center (BTEC) is an innovative educational program providing various training courses and social support services.

BETTER FAMILY LIFE
Cultural, Educational and Business Center (Headquarters)
5415 Page Blvd  63112
www.betterfamilylife.org  314-367-3440
Missouri work assistance. Other Programs offered through the MET Center. Many resources and several locations.

BUD PROGRAM: Building Union Diversity
American Job Centers
1520 Market Street  63103
3rd Floor. Apply in person 9:00am-4:00pm
26 North Oaks Plaza  63121
www.stlouis-mo.gov
Pre-apprenticeship training for careers in construction union trades.

COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)
2709 Woodson Rd  63114
www.caastlc.org  314-863-0015
Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, job readiness and placement.

COMMUNITY COLLEGES
www.stlcc.edu/workforce 314-539-5722
Free accelerated training programs: CDL, Logistics, STEM Portal, Medical, more.

COMPUTER VILLAGE
4411 N. Newstead (Prince Hall)
www. computervillage.org  314-533-1900
Learning Center that works in collaboration with other non-profits in several locations.

CRAIGSLIST  www.craigslist.org
Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

CHALLENGE UNLIMITED
4 Emmie L. Kaus Lane  Alton, IL 62002
www.cuinc.org  618-465-0044
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.
EDUCATIONAL OPPORTUNITY CENTERS
Part of the federally-funded TRIO program. Provides college, career, financial aid and financial literacy advising to assist individuals in furthering their education beyond high school. Free of charge.
Alton: 11 West 3rd Street, Alton, IL 62002  618-465-5124
Belleville: 110 N. High St., Ste. 1, Belleville, IL 62220  618-235-1776
East St. Louis: SIUE East St. Louis Center, Bldg. A, Room 2026
601 James R. Thompson Blvd., East St. Louis, IL 62201  618-874-8734
Greenville College: Greenville Central  618-664-7114
Lewis & Clark Community College: Admissions  618-468-5258
Lindell Education Center: 4236 Lindell Suite 102, 63108  314-367-8100
North County Education Center: 712 N. Main St., St. Louis, MO 63033  314-837-2100

EMPLOYMENT CONNECTION
2838 Market Street  63103
www.employmentstl.org  314-333-JOBS (5627)
Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. New programs for veterans now available.

HISET HIGH SCHOOL EQUIVALENCY TEST (GED)
www.hiset.ets.org  855-MyHiSET  1-855-694-4738
The website offers support throughout the process, lists testing sites, preparation and more. The test is only given on line so set up an account to start of the process.

INDUSTRIAL AID
4417 Oleatha Ave.  63116
www.industrialaid.com  314-773-3200
Extended employment sheltered workshop employing individuals with disabilities

JOBS AND MORE STL: Focus on Ferguson
www.jobsandmorestl.org  314-922-5059
Interviewing, networking, application and resume writing, decision making, and conflict resolution. Workshops and classroom learning. Workforce training.

JOBS.MO.GOV
www.jobs.mo.gov
The official workforce resource website for the State of Missouri. (Formerly Great Hires)

JOB CORPS CENTER
4333 Goodfellow Blvd.  63120
www.stlouis.jobcorps.gov  314/679-6200
No-cost education and career technical training program administered by the U.S. Department of Labor. Career technical and academic training for ages 16-24.

KINGDOM HOUSE
1321 S 11th St.  63104
www.kingdomhouse.org  314-421-0400
A variety of programs and classes, including job readiness, GED, ESL.

LAUNCHCODE
4811 Delmar  63108
www.launchcode.org  314-254-0107
Learn coding and programming. Non-profit organization that provides (free) classes, mentoring, ‘codergirl’ for women, job placement in computer technology.
MERS GOODWILL INDUSTRIES
1727 Locust St.  63103
www.mersgoodwill.org  314-241-1133
Many job programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)
6347 Plymouth Ave.  63133  314-746-0788 
and 12721 W. Watson Rd.  63127
www.metcenterstl.com  314-989-7570
Job training, placement, assessment, career development services and more.

MISSION ST. LOUIS
3108 N Grand Blvd  63107
www.missionstl.org  314-534-1188
Works with at-risk men ages 22-35 through skills training, internships, a community of support and job placement.

MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS
www.dolir.mo.gov  573-751-9691
Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

NEAR SOUTHSIDE EMPLOYMENT COALITION
2649 Pestalozzi St.  63118
www.nsecworks.org  314-865-4453
Training and job placement services. Develop computer and interviewing skills Screening and job referrals.

PARAQUAD
5240 Oakland Ave.  63110
www.paraquad.org  314-289-4200
Several employment programs for people with disabilities, including professional mentoring and Ticket to Work.

PROJECT CONNECT CITY OF ST. LOUIS
www.stlouis-mo.gov/project-connect/
Website with information about the new National Geospatial-Intelligence Agency NGA development, including job opportunities.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)
www.row-stl.org
City Office: 1914 Olive  63103  314-588-8300
County Office: 2709 Woodson Rd.  63114  314-833-1273
Free supportive programs and services including a financial literacy program, a matched savings program (IDA), parenting classes, and GED. Now a Division of Family Forward. 3309 S. Kingshighway  63139  314-534-9350

SLATE MISSOURI CAREER CENTER (SLATE MCC)
www.stlworks.com
Provides training and job placement services to the St. Louis City’s adult workforce.

ST. LOUIS CITY-SLATE CAREER CENTER
1520 Market St. Room 3050  63103  314-589-8000

ST. LOUIS COUNTY-NORTH OAKS CAREER CENTER
26 North Oaks Plaza  63121  314-381-6700

ST. LOUIS COUNTY - FLORISSANT CAREER CENTER
4040 Seven Hills Dr., Suite 166 Florissant  63033  314-475-7900
ARNOLD CAREER CENTER
3675 West Outer Rd., Suite 102 Arnold  63010   636-287-8909

ST. CHARLES CAREER CENTER
212 Turner Blvd. St. Peters  63376   636-255-6060

WASHINGTON CAREER CENTER
1108 Washington Square Shopping Center Washington  63090   636-239-6703

TEMPORARY AGENCIES
MANPOWER  (They also work with women)
200 N Broadway #120  63102
www.manpower.com   314-241-1356

NEXTEMPS INDUSTRIAL STAFFING
7390 St. Charles Rock Rd.  63133
www.nextempsnow.com   314-727-1060

UNEMPLOYMENT INSURANCE
314-340-4950
Automated claim processing and information number.

URBAN LEAGUE
3701 Grandel Square  63108
www.ulstl.org   314-615-3600
Job search assistance, career counseling, job readiness training, job referrals, more.

St. Louis City Division
935 N. Vandeventer  63108   314-615-3600 Ext. 684
St. Louis County Division
8960 Jennings Station Rd.  63136   314-388-9840

ST. CLAIR COUNTY DIVISION
10220 Lincoln Trail Fairview Heights, IL  62208   618-274-1150

VOCATIONAL REHABILITATION
220 S Jefferson St., Room 110  63103
dese.mo.gov/adult-learning-rehabilitation-services   314-877-2940
In addition to this downtown location, there are many more. Wide range of job
training, educational and employment services.

www.careeronestop.org
Information on training and jobs. Sponsored by the U.S. Department of Labor.

www.cap4kids.org
Many employment resources on this extensive website.

WOMEN IN CHARGE
1483 82nd Blvd. University City  63132
www.womenincharge.org   314-432-7300
Many programs, including HiSet classes (formerly GED), mentoring, counseling,

THE WORKFORCE SOLUTIONS GROUP  (Accelerated Job Training)
St. Louis Community College’s Corporate College
3221 McKelvey Road Bridgeton 63044
www.stlcc.edu/workforce-solutions   314-539-5302
Develops industry-specific training in partnership with the college’s campuses.

YOUTHBUILD ST. LOUIS  Operation Excel YouthBuild
93 North Oaks Plaza  63121
www.youthbuild.org   314-261-0202
Alternative education, construction training, employment, and leadership. 18-24.
FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or and any Division of Family Services office in the City or County of St. Louis. For information about the Food Stamp program (SNAP) and free application screening, visit: www.dss.mo.gov/fsd/fstamp.

EMERGENCY FOOD STAMPS/SNAP PROGRAM
EBT Customer Service Line: 800-997-7777
3101 Chouteau 63103 314-256-7000
4411 N Newstead Ave., 3rd Floor 63115 314-877-2000
Income Maintenance: 314-877-2400

HUNGER HOTLINE
Operation Food Search 314-726-5355 EXT. 3
Automated list of food pantries by zip code. You’ll be directed to put in your zip code, and they’ll give a list of all of the pantries in your area. Have a pen and paper ready. They’ll give lots of information.

MEALS ON WHEELS
314-612-5918 www.mowaa.org
Must be over 60 or disabled.

WIC (Women Infant and Child)
www.wicprograms.org
This website will give locations and other information. Many locations Most clinics provide WIC services—a supplemental nutrition program for women, infants and children. Other services.

EMERGENCY FOOD
St. Louis offers a variety of places to go for emergency food. We’ve listed some of them by zip code. Times can change so, if possible, call first.

For Parish Church Pantry Locations call United Way 2-1-1.

63101
BIDDLE HOUSE OPPORTUNITIES CENTER
1212 N 13th St. 63101 314-802-0700
Overnight shelter for men. Meals daily for anyone. Breakfast: 7:00am Lunch: 12:00 pm Dinner: 5:45pm.

SHAMROCK CLUB AT ST. PATRICK’S CENTER
800 N. Tucker 314-802-0700
Lunch: Monday-Friday 12:00pm-1:00pm

CHRIST CHURCH CATHEDRAL
1210 Locust St. 314-231-3454
Breakfast every Saturday 7:30am-8:30am. The church is open every day.
FATHER DEMPSEY’S HOME
3427 Washington   314-535-7221
Sandwiches, Monday-Friday 12:00pm-12:45pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

63104 and 63118
CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago (at Tennessee) 63118
314-776-7172
Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm.
Food pantry: Monday and Thursday when available 12:30pm-1:00pm.
Call first if possible. Clothing every day. Furniture when available at no cost.

FOCUS GATEWAY CITY
1901 Ann Avenue  63104   314 776-4205
Dinner every first, second and third Sunday of the month starting at 4:30pm.

GUARDIAN ANGEL/HOSEA HOUSE
2635 Gravois 63118
www.gasastl.org   314-773-9027
Call to make an appointment for their shopping style food pantry. Weekdays 9:00am-4:30pm. 63104 and 63118 only.

JOINT NEIGHBORHOOD MINISTRIES
2911 McNair 63118
www.jnministry.org   314-771-3987
Monday, Wednesday, Friday 9:30am-12:00pm. Call first. Schedule may change.

ISAIAH 58 MINISTRIES
2149 South Grand  63104   314-776-1410
Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm.

SOUP ALLEY/TRINITY LUTHERAN CHURCH
812 Soulard Ave.  63104   314-231-4092
Noodles and other food distributed Monday-Friday 9:00am-10:30pm and Saturday 10:00am-11:00am. In the Alley. Bags of groceries are available on Fridays 9:00am-10:30am.

SAINTS PETER AND PAUL CATHOLIC CHURCH
816 Allen St. 63104
www.ppcsinc.org   314-231-9923
Lunch: 2nd-21st of each month on Saturday and Sunday, Noon-12:45pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00pm-5:45pm.

ST. VINCENT DE PAUL CATHOLIC CHURCH
1408 S. 10th Street  63104   314-231-9328
Lunch: Monday-Saturday 11:00am-1:00pm. Coffee and sandwiches: Sundays 10:15am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00pm-6:00pm.

