

# **START HERE**

## **St. Louis Area Resource Directory**

### **JANUARY 2016**

Produced by  
**INSIDE DHARMA**, a Buddhist outreach organization.

For information, visit  
**[www.INSIDEdharma.net](http://www.INSIDEdharma.net)**

**314-254-3243**

**ST. LOUIS, MISSOURI**

***The Start Here St. Louis Area Resource Directory*** and its corresponding website are produced by **Inside Dharma**, a Buddhist outreach organization that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we've provided the website address for most these organizations.

Looking at an agency's website will provide more information about the place before you call them or go there.

**[www.startherestl.org](http://www.startherestl.org)**

**Visit the Start Here website for more information about the organizations listed as well as additional updated listings.**

**PUBLIC LIBRARIES  
provide computers and computer labs  
for access to the internet.**

**JANUARY 2016  
St. Louis, Missouri**

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## HOTLINES & WEBSITES

Alcoholics Anonymous (AA) .....	314-647-3677
ALIVE-Domestic Violence .....	314-993-2777
Call For Help Metro East.....	618-397-0968
Cocaine Anonymous (CA).....	314-361-3500
Covenant House Youth Hotline .....	800-999-9999
Crisis Nursery Emergency Care for Children .....	314-768-3201
Epworth Street Outreach (YES).....	314-727-6294
GED Hotlineand Testing .....	877-392-6433
Life Crisis Suicide Hotline.....	314-647-4357
MO Child Abuse and Neglect.....	800-392-3738
Narcotics Anonymous (NA) .....	314-830-3232
Runaway Switchboard.....	800-621-4000
Safe Connections-Domestic Violence.....	314-531-2003
Women's Safe House.....	314-772-8952
Youth In Need Hotline .....	636-946-3771

**2-1-1 (Operated by United Way 24/7)**

**www.211helps.org Alt. Number: 800-427-4626**

Counseling, education, employment, utility assistance, etc. Mainly referrals. Includes information on weather shelters and parish food pantries..

**AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare) www. HealthCare.gov INFORMATION LINE: 1-855-373-9994**

**AID TO VICTIMS OF CRIME HOTLINE: 314-652-3623**

**AIDS Information Hotline: 367-0494**

**BEHAVIORAL HEALTH RESPONSE**

**www.bhrstl.org 24-hour Crisis Line: 314-469-6644 or 800-811-4760**

**CALL FOR HELP, INC.**

**www.callforhelpinc.org 618-397-0968**

Comprehensive crisis and other services in Metro East.

**CATHOLIC CHARITIES**

**www.ccstl.org 314-367-5500**

**COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY**

**www.caastlc.org 314-863-0015**

**CONTINUUM OF CARE**

**314-657-1704 1520 Market Street, Room 4062 63103**

St. Louis' plan for ending homelessness, listing of members and more.

**CHILD ABUSE AND NEGLECT HOTLINE**

**800-392-3738**

**CRIME STOPPERS 866-371-TIPS (8477)**

**HOMELESS HOTLINE ST. LOUIS: HOUSING RESOURCE CENTER**  
**314-802-5444 800 N. Tucker Blvd. 63101**

**HUNGER HOTLINE**

**Operation Food Search: 314-726-5355 Ext. 3**

This organization provides an automated list of food pantries by zip code.

**KANSAS CITY AREA RESOURCES**

**Comprehensive Listings at [www.kansascityarea.org](http://www.kansascityarea.org)**

**[www.medicaid.gov](http://www.medicaid.gov)**

Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program). Federal website. CHIPS INFORMATION ON PAGE 33.

**MID-EAST AREA AGENCY ON AGING**

**[www.mid-eastaaa.org](http://www.mid-eastaaa.org) 636-207-0847 or 636-207-1323**

**MISSOURI HEALTH CARE MARKETPLACE**

**[www.EnrollMissouri.org](http://www.EnrollMissouri.org) 24-Hour Hotline: 800-318-2596**

Hotline handles consumer questions and starts the process.

**NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)**

**Nation-wide Suicide Prevention**

**[www.nami.org](http://www.nami.org) HOTLINE number: 800-273-8255**

The NAMI website provides resources and information about mental illness.

**NATIONAL DOMESTIC VIOLENCE**

**800-799-SAFE (7233) or 800-787-3224**

**PARAQUAD**

**[www.paraquad.org](http://www.paraquad.org) 314-289-4200**

Advocacy and programs to provide independence for people with disabilities.

**SAFE CONNECTIONS**

**2165 Hampton Avenue 63139**

**[www.safeconnections.org](http://www.safeconnections.org) 314-531-2003**

Various programs and resources for victims of domestic violence.