63106
GATEWAY 180
1000 North 19th St.
www.gateway180.org   314-231-1515
Brown bag lunches seven days a week, 8:00am - 4:00pm.
KAREN HOUSE
1840 Hogan
www.karenhousecw.org  314-621-4052
No longer provides hot meals. They hand out sandwiches 3:00pm-5:00pm daily.

PEOPLE’S CENTER
2012 Martin Luther King Dr.
www.pcacstl.org  314-269-5210 Main
Call for food pantry hours, other services and more locations

ST. JOHN’S COMMUNITY SERVICE MINISTRY
2240 St. Louis Ave.
314-533-8668
Monday and Friday 8:30am-10:30am. Clothing and food pantry.

63108
TRINITY EPISCOPAL CHURCH
600 North Euclid Ave.  314-361-4655
Hot meal every Sunday 2:00pm. Food pantry every Tuesday-Thursday 1:30pm-3:00pm. Need to register first for pantry, so bring a photo ID and social security card for each member of the family.

PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST
826 N. Union
314-367-8173
Lunch: Wednesday 12:00pm-1:00pm. Food Pantry every first and third Wednesday 10:00am-11:30pm. Call to check times.

63111
PEOPLE’S CENTER SOUTH CITY
6827 S. Broadway
www.pcacstl.org  314-353-1457

ST. TRINITY LUTHERAN CHURCH
517 Koeln Ave.
314-353-3276
Food pantry Monday, Wednesday, Saturday 9:00am-11:00am.

63112
PEOPLE’S CENTER COOK ELEMENTARY SCHOOL
5935 Horton Pl.
www.pcacstl.org  314-862-6270
Call for food pantry hours.

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB’S)
1371 Hamilton Ave.
wwwfatherbobsoutreach.com  314-385-1934
Food pantry and clothing: Monday-Friday 9:30am-11:00am. Utility assistance starts 6:00am. Dinner: last five working days of the month 4:00pm-5:00pm.

63113
WEST SIDE MISSIONARY BAPTIST CHURCH
4675 Page Boulevard
314-535-9002
Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm. Food pantry: Tuesday, Wednesday, Thursday 11:00am-1:00 pm.
WAYMAN AME CHURCH  
5010 Cabanne Ave. St.  
www.waymanamestl.org  314-361-4123  
Free hot breakfast served every 4th Saturday 8-10am  
Clothing and other resources upon request. Call for more information.  

63115  
ST. LOUIS DREAM CENTER  
4324 Margareta Ave.  
www.stldreamcenter.org  314-381-0700  
Food pantry: Tuesday, Wednesday, and Friday: 10:00am-12:00pm.  

KOSSUTH CHURCH OF GOD IN CHRIST  
3225 North Taylor Ave.  63115  314-652-4163  
Food Pantry Thursday 8:30am-10:00am.  

ALL SAINTS EPISCOPAL CHURCH  
5010 Terry Ave.  314-367-2314  
Call the church for information on meals, food, and other assistance.  

63118  
ST. ANTHONY of PADUA CHURCH  
3140 Meramec St.  314-352-1460  
Food and clothing Monday and Thursday 10:00am-Noon, and Wednesday 4:30pm-6:00pm. Call for other activities, such as utility, legal, medical information.  

63119  
WEBSTER-ROCK HILL MINISTRIES  
111 Waymire Ave.  314-961-5082  
Monday-Friday 8:30am-11:30am.  

63120 and several more zip codes  
PEOPLE’S NORTH CITY AND WELLSTON FOOD PANTRY (PCAC)  
5868 West Florissant (at Riverview) 314-862-6270  
Church Phone: 314-383-7771  www.pcacstl.org  
Open Monday, Wednesday and Thursday from 9:00am -2:00pm. Other PCAC locations throughout the metro area.  

63125  
FEED MY PEOPLE  
171 Kingston Dr.  314-631-4900  
Monday-Friday 10:00am-3:00pm. Saturday 9:00am-1:00pm.  

63132  
HARVEY KORNBLUM JEWISH FOOD PANTRY  
10601 Baur Blvd.  
www.jfcs-stl.org  314-993-1000  
Call and ask to be transferred to the food pantry for hours.  

63135  
PAKT Community Resource Center  
500 Airport Rd. Ferguson  
www.paktcenter.org  314-524-2710  
Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details and times.
ST. STEPHEN’S FOOD PANTRY  
33 N Clay Ave.  Ferguson  63135  
314-521-0138  
Open Tuesday and Saturday 10 – noon. Located off the parking lot by the ramp.  

63136  
PROJECT DOWNTOWN SAINT LOUIS  West Florissant Masjid  
6809 W Florissant Ave.  
www.pdstl.org  
Every Saturday. Full meals and pantry. Serving starts at 11:30am.  

URBAN LEAGUE ST. LOUIS COUNTY  
8960 Jennings Station Rd.  
314-388-9840  
Tuesday-Thursday 9:00am-12:00pm and 2:00on-4:00pm.  

63031  
TEAM FOOD PANTRY  
265 St. Catherine  Florissant  
www.teamfoodpantry.com/wp/food-pantry  314-831-0879  
Food and non-food items to needy families in the Florissant/Hazelwood areas on a once a month basis. Call for times and appointment.  

63043  
LOAVES AND FISHES  
2750 McKelvey Rd.  Maryland Heights  
www.loavesandfishes-stl.org  314-291-3857  
Registration required. Call for times and requirements.  

63049  
FEED MY PEOPLE  
3295 Ottomeyer Rd.  636-677-9885  
High Ridge  
Tuesday, Wednesday, Friday 10:00am-2:30pm. Thursday 10:00am-1:00pm and Saturday 9:30am-12:30pm.  

63088  
CIRCLE OF CONCERN  
112 St. Louis Ave. Valley Park  
www.circleofconcern.org  636-861-2623  
Parkway, Rockwood and Valley Park School Districts in West County. Food pantry, meals and many other services  

Food Pantry hours often change. Call first if possible.  

FREE GOVERNMENT CELL PHONES  
If you are receiving any form of government benefits or meet income guidelines, you may qualify.  
There is a list of Missouri providers on this website:  
www.freegovernmentcellphones.net/states/missouri
HOUSING: SHELTERS FOR MEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 to start the process.

BIDDLE HOUSE OPPORTUNITIES CENTER
1212 N 13th St. 63101
314-802-0700 or 314-802-5444
Overnight shelter for men. Meals and services for men and women during the day.

COVENANT HOUSE
2727 North Kingshighway 63113
www.covenanthousemo.org 314-533-2241
For Youth. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

MAGDALENE HOUSE
P.O. Box 1143 63188
www.magdalenestl.org 314-339-5216
A residential community for women who have survived lives of sexual exploitation, violence and addiction. Up to two years of housing, healthcare, and support.

PETER & PAUL COMMUNITY SERVICES
2612 Wyoming St. 63118
www.ppcsinc.org 314-588-7111
Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management.

The Peter and Paul shelter is located 816 Allen, but you need a referral from the Housing Helpline. Call 314-802-5444

SALVATION ARMY ADULT REHAB CENTER
3949 Forest Park Ave. 63108 314-678-5500
Residential treatment and work in addition to group and individual therapy.

SALVATION ARMY HARBOR LIGHT
(No longer operating as a shelter.)
2900 Washington Blvd. 63103
314-652-3310
Short term detox/rehab center and drug and alcohol treatment programs.

STEPPING INTO THE LIGHT MINISTRY
1402 Hebert St. 63107
www.steppingintothelightministry.org 314-231-5175
90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

SUNSHINE MINISTRIES
1315 Howard St. 63106
www.sunshineministries.org 314-231-8209
Admission is on a first-come, first-served basis. Emergency and longer term.
DOMESTIC VIOLENCE RESOURCES
National Hotline: 1-800-799-SAFE (7233) or (TTY) 1-800-787-3224
SEXUAL ASSAULT HOTLINE 800-656-4673

ALIVE  Alternatives to Living in Violent Environments  
St. Louis area  www.alivestl.org  314-993-2777  
Franklin County  636-583-5700 or 800-941-9144  
Counseling, emergency sanctuary, for adults and children.

BRIDGEWAY  
www.bridgewaybh.com  
St. Charles County - The Women’s Center in St. Charles  
24-Hour Toll-Free Crisis Line: 877-946-6854  
Lincoln County - The Terry L. Robertson Center in Troy  
24-Hour Toll-Free Crisis Line: 877-462-1758

HUMAN TRAFFICKING  
National Human Trafficking Resource Center  
www.traffickingresourcecenter.org  888-373-7888 Text BeFree (233733)

(LAAW) Legal Advocates for Abused Women  
Hotline: 314-652-3623  Legal Assistance: 800-527-1460  

SAFE AT HOME  
www.MoSafeAtHome.com  866-509-1409  
Provides survivors of abuse, assaults and threats with a substitute address for IDs, driver licenses, court documents, etc.

SAFE CONNECTIONS  
24-hour Crisis Helpline and main number 314-531-2003  
2165 Hampton Avenue  63139  www.safeconnections.org  
Free services for adults who have experienced domestic violence, sexual assault and abuse.

ST. MARTHA’S HALL  
PO Box 4950  63108  314-533-1313 (available 24/7)  
12 week stay, crisis intervention, support groups, advocacy, follow up.

TURNING POINT  
888-873-7233  www.turningpointdvs.com/home/resources  
Emergency Shelter and Supportive Services for Survivors of Domestic & Sexual Violence  
For Warren, Montgomery, St. Charles, Franklin, and Gasconade Counties and surrounding counties in east central Missouri.

YWCA  
St. Louis Regional Sexual Assault Center  
Hotline 314-531-7273  Phone 314-726-6665  www.ywcastlouis.org

WOMENS LAW  www.womenslaw.org/  
A project of the National Network to End Domestic Violence

WOMEN’S SAFE HOUSE  
www.twsh.org  314-772-4535 (24-hour crisis hotline)  
A shelter and services for battered women and their children.

BRIDGEWAY BEHAVIORAL HEALTH  
www.bridgewaybh.com  
24-Hour Toll-Free Crisis Line 877-946-6854  
Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.
A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 to start the process.

ALMOST HOME
3200 St. Vincent 63104
www.almosthomestl.org  314-771-4663
Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BRIDGEWAY BEHAVIORAL HEALTH
www.bridgewaybh.com
Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.
St. Charles County: The Women’s Center in St. Charles
24-Hour Toll-Free Crisis Line 877-946-6854
Lincoln County
The Terry L. Robertson Center in Troy
24-Hour Toll-Free Crisis Line 877-462-1758

GATEWAY 180: HOMELESSNESS REVERSED
1000 North 19th St. 63106
www.gateway180.org  314-231-1515
Emergency shelter services and programs leading to transitional or permanent homes in under 30 days.

HAVEN OF GRACE
1225 Warren 63106
www.havenofgracestl.org  314-621-6507
Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, and permanent residence.

KAREN HOUSE
1840 Hogan St. 63106
www.karenhousecw.org  314-621-4052
A Catholic worker house of hospitality for homeless women and children. Based on availability. Call to see if they have openings.

KATHY WEINMAN CENTER
314-423-1117
Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. St. Louis County operates this shelter.

LOAVES AND FISHES SHELTER PROGRAM
750 McKelvey Rd, Maryland Heights, MO 63043
www.loavesandfishes-stl.org  314-291-3857
Comprehensive program for families with children. Also, overflow shelter program and Bridge program that works with homeless veterans.

LYDIA’S HOUSE
www.lydiashouse.org  314-771-4411
Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children.
MISSIONARIES OF CHARITY
3629 Cottage Ave.  63113
314-533-2777 or 314-533-9070
Emergency shelter for women and small children.

MISSOURI BAPTIST CHILDRENS HOME
11300 St. Charles Rock Road   Bridgeton   63044
www.mbch.org   800-264-6224 or 314-739-6811
Residential program for pregnant women and girls. Family services.

OUR LADY'S INN
St. Louis: 4223 South Compton  63111   314-351-4590
St. Charles: 3607 Highway D, Defiance  63341   636-398-5375
www.ourladysinn.org
Emergency maternity shelter for pregnant women 18 and older and their
minor children.

QUEEN OF PEACE CATHEDRAL TOWER
325 N. Newstead  63108
www.qopcstl.org   314-531-0511
Offers a 21 day drug treatment program for women as well as other services.
Works with St. Phillipine’s to provide housing.

ROOM AT THE INN
3415 Bridgeland Dr.  63044
www.roomstl.org   314-209-9198
St. Louis County immediate, temporary, emergency shelter system for women
and families, regardless of age or gender of the children. Churches provide locations.

SALVATION ARMY FAMILY HAVEN
10740 West Page Ave.  63132
www.stlsalvationarmy.org   314-423-7770
Will take families, but no single men except during winter months under special
county program. Emergency shelter and resources.

ST. MARTHA’S HALL
www.saintmarthas.org   314-533-1313
Confidential shelter for female victims of domestic violence. Individual and group
counseling, legal advocacy, information, referral, and follow up.

ST. PATRICK PARTNERSHIP CENTER
800 North Tucker  63101
www.stpatrickcenter.org   314-802-0700
St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE SHELTER
1015 Goodfellow  63112
314-454-1012
For people who have gone through a program for drug rehab through Queen of Peace.

WOMEN’S SAFE HOUSE
www.twsh.org   314-772-4535 (24-hour crisis hotline)
A shelter for battered women and their children. Legal advocacy, housing referrals,
support groups, children’s programs, and limited transportation.

MISSOURI WOMEN’S SHELTERS
www.womenshelters.org/sta/missouri
3010 APARTMENTS
3010 Washington Ave. 63103
www.3010-apartments  314-833-4040
58 one-bedroom apartments operated by Salvation Army. Rents range from $425-$500. Operating as low-income housing for residents with disabilities, young adults and people who are homeless but have a source of income.

ALMOST HOME
3200 St. Vincent 63104
www.almosthomestl.org  314-771-4663
Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BEYOND HOUSING
MAIN OFFICE
6506 Wright Way  Pine Lawn, MO 63121
www.BeyondHousing.org  314-533-0600
Programs to prevent foreclosure, first-time home buyer programs and more. Supportive rental housing and senior citizen housing. Special focus on community resources, family support and home ownership.

CALL FOR HELP, INC
9400 Lebanon Rd. East St. Louis, IL 62203
www.callforhelpinc.org  618-397-0968
Intensive two-year transitional residential program helps homeless young women.

CENTER OF WOMEN IN TRANSITION
7529 South Broadway 63111
www.cwitstl.org  314-771-5207
The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)
2709 Woodson Rd. Overland  63114
www.caastlc.org  314-863-0015
CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

COMMUNITY WOMEN AGAINST HARDSHIP
3963 West Belle Place 63112
www.cwah.org  314-289-7523
Transitional housing location and many other family based programs.

CRIMINAL JUSTICE MINISTRY
1104 South Jefferson 63104
www.cjmstlouis.org  314-652-8062
Release to Rent for Veterans
Scattered supportive housing for veterans who are homeless with a criminal record.

CJM Release to Rent
Up to a year of supportive housing for men completing long-term sentences. Contact them by letter at least 6 months before your release date or through parole officer.
COOPER HOUSE (FORMERLY DOORWAYS)
4385 Maryland Ave. 63108
www.doorwayshousing.org 314.535.1919
Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

FATHER DEMPSEY’S HOME
3427 Washington Blvd. 63103
www.archstl.org/fatherdempseyscharities 314-535-7221
Partially furnished apartments from $260 per month for older men. Some meals are provided. Call for availability.

HARRIS HOUSE
8327 S. Broadway 63111
www.harrishouse.org 314-631-4299
Alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year.

HILLJACK HOUSE
www.hilljackhouse.org 314-255-3964
Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions.

HOMELESS VETERANS PROGRAMS
515 N Jefferson Ave. 63103
www.va.gov/homeless 314-652-4100 Ext. 55460
Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

HUMANITRI
1447 East Grand Ave. 63107
www.humanitri.org 314-772-7720
Scattered site transitional housing and assistance in finding housing.

JUSTINE PETERSEN
1023 North Grand Blvd. 63106
929 North 15th St. East St. Louis, IL 62205
www.justinepetersen.org 314-533-2411
Homeowner and small business loans, credit counseling, first time homebuyer options and more.

KAREN HOUSE
1840 Hogan St. 63106
www.karenhousecw.org 314-621-4052
A Catholic worker house for homeless women and children. Call first. Limited space.

MAGDALENE ST. LOUIS
PO Box 1143 63188
www.magdalnestl.org 314-339-5216
A residential community for women who have survived sexual exploitation, violence and addiction. Up to two years of housing, healthcare and support.

MARYGROVE
2705 Mullanphy Lane Florissant 63031
www.marygrovechildren.org 314-830-6201
Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.
MARIA DROSTE RESIDENCE, WOMEN IN NEED
7660 Natural Bridge  63121
www.mariadroste.com  314-383-1325
Residential program, inpatient treatment. Rent by the week.

MOVE: MISSOURI VETERANS ENDEAVOR
8410 Engler Park Ct. St. John  63114
www.move-stl.org  314-778-9497
Provides long-term supportive housing and services to veterans, family members.

NEHEMIAH PROGRAM
www.nehemiahprogramstl.com  314-521-3666
Transitional supportive housing for women. Rental homes, and home ownership.
North County. Call for information and addresses.

OXFORD HOUSE
2715 Osage St.  63118
www.oxfordhouse.org  14-772-6771
National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area.

PETER & PAUL COMMUNITY SERVICE
2612 Wyoming St.  63118
www.ppcsinc.org  314-588-7111 or 314-621-5520
Shelter and transitional housing for men. Two locations.

PLACES FOR PEOPLE
4130 Lindell Blvd.  63108
www.placesforpeople.org  314-535-5600
Assists people in renting apartments from private landlords. PfP also owns and manages apartments for people with special needs. Emergency housing, and daytime activities.

QUEEN OF PEACE CATHEDRAL TOWER
325 N. Newstead Ave. 63108
www.qopcstl.org  314-531-0511
Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine’s to provide transitional housing.

RECOVERY HOUSE
www.recoverystl.com  314-884-0747
Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

RAINBOW VILLAGE
1240 Dautel Ln.  63146
www.rbvstl.org  314-567-1522
Neighborhood homes for people with developmental disabilities.

ROSATI APARTMENTS AND GROUP HOME
4220-24 North Grand  63107
www.stpatrickcenter.org  314-371-0586 or 314-802-0700
Supportive services and housing for clients referred by the St. Louis Psychiatric Rehabilitation Center. Operated through St. Patrick Center.
SALVATION ARMY FAMILY HAVEN
10740 West Page Ave.  63132   314-423-7770
A transitional housing resource for women and children with various programs focused on family stability.

STEPPING INTO THE LIGHT MINISTRY
1402 Hebert  63107
www.steppingintothelightministry.org   314-231-5175
90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM
1809 S.8th Street   63104
314- 951-4048
Rooms for rent for men in transition. Substance abuse meetings, job training.

ST. LOUIS HOPE HOUSE
1611 Hodiamont Ave.  63112
www.hopehousestl.com  314-382-3801
Transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, more.

ST. LOUIS HOUSING AUTHORITY AND EAST ST. LOUIS HOUSING AUTHORITY
St. Louis City:  3520 Page Blvd.   63106
www.slha.org   314-531-4770
Section 8 Waiting List:  314-286-4361
St. Louis County Housing Authority:  8865 Natural Bridge Rd  63121
www.haslc.com   314-428-3200
East St. Louis Housing Authority
700 N 20th St, East St Louis, IL 62205
www.eslha.org   618-215-6759

SUNSHINE MISSION
1520 N. 13th St.  63106
www.sunshineministries.org  314-231-8209
Offers a men’s emergency shelter, men’s long term rehabilitation program.

WOMEN’S SAFE HOUSE
PO Box 63010   63163
www.twsh.org   24 Hour Crisis Hotline 314-772-4535
Multi-service shelter for battered women and their children.

YWCA-PHYLLIS WHEATLEY
2711 Locust   63103
314-533-9400 Ext. 227
Apartments for single women for up to two years. Personal and career development services. Case management services, GED certification, job readiness training.

www.ahl.mhdc.com
This website lists subsidized or affordable apartments by zip code:

www.hud.gov   Department of Housing and Urban Development
www.va.gov/homeless

APARTMENT LISTINGS:
www.craigslist.com   www.socialserve.com or 877-428-8844
IMMIGRANT SERVICES

AMERICAN RED CROSS - ST. LOUIS CHAPTER
10195 Corporate Square Dr. 63132
www.redcrossstl.org 314-516-2843
International Services provides tracing and messaging.

BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES
1329 Macklind Ave., Suite 200 63110
www.bilingualstl.org 314-645-7800
Provides mental health and social services to the elderly and disabled foreign born. Includes counseling, case management, translation/interpretation, and more.

CG IMMIGRATION LAW, LLC
2316 Cherokee St. 63118
www.cgimmigrationlaw.info 314-514-4248
Variety of services from green cards, work permits, family visas, DACA, business visas to traffic tickets, warrants, divorce and more. Free consultation.

CASA DE SALUD
3200 Chouteau Ave. 63103
www.casadesaludstl.org 314-762-1251
Comprehensive medical services and referral services, primarily for adults.

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)
CATHOLIC LEGAL IMMIGRATION NETWORK, INC.
100 N. Tucker Blvd., Suite 726 63101 (No Walk-Ins, call for appointment)
www.cliniclegal.org 314-977-3993

CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA
has joined Bilingual Assistance Services
1329 Macklind Ave., Suite 200 63110
www.bilingualstl.org 314-645-7800
Counseling and therapy, as well as an extensive youth program, asylum documentation, etc.

ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)
1530 S. Grand Blvd. 63104
www.slps.org 314-664-1066
Bi-lingual Program-St. Louis Public Schools. Many locations and school sites.

HISPANIC CHAMBER OF COMMERCE
3611 South Grand Blvd., Suite 105 63118
www.hccstl.com 314-664-4432
Promotes and supports Hispanic small businesses through programs, services, and legislative advocacy. Offering restaurant training.

IMMIGRANT AND REFUGEE WOMEN’S PROGRAM
3672B Arsenal St. 63116
www.irwp.net 314-771-1104
Teaches women basic English and practical living skills in their own homes.

IMMIGRANT COMMUNITY ACTION PROJECT (M.I.C.A. PROJECT)
1600 South Kingshighway Blvd. Suite 2N 63110
www.mica-project.org 314-995-6995 Toll Free: 855-995-6995
Provides sliding scale fees for individual legal services for removal defense, family-based immigration, asylum, adjustment of status and more.
INTERNATIONAL INSTITUTE
3401 Arsenal St. 63118
www.iistl.org  314-773-9090
This organization offers MANY services for new arrivals to the St. Louis area.

LANGUAGE ACCESS METRO PROJECT (LAMP)
8050 Watson Rd., Suite 340 63119
www.lampinterpreters.org  314-842-0062  866-948-7133
Translation services. Specialists in medical interpreting.

LEGAL AID/ Legal Services of Eastern Missouri
4232 Forest Park Ave. 63108
www.lsem.org  314-534-4200 or 800-444-0514
Immigration Law Project offers many resources and services.

MISSOURI IMMIGRANT AND REFUGEE ADVOCATES (MIRA)
2725 Clifton Ave. 63139
www.mira-mo.org  314-669-1288
Organizes and advocates for the basic rights of immigrants and refugees.

NAHED CHAPMAN NEW AMERICAN ACADEMY (NCNAA)
1616 S. Grand Blvd. 63104
www.slps.org/NCNAA  314-776-1066 or 314-776-3285
Formerly International Welcome School. Accelerated English training, an introduction to the US culture and school system, and more through the St. Louis Public Schools.

OASIS INTERNATIONAL
5035 Gravois Ave. 63116
www.oasisinternational.info  314-353-3800
English classes, clothing, furniture, more for primarily refugee families.

SAINT FRANCIS COMMUNITY SERVICES SOUTHSIDE CENTER
4222 Delor St. 63116
www.sfcsstl.org  314-773-6100
(Formerly Catholic Charities Community Services Southside Center). Case management, mental health counseling, and youth programming, legal services.

ST. LOUIS CENTER FOR FAMILY DEVELOPMENT
4236 Lindell Blvd., Suite 200 63108
www.stlcfld.com  314-531-1155
Community-Based Crisis Stabilization Services. Intensive, in-home crisis stabilization program to prepare them for additional, longer-term treatment options.

(USCIS) US Citizenship and Immigration Service
www.uscis.gov
Service and Office Locator to check status, change of address, and much more.

VITENDO 4 AFRICA (V4A)
7220 N. Lindbergh Blvd., Suite 270 Hazelwood 63042
www.vitendo4africa.org  314-252-0488
Programs for healthier immigrant individuals and families through support and services. New health and home ownership programs.

YMCA LITERACY COUNCIL OF GREATER ST. LOUIS
2635 Gravois Ave. 63118  www.ymcastlouis.org 314-776-7102
Free one-on-one tutoring to adults who need help with English language skills.
LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)
906 Olive St. #1130  63101  www.aclu-em.org  314-652-3111

ARCH CITY DEFENDERS
Civil Rights Attorneys
1210 Locust St. Second Floor  63103
www.archcitydefenders.org  314-361-8834
Free or low cost legal representation from minor criminal offenses, to landlord-tenant
law, to family law issues. Call for information about their BAIL PROJECT

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)
100 N. Tucker Blvd., Suite 726  63101  314-977-3993
Mostly domestic issues, cases involving paternity, orders of protection, guardianship,
and abuse. Also services for immigrant populations.

CATHOLIC LEGAL IMMIGRATION NETWORK
www.cliniclegal.org/
Immigration attorneys who specialize in advocacy, worker immigration law, more.

CIRCUIT ATTORNEY’S OFFICE
St. Louis City: 314-622-4373
St. Louis County: 314-615-4872
St. Charles County: 636-949-7370
Orders of protection, victims services.

CREA: City of St. Louis Civil Rights Enforcement Agency.
1114 Market Street #626
314-622-3301
Monitors and investigates fair housing, equal employment and public
accommodation complaints. Equal opportunity enforcement.

CRIME VICTIMS ADVOCACY CENTER
539 North Grand Blvd., Suite 400  63103
Hotline: 314-652-3623
Legal Assistance: 800-527-1460
Aid to Victims of Crime

EHOC Metropolitan St. Louis Equal Housing and Opportunity Council
1027 S. Vandeventer Ave., 6th Floor  63110
www.ehocstl.org  314-534-5800

FATHERS SUPPORT CENTER
4411 N Newstead Ave.  63115
www.fatherssupportcenter.org  314-333-4170
Legal services in the areas of
child support payment modifications, legal visitation, child custody and more. More
locations.

FEDERAL BONDING PROGRAM
Department of Economic Development
421 East Dunklin St., Po Box 1087 Jefferson City  65102
573-526-8217
Fidelity bonding insurance coverage to individuals with criminal histories and others.

JAIL DIVERSION PROGRAM
St. Louis City 314-621-5848 Ext. 1023
LAMDA LEGAL
www.lambdalegal.org
Legal organization working for the civil rights of LGBT and people with HIV/AIDS.

LAWYER REFERRAL SERVICE
www.bamsl.org  314-621-6681
Bar Association referral service maintains a listing of attorneys who practice in the metropolitan St. Louis, Missouri-Illinois area.

LEGAL AID (Legal Services of Eastern Missouri)
4232 Forest Park  63108
www.lsem.org  314-534-4200 or 800-444-0514
Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services.

LEGAL ADVOCATES FOR ABUSED WOMEN
www.laawstl.org  314-664-6699
Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

LEGAL ASSISTANCE WEBSITES
www.courts.mo.gov
www.stlccin.missouri.org
Attorney General's Office: www.ago.mo.gov
Victims of Crime: www.okbemad.org
Legal Services of Missouri: www.lsmo.org
www.legalmatch.com
In addition to matching your case with a lawyer, there is a law library and many articles and resources on this website.

JAIL DIVERSION PROGRAM
St. Louis City  314-621-5848 Ext. 1023

MACARTHUR JUSTICE CENTER
3115 South Grand Blvd. Suite 300  63118
www.stlmacarthurjusticecenter.org  314-254-8540
A civil rights law firms with a focus on jails and prisons, as well as court reform sentencing and parole practices, death penalty and policing.

PUBLIC DEFENDER, CITY
1114 Market St. 63101  314-340-7625

PUBLIC DEFENDER, COUNTY
100 S Central Ave. Clayton  63105  314-615-4778

ST. CHARLES VICTIM OF CRIME ASSISTANCE: 636-949-7370

ST. LOUIS COUNTY FAMILY COURT PROJECT
501 S. Brentwood Blvd.  63105  314-615-4502

ST. FRANCIS COMMUNITY SERVICES  Southside Center
4222 Delor St. 63116
www.sfcstl.org  314-773-6100
Family law, immigration law, veterans advocacy, Housing Opportunity Project more.

UPCOUNSEL
www.upcounsel.com
Provides cost-effective legal services for non-profits, businesses, entrepreneurs.
LGBTQ

AMERICAN CIVIL LIBERTIES UNION (ACLU)
4557 Laclede Ave.  63108
www.aclu-em.org  314-652-3111
For preservation and promotion of civil liberties in eastern Missouri.

DOORWAYS -- NOW COOPER HOUSE
4385 Maryland Ave.  63108
www.doorwayshousing.org  314-535-1919
Provides housing and supportive services for people affected by HIV/AIDS.

GROWING AMERICAN YOUTH
Trinity Church 600 N. Euclid  63108
www.growingamericanyouth.org  314-669-5428 (LGBT)
A social support organization for youth.

LAMDA LEGAL
www.lambdalegal.org
National legal organization representing numerous issues in courts and advocacy.

GLBT National Youth Talk  800-246-7743

METRO TRANS UMBRELLA GROUP (MTUG)
438 N Skinker Blvd  63130
www.stlmetrotrans.com
Resources, programs, events website lists testing sites, medical resources.

SAFE ZONE UMSL TRAINING PROGRAM
www.umsl.edu/~safezone/resources.html
Extensive list of resources, organizations, trainings and more at website.

ST. LOUIS GENDER FOUNDATION: LGBT COMMUNITY RESOURCES
www.stlouisgenderfoundation.org

STEPS ALANO CLUB
3974 Humphrey St.  63116
www.stepsalanoclub.org
Provides meeting space for 12-Step recovery fellowships. Check website for calendar and more information.

THE SPOT (for ages 13-24)
4169 Laclede 63108
http://thespot.wustl.edu/  314-535-0413
A drop-in center open M-F afternoons. Computers, laundry, showers, pregnancy testing and contraception, STD/HIV testing.

TRANS LAW HELP
www.translawhelp.org
An online database of trans-positive legal resources.

THE TREVOR PROJECT
866-488-7386 (24/7)  www.thetrevorproject.org
Crisis intervention and suicide prevention. Ages 13-24. Trained counselors 24/7

YOUTH IN NEED
www.youthinneed.org  636-946-5600 Crisis Hotline: 636-946-3771
Below is a list of places that serve MEALS AND SANDWICHES. It’s not complete, and programs change. See page 15 for pantries. Area code 314 on all numbers.

<table>
<thead>
<tr>
<th>Code</th>
<th>Provider Name</th>
<th>Address</th>
<th>Phone</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>63101</td>
<td>Biddle House Opportunities Center</td>
<td>1212 N 13th St.</td>
<td>802-0700 or 802-5444</td>
<td>Overnight shelter for men. Meals and other services for men and women during the day. Breakfast, lunch, dinner.</td>
</tr>
<tr>
<td>63103</td>
<td>Christ Church Cathedral</td>
<td>1210 Locust</td>
<td>231-3454</td>
<td>Breakfast: Saturday 7:30am-8:30am.</td>
</tr>
<tr>
<td>63104</td>
<td>Father Dempsey’s Home</td>
<td>3427 Washington Blvd.</td>
<td>535-7221</td>
<td>Sandwiches Monday-Friday 12:00pm-12:45pm</td>
</tr>
<tr>
<td>63106</td>
<td>Gateway 180</td>
<td>1000 N. 19th St.</td>
<td>231-1515</td>
<td>Brown bag lunches all day Monday-Friday.</td>
</tr>
<tr>
<td>63108</td>
<td>Pilgrim Congregational</td>
<td>826 N. Union Blvd.</td>
<td>367-8173</td>
<td>Lunch: Wednesday 12:00pm-1:00pm.</td>
</tr>
<tr>
<td>63112</td>
<td>Union Memorial Church</td>
<td>1141 Belt Ave.</td>
<td>367-8314</td>
<td>Lunch: Monday-Friday 12:00pm-12:30pm. Breakfast: Sunday 9:00am-10:30am.</td>
</tr>
<tr>
<td>63113</td>
<td>West Side MB Church</td>
<td>4675 Page Blvd.</td>
<td>535-9002</td>
<td>Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm</td>
</tr>
<tr>
<td>63115</td>
<td>St. Louis Dream Center</td>
<td>4324 Margaretta Ave.</td>
<td>381-0700</td>
<td>Lunch and more on Wednesdays.</td>
</tr>
<tr>
<td>63118</td>
<td>Chapel for the Exceptional</td>
<td>3436 Winnebago St.</td>
<td>776-7172</td>
<td>Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm.</td>
</tr>
</tbody>
</table>
AFFINIA HEALTH CARE (FORMERLY GRACE HILL)
www.affiniahealthcare.org
314-814-8700 for appointment  314-898-1700 for information
Many locations throughout the area. Sliding fee scale to uninsured patients.

AFFORDABLE CARE ACT (Obamacare)
INFORMATION LINE:  1-855-373-9994

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC
9400 Lebanon Rd. East St. Louis, IL  62203
www.callforhelpinc.org  618-397-0968
Comprehensive intervention services for homelessness, sexual assault, poverty.

CHIPS Health and Wellness Center
2431 N. Grand Blvd.  63106
www.chipsstlouis.org  314-652-9231 Ext. 10 for appointment
Sliding scale or no fee for wide range of clinic services and programs.

COMMUNICABLE DISEASES/STD DEPARTMENT OF HEALTH
1520 Market St., Suite 4027  63103  314-872-1431

CONTRACEPTIVE CHOICE CENTER
4533 Clayton Ave.  63110 Entrance at back of building
c3.wustl.edu  314-747-0800
A full-service women’s health clinic and testing. Same day appointments available.

COVER MISSOURI
Missouri Health Insurance Marketplace
www.covermissouri.org  800-318-2596

FAMILY RESOURCE CENTER
3309 South Kingshighway  63139
www.frcmo.org  314-534-9350
Prevention and treatment of all forms of child abuse and neglect.

HOPE CLINIC FOR WOMEN
1602 21st Street, Granite City, IL 62040
Emergency/After Hours: 618-346-3040  www.hopeclinic.com  618-451-5722
Abortion care up to 24 weeks. Also, pill 6-10 weeks, pregnancy testing, std testing.

MO HEALTHNET
Missouri’s Medicaid Program
615 Howerton Ct. Jefferson City  65109
www.dss.mo.gov/mhd  573-751-3425

PLANNED PARENTHOOD
4251 Forest Park Ave.  63108
www.plannedparenthood.org  314-531-7526
Main locations (Many others throughout the area.)To schedule an appointment or for more information, call 800-230-PLAN (7526). Many services and testing.
SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC
1408 N Kingshighway Blvd., Suite 213  63113
www.medschool.slu.edu/hrc   314-389-0008
Saturday 9:00am-12:00pm. Sign-ups start at 8:00am. Free clinics/SLU doctors.

SOUTHERN ILLINOIS HEALTHCARE FOUNDATION
www.sihf.org   618-332-0694
A community-based, Federally Qualified Heath Center (FQHC) network that serves populations throughout nine counties in Southern Illinois.

ST. LOUIS EFFORT FOR AIDS
1027 S. Vandeventer Ave., Suite 700  63110
www.stlefa.org   314-645-6451
Free testing for AIDS, HIV, STDs. Primary care, medications, and more.

THE ST. LOUIS INTEGRATED HEALTH NETWORK
1520 Market St., Suite 4034  63103
www.stlouisihn.org   314-657-1566
A network of community health centers. Services include primary care, dental, eye care, more. A referral is not required. More locations outside St. Louis area.

BETTY JEAN KERR PEOPLE’S HEALTH CENTERS
www.phcenters.org
Central: 5701 Delmar Blvd.  63112   314-367-7848
North: 11642 W. Florissant Ave. Florissant  63033   314-838-8220
West: 7200 Manchester Ave. Maplewood  63143   314-781-9162

CRIDER HEALTH CENTER   www.cridercridercenter.org
St. Charles: 546 First Capital Dr., Suite 1  63301   636-946-4000
Union: 1780 Old Highway 50 East  63084   636-582-8100
Warrenton:19515 Brune Parkway  63383   636-456-1500
Wentzville: 1032 Crosswinds Ct.  3385   636-332-6000

FAMILY CARE HEALTH CENTERS   www.fchcstl.org
Carondelet: 401 Holly Hills Ave.  63111   314-353-5190
Forest Park Southeast: 4352 Manchester Ave.  63110   314-531-5444

GRACE HILL HEALTH CENTERS:   www.gracehill.org
Murphy O’Fallon: 1717 Biddle St.  63106   314-814-8700
Soullard Benton: 2220 Lemp Ave. St.  63104   314-814-8700
South 3930 S. Broadway St. Louis  63118   314-814-8700
Water Tower: 4414 N Florissant Ave.  63107   314-814-8700

MYRTLE HILLIARD DAVIS COMPREHENSIVE   www.mhcdhc.org
Comprehensive: 5471 Dr. Martin Luther King Dr.  63112   314-367-5820
Florence Hill: 5541 Riverview Blvd.  63120   314-389-4566
Homer G. Phillips: 2425 N. Whittier  63113   314-371-3100

STLHELP (Medical Equipment)
www.stlhelp.org   314-567-4700
Provides access to free home medical equipment through recycle and reuse.

STRONG START FOR MOTHERS AND NEWBORNS
Seven OB/GYN offices, comprehensive services for low income pregnant women.
MENTAL HEALTH

800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)
National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
www.suicidepreventionlifeline.org/
24-Hour Local Help Line: 636-946-3771

ADAPT OF MISSOURI
4030 Chouteau Ave.  63110
2301 Hampton Ave.  63139
www.adaptusa.com  888-657-3201
Provides individual therapy, community support for adults with mental illness.

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org  24 hour Crisis Lines: 314-469-6644 or 800-811-4760

BJC BEHAVIORAL HEALTH
Administrative Offices, Referrals and Call Center
1430 Olive St., Suite 400   63103
www.bjcbehavioralhealth.org  314-729-4004 toll-free: 877-729-4004
After hours: 314-469-6644 or toll-free 800-811-4760
Mental health services and supportive services allowing adults and children with mental health problems to live independently.12 locations.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)
www.bridgewaybh.com  Main number: 866-758-1152
St. Louis City Center 314-535-5246
St. Charles Center 636-757-2300

CATHOLIC FAMILY SERVICES
Various locations for psychiatric and mental health services.
www.cfsstl.org   800-652-8055

CENTREPOINTE HOSPITAL AND OUTPATIENT CLINICS
St. Charles: 4801 Weldon Spring Parkway  63304
St. Louis City: 1430 Olive St.  63103
www.centerpointehospital.com 800-345-5407

CHAD’S COALITION (for Mental Health)
4121 Union Road  #224   63129
www.chadscoalition.org  314-952-2046
A variety of suicide and bullying prevention programs, including SOS/Signs of Suicide. Works in schools and provides education and support groups.

COMPREHENSIVE BEHAVIORAL HEALTH CENTER
505 South 8th St. East St. Louis, IL  62201  618-482-7330 (Office)
Mental health and substance abuse treatment, rehabilitative and social support on a 24-hour basis. Works with Alton Mental Health Center.

COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)
232 Stadler Hall, One University Blvd.  63121
314-516-5824  www.umsl.edu/services/cps
Outpatient mental health center established by the University of Missouri-St. Louis to provide affordable psychological services in the St. Louis area.
COMTREA
www.comtreao.org  636-931-2700
Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and more

CRIDER HEALTH CENTERS
www.cridercenter.org   636-332-6000
St. Charles: 546 First Capital Dr., Suite 1  63301   636-946-4000
Union: 1780 Old Highway 50 East  63084   636-582-8100
Warrenton:19515 Brune Parkway  63383   636-456-1500
Wentzville: 1032 Crosswinds Ct.  63385   636-332-6000
A variety of behavioral health programs and services throughout the area.

CRISIS TEXT LINE: Text “GO” to 741-741
www.crisistextline.org
Crisis Text Line serves young people (and others) in any type of crisis, providing access to free, 24/7, emotional support and information.

DEPARTMENT OF MENTAL HEALTH
www.dmh.mo.gov
The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

FAMILY MENTAL HEALTH COLLABORATIVE:
314-747-7492
For St. Louis County residents. Sliding fee scale.

HAWTHORN CHILDREN’S PSYCHIATRIC HOSPITAL
1901 Pennsylvania Ave.  63133
A children’s psychiatric hospital operated by the MO Dept. of Mental Health.

HOPEWELL MENTAL HEALTH SERVICES
909 North 14th Street   63106
Provides mental health case management and psychiatric services. Onsite pharmacy for prescription medications. No walk-ins. Must make appointment.

HYLAND BEHAVIORAL HEALTH CENTER
St. Anthony’s Medical Center
10010 Kennerly Rd.  63128
In-patient and out-patient psychiatric and chemical dependency services. Multidisciplinary team approach.

INDEPENDENCE CENTER
Clubhouse: 4245 Forest Park Ave.  63108  314-533-4245
Membership, Screening and Enrollment:  314-533-4163
Midwest Psychiatry and Community Care: 4219 Laclede Ave.  63108
www.independencecenter.org
Assists adults with serious, persistent mental illnesses to live and work in the community.

JEWISH FAMILY AND CHILDREN’S SERVICES
10950 Schuetz Rd  63146
WWW. Wfcs-stl.org  314-993-1000
Counseling for adults and children. Family conflict, depression, lifecycle transitions, marital conflict or divorce, bereavement, more. Testing, support groups.
MEDICAL FAMILY THERAPY PROGRAM
Saint Louis University Center for Counseling and Family Therapy
Fitzgerald Hall, Suite 10 3500 Lindell Blvd. 63103  314-977-2505
Individual, couples, and family counseling,

MENTAL HEALTH FIRST AID
www.mentalhealthfirstaid.org  314-877-6458
A series of courses, both online and classroom, that help the public identify and respond to signs of mental illnesses and substance use disorders.

METROPOLITAN PSYCHIATRIC CENTER
5351 Delmar Blvd.  63112
www.dmh.mo.gov/mpc  314-877-0501
Diagnostic and treatment psychiatric care services including forensic.

MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV)
www.mocadsv.org/
Information and resources to support survivors in Missouri.

MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)
5400 Arsenal St.  63139
www.mimh.edu  314-877-6401

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)
www.nami.org
CIT: Crisis intervention Team programs, many resources and more.

NAMI-ST. LOUIS BRANCH
www.namistl.org  314-962-4670
Community support, education, advocacy, understanding, and quality of life improvement for persons with severe and persistent mental illnesses and their families. Mental health First Aid classes and other opportunities.

PROVIDENT COUNSELING
www.providentstl.org  314-533-8200 for appointments
Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

SELF HELP CENTER
8301 Crest Industrial Dr. Affton  63123
314-781-0199
A drop-in center for adults with mental illness. Includes job readiness.

SLIDING SCALE COUNSELING CENTERS
Provident Counseling: 314-533-8200
Catholic Family Services: 314-544-3800
Lutheran Family Services: 314-787-5100

ST. LOUIS EMPOWERMENT CENTER
Depression Bipolar Support Alliance (DBSA)
1908 Olive St.  63103
www.dbsaempowerment.org  314-652-6100
Friendship Line: 866-525-1442
A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year, 9:00am-3:00pm. Lunch daily. Many support groups, programs.
MONEY MATTERS

EXCEL CENTERS/PROSPERITY CONNECTION
www.prosperityconnection.org
Provides financial education, affordable financial services, resources. Free financial coaching and money management education, as well as low-cost banking options.
Old North Excel Center    2707 N. 14th Street   63106   314-768-5954
24:1 Community Excel Center 6724 Page Ave Pagedale, MO 63133 314-256-3995
St. John Excel Center   2808 Endicott   63114   314-256-3995
Administrative Office 3651 Forest Park Ave.   63108   314-385-1586

GATEWAY EITC COMMUNITY COALITION
910 North 11th Street   63101
www.gatewayeitc.org   314-539-4062
Free tax preparation for low income households.

JUSTINE PETERSEN
1023 N Grand   63106
www.justinepetersen.org   314-533-2411
Home ownership and business loans, including Micro-Enterprise Services and new business loan program for ex-offenders. Also credit building.

RED DOUGH LOANS
6724 Page Avenue   63133
314-726-2678
www.reddough.com
Combats predatory lending through Helping Hand Loan™, an installment loan that helps break the payday loan cycle. Works with Prosperity Connection.

ROW (REDEVELOPMENT OPPORTUNITIES FOR WOMEN)
Family Resource Center
3309 S. Kingshighway Blvd 63139
www.frcmo.org/services/row/   314-534-9350
City Office: 1914 Olive St. 63103   314-588-8300
County Office 2709 Woodson Rd Overland, MO 63114-4817
Works with women who have been impacted by poverty, homelessness, and/or intimate partner violence. Focus on financial security.

STATE ID AND OTHER RESOURCES
Visit RE-ENTRY starting on Page 40 for information about walk-in assistance at the College Church at Grand and Lindell. Also through City Hall.

WOMEN IN CHARGE
1483 82nd Blvd.
University City, MO 63132
www.womenincharge.org 314-432-7300
Many programs, including HiSet classes(formerly GED), mentoring, counseling, career development, nutrition, Yoga, financial literacy and more.
NOTE: Two forms of ID are usually needed for employment, so try to take care of this as soon as possible. If still incarcerated, a caseworker can get this process started before release.

CALL FOR HELP, INC.
9400 Lebanon Rd. East St. Louis, IL  62203
www.callforhelpinc.org  618-397-0968
Multi-service agency responding to crisis situations in the Metro East area.

CENTER FOR WOMEN IN TRANSITION (CWIT)
7529 South Broadway  63111
www.cwitstl.org  314-771-5207
There are two transitional housing facilities in St. Louis city for women reentering the St. Louis area from a correctional facility.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)
2709 Woodson Rd.  63114
www.caastlc.org  314-863-0015
Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug and alcohol, counseling, family development, job readiness and placement.

CONCORDANCE ACADEMY
www.concordanceacademy.com  314-444-1126
Re-entry support program that starts before release. Currently operating in three eastern Missouri prisons. Call or check the website for more information.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
www.connectionstosuccess.org
2125 Bissell  63107  314-584-6887
(In the Grace Hill building near Grand and Florissant)
3000 Little Hills Expressway St. Charles 63301  636-940-8027
1701 N 2nd St. St Charles 63301  636-940-8027
Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. Grace Hill address is for women only. Call to make an appointment.

CRIMINAL JUSTICE MINISTRY
1104 South Jefferson  63104
www.cjmstlouis.org  314-652-8062
Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks with personal items, bus passes, and more.

Release to Rent for Veterans
Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

Release to Rent
Up to one year of supportive housing for men completing long-term sentences who can work full time and are without community support.

IMPORTANT: Contact CJM by letter at least six months before release date.
EDUCATIONAL OPPORTUNITY CENTERS
4495 Forest Park Ave.  63108
314-535-6670
The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

Educational Opportunity Center
1408 N Kingshighway Blvd., #107   314-367-8100
4644 Gravois Ave.   314-352-4113
13 N Oaks Plaza   314-385-4005

East St. Louis, Illinois EOC
601 James R Thompson Blvd. Building B, Suite 2079  East St. Louis, IL. 62201 618-482-6931

EMPLOYMENT CONNECTION
2838 Market St.  63103
www.employmentstl.org  314-333-JOBS (5627)
Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00am-3:30pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

FATHERS SUPPORT CENTER
Prince Hall Family Support Center
4411 N. Newstead Ave.  63115
www.fatherssupportcenter.org  314-333-4170
The Fathers’ Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also offers employment services. FSC has received grant funding for training and job placement for ex-offenders. Call for details.

FEDERAL BONDING PROGRAM (Dept. of Economic Development)
421 East Dunklin St., PO Box 1087 Jefferson City  65102
573-526-8217
Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

GOODWILL
Many locations.
Career Center of Downtown St. Louis
1727 Locust St
St Louis  63103
www.mersgoodwill.org/about/jobs  314-436-3540

HEARTLAND CENTER FOR BEHAVIORAL CHANGE
www.heartlandcbc.org/  Toll-free number: 866-242-6670
Several locations in the KC areas and southwest MO areas, Residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

HELP FOR FELONS
www.HelpForFelons.org
A website with lots of information about jobs, loans, tips for getting hired, housing, resources, felons forum and more on line.
RE-ENTRY

HUMANITRI
1447 East Grand Ave.  63107
www.humanitri.org   314-772-7720
Humanitri provides support for prisoner families. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

ISAIAH 58 MINISTRIES
2149 South Grand Blvd.  63104   314-776-1410
Computers, clothing, and other services available between 10:00am-1:00pm.

KAIROS OUTSIDE
PO Box 191214  63119
www.koeastmo.org   636-577-4733
Support for the families of persons who are or have been incarcerated in the county’s correctional facilities, and county jails and youth offender program

JUSTINE PETERSEN
1023 North Grand Blvd.  63106
929 North 15th St., East St. Louis, IL  62205
www.justinepetersen.org   314-533-2411
Homeowner and small business loans, credit counseling, first time homebuyer options, and more. Loans for formerly incarcerated individuals.

LAUGHING BEAR BAKERY
1610 Olive (in Centenary United Methodist Church)  63103
www.laughingbearbakery.tumblr.com
Apply in person Monday or Wednesday mornings or online. A work-skills training program for ex-offenders. Both men and women are eligible as paid employees.

LEGAL AID/Legal Services of Eastern Missouri
4232 Forest Park Blvd.  63108
314-534-4200  Legal Aid: 800-444-0514
Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs.

LET’S START
1408 S. 10th St.  63104
www.letsstart.org   314-241-2324
Programs for children of incarcerated parents, as well as formerly incarcerated women. Transportation to women’s prisons for children and weekly support groups.

LUTHERAN SOCIAL SERVICES OF ILLINOIS
1405 State St. East St. Louis, IL  62205
www.lssi.org   618-601-3459
Services include employment, school and resources for clothing, housing, identification, medical, mental health and employment. program.

MISSOURI CURE
PO Box 28931  63132
www.missouricure.org and www.curenational.org  877-525-CURE (2873)
Organizes and unites offenders, their families, and others for education and advocacy in criminal justice issues.

MISSION GATE PRISON MINISTRY
PO Box 6644 Chesterfield  63006
www.missiongateministry.org   636-391-8560
Christian-based residential program. Men and women. Several locations.
MISSOURI DEPT. OF CORRECTIONS
www.doc.mo.gov.
Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

NATIONAL FATHERHOOD INITIATIVE
www.fatherhood.org
A national program that works to develop strong relationships between incarcerated fathers and their children. Website includes ideas and re-entry resources.

NORTH COUNTY COMMUNITY DEVELOPMENT CORP.
2483 Alexandria Place Pkwy  63136
www.northcountycdc.org   314-867-9160
Shelter and transitional housing programs to prevent homelessness, including a prison re-entry program.

BOONE COUNTY OFFENDER TRANSITION NETWORK
www.bcotn.org
This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. In PDF format.

PARENT LINK
www.parentlink.missouri.edu   800-552-8522    Espanol 888-460-0008
Resources about parenting issues. Support for incarcerated parents.

RANKEN TECHNICAL COLLEGE
4431 Finney Ave.  63113
WENTZVILLE LOCATION
755 Parr Rd.  Wentzville  63385
Admissions 314-286-4809
Construction skills training and more. Financial aid available.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)
www.stlreentry.org
A coalition working to make the re-entry process more successful.

ST LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS
1809 S. 8th St.  63104
314-951-4048
Substance abuse meetings, transitional housing, job training.

US APPRENTICESHIP PROGRAMS
www.doleta.gov/jobseekers

US DEPARTMENT OF LABOR
www.doleta.gov/jobseekers/career_options.cfm
A comprehensive website. Apprenticeships are available to ex-offenders. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money for organizations involved in job training.

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)
St. Louis Community College’s Corporate College.
3221 McKelvey Road  Bridgeton   63044
www.stlcc.edu/Workforce-Solutions   314-539-5302
Develops industry-specific training in partnership with the college’s campuses and local employers to help adults retrain for in-demand occupations.
BIDDLE HOUSE OPPORTUNITIES CENTER
1212 N 13th St.  802-0700 or 802-5444
Overnight shelter for men. Meals and other services for men and women during the
day. Breakfast, lunch, dinner.

CHRIST CHURCH CATHEDRAL
12th and Locust  314-231-3454
Breakfast every Saturday 7:30am-8:30am. Doors are open throughout the day.

DREAM CENTER
4324 Margareta  63115  314-381-0700
Food pantry, clothing, laundry, haircuts and showers. Call for times.

EMERGENCY FOOD STAMPS/SNAP PROGRAM
Info Line: 855-373-4636 Ext. 2
EBT Customer Service Line: 800-997-7777
3101 Chouteau Ave.  63103  314-256-7000
4411 N Newstead Ave., 3rd Floor  63115  314-877-2000
Income Maintenance: 314-877-2400
Post office boxes available where mail can be received.

INTERSTATE BLOOD BANK
5121 Delmar Blvd.  63108
www.interstatebloodbank.com  314-367-5200
They will pay for donations. Call or check the website for requirements.

MERS/MISSOURI GOODWILL INDUSTRIES
1727 Locust St.  63103
www.mersgoodwill.org  314-241-3464
Job opportunities and counseling. Many locations.

NATIONAL RUNAWAY CRISIS HOTLINE 24-HOUR
www.nrscrisisline.org  800-RUNAWAY/ 800-786-2929

OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER
314-977-7308 (Call this number for details)
3628 Lindell Blvd. just west of Grand 63108 (Lower Level)
State ID and birth certificates. Sign in between 8:45am and 9:30am on Tuesdays or
Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15am.

www.dmv.org/mo-missouri/id-cards.php
This website will give information about getting a state ID from the Department of
Motor Vehicles. Birth certificates also at City Hall, 1200 Market St.. Rm 126 for $15.

ST. LOUIS DEPARTMENT OF PUBLIC HEALTH
1520 Market St., Room 4050  63103
www.stlouis-mo.gov  314-612-5100
Aids and STD Testing and Info: 888-291-AIDS (2437)

SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER
800 N. Tucker Blvd.  63101
www.stpatrickcenter.org  314-802-0700
Membership privileges available, including breakfast, lunch, showers, phones,
laundry, referrals. Also many other services at St. Patrick Center.
AFFINIA HEALTH CARE
1717 Biddle  63106
www.affiniahealthcare.org  314-814-8700
Comprehensive treatment options, including services for opioid dependence and alcohol abuse. Primarily at Biddle location or in collaboration with other agencies.

ALEXIAN BROTHERS BEHAVIORAL HEALTH HOSPITAL-ONE-EIGHTY
3933 S Broadway  63118
www.stalexishospital.com/one-eighty  800-841-4263
Medical withdrawal stabilization, 3-5 day hospital stay, follow-up and more.

ALTERNATIVE BEHAVIORAL CARE
255 Spencer Rd., Suite 101 St. Peters  63376
www.alternativebehavioralcare.com  636-477-6111
Children, adolescent and adult mental health and substance abuse programs that include medication assisted therapy, Opiate recovery and Suboxone assessments.

ASSESSMENT AND COUNSELING SOLUTIONS
4400 S. Lindbergh Blvd.  63127
www.aandcsolutions.com  314-849-2800
Assessment and counseling solutions. Drug and alcohol addiction. Mix of mental wellness and substance abuse services.

ASSISTED RECOVERY CENTER OF AMERICA (ARCA)
651 Chippewa St. Louis  63109
www.arcamidwest.com  314-645-6840
Detox. In-patient, out-patient and transitional living treatment programs.

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

BLACK ALC/DRUG SERVICE INFORMATION CENTER (BASIC)
3029 Locust St.  63103
2600 Washington Ave.  63103
www.basicinc.org  314-621-9009
Drug and alcohol addiction. Substance abuse treatment services.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)
St. Louis City Center 1027 S. Vandeventer  63110
St. Charles Center 1570 S. Main St.  St. Charles  63303
www.bridgewaybh.com  866-758-1152

CENTER FOR LIFE SOLUTIONS, INC.
9144 Pershall Rd. Hazelwood  63042
www.centerforlifesolutions.org  314-731-0100
Crisis Intervention Hotline: 314-302-6728
CSTAR, Medication-assisted and methadone treatment programs.
CENTERPOINTE HOSPITAL
5931 Highway 94 S. St. Charles  63303
www.centerpointehospital.com  636-441-7300
Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Eight metro area locations.

CENTREC CARE, INC.
1030 Woodcrest Terrace Dr.  63141
www.centreccare.com  314-205-8068
Drug and alcohol addiction, detox, buprenorphine treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

COMMUNITY SERVICES OF MO
4456 S. Lindbergh Blvd.  63127
www.Dwiprograms.com  314-849-6855
Drug and alcohol addiction, halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale.

COMPREHENSIVE BEHAVIORAL HEALTH CENTER
505 South 8th St. East St. Louis, IL  62201
618-482-7330 (Office)
Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

COMTREA
www.comtreas.org  636-931-2700
Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24-hour crisis services.

CROSSROADS PROGRAM
626 Cepi Dr. Chesterfield  63005
www.thecrossroadsprogram.com  636-532-9991
A drug and alcohol rehab center providing a treatment program for adolescents and teens. Locations in St. Louis, Kansas City, and Columbia.

DRUG AND ALCOHOL REHAB HEADQUARTERS
www.drug-rehab-headquarters.com
866-720-3784
Extensive listings of treatment resources and information.

FREEDOM FROM ADDICTION SUPPORT SERVICES
ST. LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS
1809 S 8TH ST.  63104  314-951-4048
Drug and alcohol recovery meetings and more. Transitional housing program for men. Support programs for men and women. Call for information.

GATEWAY FOUNDATION DRUG AND ALCOHOL TREATMENT CENTERS
www.recovergateway.org  877-505-4673
Outpatient and residential treatment programs in southern Illinois locations.

GIBSON RECOVERY CENTER
1112 Linden St. Cape Girardeau  63703
www.gibsonrecoverycenter.org  573-332-0416
In and outpatient drug and alcohol treatment, southeast Missouri communities.
HARRIS HOUSE
8327 S. Broadway  63111
www.harrishouse.org  314-631-4299

HEARTLAND CENTER FOR BEHAVIORAL CHANGE
www.heartlandcbc.org/ Toll-free number: 866-242-6670
Several locations including Springfield and Branson. Services include community residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

HILLJACK HOUSE
www.hilljackhouse.org  314-255-3964
Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS
5351 Delmar Blvd.  63112
www.dmh.missouri.gov/mpc  314-877-0500
Detox. Persons with co-occurring mental and substance abuse disorders. State or government financed insurance. Forensic programs.

MIDWEST INSTITUTE FOR ADDICTION
711 Old Dallas Rd., Suite 203 63141
www.midwestinstituteforaddiction.org 314-569-2253
Inpatient and outpatient treatment programs. Medically assisted treatment and counseling to treat alcohol and drug addiction. Sliding scale and financing options.

MO NETWORK FOR OPIATE REFORM AND RECOVERY
4022 South Broadway  63118
www.monetwork.org  314-717-3472 24 hour help line at 1-844-REBEL-UP.
Legislative reform, harm reduction, family support, resources for detox and treatment placement. Also legal services. Free 12 panel drug screen test and Narcan.

NCADA  National Council on Alcohol and Drug Abuse
9355 Olive Boulevard  St. Louis, MO 63132
www.ncada-stl.org  314-962-3456
Substance use assessments. Naloxone (Narcan) training. Resources, prevention programs, professional training, education, more.

NEW BEGINNINGS CSTAR INC
1408 N. Kingshighway  63113
www.newbeginningscstar.com  314-367-8989
Drug and alcohol addiction services. DUI/DWI rehabilitation, criminal justice clients.

NORTHBOUND ST. LOUIS
333 S Kirkwood Rd., Suite 303 63122
www.livingsober.com  314-678-1130
Treatment for alcoholism, addiction to other mood altering chemicals, and dual diagnoses. Services: Clinical evaluations, interventions, outpatient services.

OXFORD HOUSE
2715 Osage St.  63118
www.oxfordhouse.org  314-772-6771
National, self-run, self-supported, addiction recovery houses. Subsidized rent and meals in separate buildings and programs for men and women.

PLACES FOR PEOPLE (Community Reinforcement Approach CRA)
4130 Lindell Blvd.  63108
www.placesforpeople.org  314-535-5600
Comprehensive substance-abuse treatment program. Walk-ins welcome at Places for People Welcome Center, Monday-Friday, 8-11:30.

PREFERRED FAMILY HEALTHCARE, INC.
3800 S. Broadway  63118
www.pfh.org  314-772-2205
Behavioral health organization offering substance abuse treatment, prevention, and mental health services, including eight locations in St. Louis and the Metro area.

PROVIDENT, INC.
www.providentstl.org  SEVERAL LOCATIONS.
Life Crisis Hotline 314-647-HELP (4357) or 1-800-273-TALK (8255)
For first appointment, call: 314-533-8200 or 800-782-1008  314-898-0101
Mix of mental wellness, counseling, and substance abuse services.

QUEEN OF PEACE CENTER
325 N. Newstead St.  63108
www.qopcstl.org  314-531-0511 Ext. 1
Drug and alcohol addiction services, halfway house for persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women. Housing program connected with St. Phillipines Center.

RECOVERY HOUSE
www.recoverystl.com  314-884-0747
Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

REFUGE RECOVERY
A Buddhist Path to Recovering from Addiction
www.refugerecovery.org
Mindfulness-based addiction recovery based on Buddhist philosophy. Check their website for local and national locations and more. All are welcome.

SALVATION ARMY ADULT REHAB CENTER (ARC)
3949 Forest Park Blvd.  63108
www.satruck.org  314-535-0057
Men’s non-clinical residential rehab and work for chemical dependency.

SALVATION ARMY
2900 Washington Blvd.  63103
314-652-3310
Drug and alcohol addiction, detox and rehab programs up to 21 days. No residential. Now accepting women on out-patient basis. CSTAR, veterans.

SAMHSA: SUBSTANCE ABUSE SERVICES LOCATOR
www.samhsa.gov  www.suicidepreventionlifeline.org
Suicide Prevention Lifeline 800-273-TALK (8255)
A comprehensive website that provides a treatment locator and many other resources.

SATOP Substance Abuse Traffic Offender Program
www.dwiprograms.com
Many locations, programs and phone numbers listed on this website.

SOUTHEAST MISSOURI BEHAVIORAL HEALTH
Many locations listed on their website. Professionals dedicated to individualized drug and alcohol treatment. Admissions accepted 24/7, including holidays.
www.semoctc.org  800-455-5749
STEPPING INTO THE LIGHT MINISTRY
1402 Hebert 63107
www.steppingintothelightministry.org 314-231-5175 or 314-213-4697
90-day residential treatment program for drug and alcohol abuse.

ST. LOUIS EMPOWERMENT CENTER
Depression Bipolar Support Alliance (DBSA)
1908 Olive St. 63103
A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00am-3:00pm. Lunch daily. Many support groups, programs.

ST. LOUIS METRO TREATMENT CENTER
9733 St. Charles Rock Rd. Breckinridge Hills 63114
www.methadonetreatment.com 314-423-7030
Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

ST. LOUIS VALLEY HOPE
12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101
Boonville: 1415 Ashley Rd. Boonville 65233 660-882-6547
www.valleyhope.org

ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER
915 N. Grand St. 63106
www.va.gov 314-652-4100 Ext. 5
Jefferson Barracks Division #1 Jefferson Barracks Dr. 63125 314-894-6693
Drug and alcohol addiction, detox, methadone, detox, halfway house, more.

ST. PATRICK CENTER
800 N. Tucker Blvd. 63101
www.stpatrickcenter.org 314-802-0693
Drug and alcohol addiction services and Shamrock Club.

ST. VINCENT HOME FOR CHILDREN
7401 Florissant Road 63121
www.saintvincenthome.org 314-261-6011
Residential and outpatient substance abuse treatment programs for youth struggling with drug and/or alcohol addiction. Individual and group therapy.

TEEN CHALLENGE OF ST. LOUIS
2650 Appletree Acres Ln. High Ridge 63049
www.teenchallengestl.com 636-677-1776
Drug addiction treatment. Part of the network of over 180 Teen Challenge centers across the US.

WEST END CLINIC, INC.
5736 W. Florissant Blvd. 63120 314-381-0560

WISH CENTER SSM Health St. Mary’s Hospital
1035 Bellevue, Suite 205 Richmond Heights 63117
www.ssmhealth.com/maternity/wish-center 314-768-8230
The Women and Infants Substance Help provides comprehensive maternity care and follow up services to pregnant women who are dependent on opioid drugs.
UTILITY ASSISTANCE

CARDINAL RITTER SENIOR SERVICES
314-918-2258 Utilities only.
Clients must be 60 years of age and older. City residents in threat of disconnect.

COOL DOWN ST. LOUIS/HEAT UP ST. LOUIS
www.cooldownstlouis.org
www.heatupstlouis.org
Websites with information about utility assistance, tips, and much more.

ENERGY CARE
2758 Wyoming St. 63118
www.energycare.org 314-773-5900
Provides a variety of services for low-income seniors (60+), people living with chronic illnesses and disabilities, and families with children under five.

DOLLAR HELP/UTILITY ASSISTANCE
www.dollarhelp.org
This website will take you to locations and phone numbers of agencies offering utility assistance.

FATHER BOB’S ST. AUGUSTINE CATHOLIC CHURCH
1371 Hamilton Ave. 63112
www.fatherbobsoutreach.com 314-385-1934
Utility and rental assistance every Monday, Wednesday, Friday to the first 30 people in line by 6:00am. Must have ID, utility bill or rental agreement and $25 cash or money order which will be matched with up to $75 toward the bill. Food pantry and clothing:

FRANCISCAN CONNECTION
2903 Cherokee St. 63118
www.franciscanconnection.org 314-773-8485
Utility assistance, bus passes, school supplies.

LIHEAP
Low Income Home Energy Assistance Program
www.dss.mo.gov/fsd/liheap

PAKT Community Resource Center 500 Airport Rd Ferguson, 63135
www.pakcenter.org 314-524-2710
Rent and utility assistance, food pantry, clothing, after-school program & more for North County residents. Call the number above for details.

ST. VINCENT DE PAUL ASSISTANCE LOCATOR
www.svdpstlouis.org

URBAN LEAGUE UTILITY ASSISTANCE
St. Louis City Division 935 Vandeventer St. 63108
www.ulstl.com 314-615-3684
St. Louis County Division 8960 Jennings Station Rd. 63136 314-388-9840
St. Clair County Division
10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150
HOPE RECOVERY CENTER
515 North Jefferson Ave.  63103
314-652-4100 Ext. 55460
Transitional outpatient services including a HOMELESS VETERANS PROGRAM.

EMPLOYMENT CONNECTION
2838 Market St.  63103
www.employmentstl.org   314-333-JOBS (5627)
Homeless Veterans Reintegration Program Job placement services and housing. Supportive services for families. Rental assistance, deposits, utilities, etc.

H.E.R.O.E.S. Care
1306 R West Lark Industrial Dr. Fenton  63026
www.heroescare.org   636 600-0096
Food, clothing, financial assistance more for veterans, active military, and families.

THE MISSION CONTINUES
1141 South 7th St.  63104
www.missioncontinues.org  314-588-8805
Veterans engage in community service in St. Louis and nationwide to continue their service in a meaningful way.

MOVE: MISSOURI VETERANS ENDEAVOR
8410 Engler Park Ct. St. John  63114
www.move-stl.org   314-778-9497
Non-profit organization that provides long-term supportive housing and services to veterans and family members. Near Highway 170.

MY NEXT MOVE FOR VETERANS
www.mynextmove.org

PERSONAL CARE HOME HEALTH SERVICES
Veterans Benefit Program
1221 Locust St. Suite 550  63103   314-664-1100
In-home assistance for veterans and families with medical conditions.

PROJECT HERO
314-802-0700
St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). Call for information about apartments for veterans.

RELEASE TO RENT FOR VETERANS
Criminal Justice Ministry
1104 South Jefferson  63104
www.cjmsstlouis.org   314-652-8062
Supportive housing for veterans who are homeless and have a criminal record.

REGIONAL ALLIANCE FOR THE TROOPS
www.rafft.org   314-432-8200
A website devoted to providing military members, their families and veterans with resources all in one location.

HELP FOR HOMELESS VETERANS: 877-424-3838
ST. LOUIS COUNTY VETERANS PROGRAM
9666 Olive Blvd., Suite 510 63132
www.stlouisco.com  314-615-4516 TTY: 800-735-2966
Various services including case management, referral for benefits, legal, medical, employment, housing and transportation assistance.
North County: 21 Village Square, Hazelwood, 63042  314-625-4000
South County: 4548 Lemay Ferry Rd. 63129  314-615-4000
Community Outreach:  314-615-7433

STAND DOWN
National Coalition for Homeless Veterans
1730 M St. NW, Suite 705 Washington, DC 20036

ST PATRICK CENTER Supportive Services for Veterans Families (SSVF)
800 N. Tucker St. Louis MO. 63101  314-802-0700
For homeless veteran families in St. Louis area and rural counties. Rapid-re-housing, short-term housing assistance, case management services, and more.

TRUE NORTH MANAGEMENT SERVICES
940 Biltmore Dr. Fenton 63026
www.tnmsllc.com  636-717-0111
Veteran-owned St. Louis-based cellular network construction firm. Hires veterans and active reservists. Also locations in Kansas and Tennessee.

US DEPARTMENT OF VETERANS AFFAIRS
St. Louis Regional Benefit Office
400 S 18th St.  63103
www.va.gov/directory/guide  800-827-1000
Addresses, phone numbers, programs, benefits, job openings specifically for veterans.

VA MEDICAL CENTER
www.stlouis.va.gov
800-228-5459 314-652-4100 Ext. 53772
314-289-6418 (Methadone Clinic)
314-894-6693
John Cochran Division: 915 N Grand Blvd. 63106
Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125

VETERANS BENEFITS and other VA information: 800-827-1000
http://www.stlouis.va.gov
Addresses, phone numbers, programs, job openings specifically for veterans.

VETERANS CRISIS LINE
www.veteranscrisisline.net  800-273-8255  TTY: 800-799-4889
Connects veterans in crisis (and their families and friends) with Dept. of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

VETERANS FOR PEACE
1404 N Broadway 63102
www.veteransforpeace.org 314-725-6005
International organization of military veterans, military family members, and allies dedicated to building a culture of peace Over 120 chapters across the US and abroad.

YOUTH SERVICES

24/7 Youth Connection Helpline: 877-928-2929 or 314-628-2929
24-Hour Help Line: 636-946-3771
National Suicide Prevention Lifeline: 800-273-TALK (8255)
Or use the online services to chat, email, or post on the forum. www.1800runaway.org
CRISIS TEXT LINE: Text START or GO to 741741 www.crisistextline.org
NATIONAL RUNAWAY SAFELINE www.1800runaway.org 800-786-2929

ALTERNATIVE BEHAVIORAL CARE
255 Spencer Rd., Suite 101 St. Peters  63376
www.alternativebehavioralcare.com  636-477-6111
Children, adolescent and adult mental health and substance abuse programs.

ANNIE MALONE Children and Family Service Center
2612 Annie Malone Dr.  63113
www.anniemalone.com  314-531-0120
Crisis center, day care, services for teenagers through community programs.

B-WORKS
2414 Menard St.  63104
www.bworks.org  314-827-6640
Earn a computer, fix up a bike to keep, write a book. Programs for kids.

BIG BROTHERS BIG SISTERS
www.bbbsemo.org
Headquarters: 501 N. Grand Blvd., Suite 100  63103  314-361-5900
Parenting education, self-help, counseling and more.

BJC BEHAVIORAL HEALTH
1430 Olive St., Suite 400  63103
www.bjcbehavioralhealth.org  314-729-4004 toll-free: 877-729-4004
After hours: 314-469-6644 or toll-free 800-811-4760
More locations and behavioral Health services.

CAP4KIDS (Children’s Advocacy Project)  www.cap4kids.org
Many services listed, including employment, training health care and housing.

CENTER FOR YOUTH ON THE RISE
12075 Bellefontaine Rd. Spanish Lake  63138  314-355-2348
Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

CHADS COALITION (for Mental Health)
421 Union Rd 63129  www.chadscoalition.org  314-952-2046
A variety of suicide and bullying prevention programs.

COMMUNITY WOMEN AGAINST HARDSHIP
3963 West Belle Place 63112
www.cwah.org  314-289-7523
Many anti-poverty family and youth based programs.

COVENANT HOUSE
2727 North Kingshighway  63113
www.covenanthousemo.org  314-533-2241
Shelter, food, showers, laundry facilities, information, referrals, and crisis intervention.
DEMETRIOUS JOHNSON CHARITABLE FOUNDATION  
724 N. Union 63108  
www.djcfgivesback.org/ 314-367-4141  
A variety of programs such as GED classes, tutoring, internships, dancing, more.

EPWORTH’S YOUTH DROP-IN CENTER/STREET OUTREACH  
7520 Natural Bridge Rd. Normandy 63121  
Ages 18-24 in crisis; couch hopping; literally homeless  
Ages 11-20 that are at risk of homelessness or are homeless.  
Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, clothing and hygiene items; computer work stations; healthcare, legal aid, and birth certificate and ID assistance; support for LGBTQ youth and allies.

JEWISH FAMILY AND CHILDREN SERVICES  
10950 Schuetz Rd. 63146  
www.jfcs-stl.org 314-993-1000  
Counseling and prevention programs.

KIDS UNDER TWENTY ONE (KUTO)  
KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886  
Provides crisis prevention services and suicide intervention

MARYGROVE  
2705 Mullanphy Ln. Florissant 63031  
www.marygrovechildren.org 314-830-6201  
Transitional housing and crisis care for children who are in need of emergency care due to homelessness, abuse/neglect, parental stress, illness, incarceration of a parent.

MOTHERS WAY CAREER COUNSELING  
4134 Seven Hills Dr, Florissant, MO 63033  
www.motherswaycc.com 314-561-8507  
Housing, child care and services for youth transitioning from foster care and other situations. Also, in-home care funded by Medicaid.

ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE  
314-628-2929 or 877-928-2929

THE SPOT (FOR AGES 13-24)  
4169 Laclede Ave. 63108  
www.thespot.wustl.edu 314-535-0413  
A drop-in center open M-F afternoons. Computers, laundry, showers, pregnancy testing and contraception, STD/HIV testing.

TREVOR PROJECT  
www.trevorproject.org 866-488-7386  
National organization providing crisis intervention, resources, and suicide prevention services to LGBTQ young people ages 13-24.

YOUTH AND FAMILY CENTER  
818 Cass Ave. 63106 314-231-1147  
Youth programs, summer camp, and family support services.

YOUTH IN NEED  
www.youthinneed.org 636-946-5600 Crisis Hotline 24/7: 636-946-3771  
Based in St. Charles, with outreach & housing programs in St. Louis City.  
In St. Louis County: 314-628-2929  
In St. Charles County: 636-642-0642 In St. Louis City: 636-946-3771
WEBSITES & HOTLINES

Alcoholics Anonymous (AA) ......................................................... 314-647-3677
ALIVE-Domestic Violence .............................................................. 314-993-2777
Call For Help Metro East ............................................................... 618-397-0968
Cocaine Anonymous (CA) ............................................................... 314-361-3500
Covenant House Youth Hotline ................................................. 800-999-9999
Crime Stoppers ............................................................................. 866-371-TIPS (8477)
Crisis Nursery Emergency Care for Children ......................... 314-768-3201
Elder Abuse Hotline ................................................................. 800-392-0210
Epworth Street Outreach (YES) ................................................. 314-727-6294
Housing Hotline (City or County) ............................................ 314-802-5444 or 866-802-7155
Life Crisis Suicide Hotline ......................................................... 314-647-4357
MEDICAID ................................................................................ www.medicaid.gov
MEDICARE ................................................................................ www.medicare.gov
MO Child Abuse and Neglect .................................................... 800-392-3738
MO HealthNet FSD Information Center .................................... 855-373-4636
Narcotics Anonymous (NA) ......................................................... 314-830-3232
Runaway Switchboard ............................................................... 800-621-4000
Safe Connections-Domestic Violence ................................. 314-531-2003
Women’s Safe House ............................................................... 314-772-8952
Youth In Need Hotline ............................................................. 636-946-3771

2-1-1 (Operated by United Way 24/7)
www.211helps.org Alt. Number: 800-427-4626
Counseling, education, employment, utility assistance, etc. Mainly referrals.
Includes information on weather shelters and parish food pantries.

AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)

AID TO VICTIMS OF CRIME HOTLINE: 314-652-3623

BEHAVIORAL HEALTH RESPONSE
www.bhrstl.org 24-hour Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC. (METRO EAST)
www.callforhelpinc.org 618-397-0968
Comprehensive crisis and other services in Metro East.

CATHOLIC CHARITIES
4532 Lindell Blvd. 63108
www.ccstl.org 314-367-5500

CHILD ABUSE AND NEGLECT HOTLINES
800-392-3738 (inside MO) or 573-751-3448 (outside MO)

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY
www.caastic.org 314-863-0015
HUNGER HOTLINE
Operation Food Search: 314-726-5355 Ext. 3
This organization provides an automated list of food pantries by zip code.

KANSAS CITY AREA RESOURCES
Comprehensive Listings at www.kansascityarea.org

www.medicaid.gov
Low cost health insurance through Medicaid or CHIP (Children’s Health Insurance Program). www.chipsstlouis.org

MID-EAST AREA AGENCY ON AGING
www.agingmissouri.org  636-207-0847 or 636-207-1323

MISSOURI HEALTH CARE MARKETPLACE
www.EnrollMissouri.org  24-Hour Hotline: 800-318-2596
Hotline handles consumer questions and starts the process.

NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)
Nation-wide Suicide Prevention
www.nami.org  HOTLINE number: 800-273-8255
The NAMI website provides resources and information about mental illness.

NATIONAL DOMESTIC VIOLENCE
800-799-SAFE (7233) or 800-787-3224

PARAQUAD
www.paraquad.org  314-289-4200
Advocacy and programs to provide independence for people with disabilities.

PEOPLE’S COMMUNITY ACTION CORPORATION
Several locations.  www.pcacstl.org/pcac
Many services, including food pantries, employment and training programs, computer labs and emergency assistance.

SAFE CONNECTIONS
2165 Hampton Avenue  63139
www.safeconnections.org  314-531-2003
Various programs and resources for victims of domestic violence.

ST. LOUIS CITY GOVERNMENT WEBSITE  www.stlouis-mo.gov
ST. LOUIS COUNTY GOVERNMENT WEBSITE www.stlouisco.com

ST. LOUIS YOUTH CONNECTION
www.youthinneed.org  Access crisis help 24 hours a day
In St. Louis County: Youth Connection Helpline at 314-628-2929
In St. Charles County: Helpline at 636-642-0642
In St. Louis City: Call Youth In Need’s 24-Hour Help Line at 636-946-3771
Text: 4HLP to 31658

www.socialserve.com or 877/428-8844
Rental Listings at low, moderate or subsidized rates. State-wide and national.

ST. VINCENT DE PAUL ASSISTANCE LOCATOR
www.svdpstlouis.org

URBAN LEAGUE  www.ulstl.com  314-615-3600