**ST. LOUIS CITY GOVERNMENT WEBSITE [www.stlouis-mo.gov](http://www.stlouis-mo.gov)**

**ST. LOUIS COUNTY GOVERNMENT WEBSITE [www.stlouisco.com](http://www.stlouisco.com)**

**ST. LOUIS YOUTH CONNECTION**

**[www.youthinneed.org](http://www.youthinneed.org) Access crisis help 24 hours a day:**

**In St. Louis County, Youth Connection Helpline at 314-628-2929.**

**In St. Charles County, Helpline at 636-642-0642.**

**In St. Louis City, call Youth In Need's 24-Hour Help Line at 636-946-3771.**

**Text: 4HLP to 31658**

**[www.socialserve.com](http://www.socialserve.com) or 1-877/428-8844**

Rental Listings at low or subsidized rates.

**URBAN LEAGUE**

**[www.ulstl.com](http://www.ulstl.com) 314-615-3600**

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements and make use of what they have to offer.

### **AFFORDABLE CARE ACT (Obamacare)**

**[www.HealthCare.gov](http://www.HealthCare.gov). and [www.EnrollMissouri.org](http://www.EnrollMissouri.org) 800-318-2596. This is a 24-hour hotline that handles consumers' questions.**

The Missouri website **[www.enrollmissouri.org](http://www.enrollmissouri.org)** is essentially a portal for **[www.HealthCare.gov](http://www.HealthCare.gov)**. There is some extra information at the Missouri website, so it might be useful to start here.

### **HOUSING RESOURCE CENTER**

**800 North Tucker 63101**

**314-802-5444**

Most (but not all) of the shelters and transitional housing locations in both the city and county require a referral from the Housing Resource Center, (HRC) so you can save yourself some time by calling the above number or visiting their downtown location first. Start calling at 8:00 am if you are looking for a shelter for that night. The Housing Resource Center is located in the same building as St. Patrick Center but they are separate agencies.

### **PEOPLE'S COMMUNITY ACTION CORPORATION**

**An Affiliate of Betty Jean Kerr People's Health Centers**

**[www.pcacstl.org](http://www.pcacstl.org) Below are the main locations:**

Central City Office: 2012 Martin Luther King Dr. 63106 314-269-5210

Cook Elementary School: 5935 Horton Pl. 63112 314-862-6270

6827 S. Broadway (at Longborough Ave.) 63111 314-353-1457

### **ST. PATRICK CENTER**

**800 North Tucker 63101**

**[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**

The St. Patrick Partnership Center is a one-stop location downtown that offers more than 25 programs and 13 partner organizations, all in one place. Programs include: Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage Payment Assistance; Counselling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and more. Shamrock Club provides employment training, financial counseling, 12-step and substance abuse counseling.

### **VETERANS AFFAIRS MEDICAL CENTER**

**Jefferson Barracks Division**

**#1 Jefferson Barracks Dr. 63125**

**Crisis Line: 800-273-8255 Press 1.**

**Text 838255 to get help now.**

Mental health and treatment.

**[www.fcc.gov/lifeline](http://www.fcc.gov/lifeline)**

A website for free or discounted cell phones.

**[www.dss.mo.gov/offices](http://www.dss.mo.gov/offices)**

Information and locations for the Missouri Department of Social Services.

### **HOW TO CONTACT AGENCIES AND GET RESULTS**

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that ready.
4. Be sure to record the name and title of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

### **STREETWISE SAFETY TIPS**

**Stay Alert** and tuned into your surroundings wherever you are.

**Act as if you're calm**, confident, and know where you're going.

**Don't accept rides** from someone you don't know and/or trust.

**Trust your instincts.** If something or someone makes you uneasy, avoid the person or situation and leave as soon as possible.

**Know the neighborhoods** where you spend time, including locations of fire and police stations, as well as the DOWNTOWN GUIDES riding bikes in yellow shirts.

**Try to walk places with** your friends rather than alone.

**Stick to well-lighted, well traveled streets.** Avoid shortcuts through wooded areas, parking lots, or alleys.

**Take the safest route** when traveling on foot.

**Don't display your cash** or any other inviting targets such as cell phones.

**Carry your backpack or purse close to your body and keep it closed.**

If you are just carrying your wallet. Put it inside your coat or a pocket, not in your backpack. Keep your I.D. and other important papers safe and close.

**If you think you are being followed** switch directions or cross the street. If they're still there, move quickly toward an area with more people. Don't be afraid to yell for help. Or try walking into a store or other public area.

**If someone tries to rob you give up your property** – don't give up your life. Report the crime to the police immediately. Try to describe the attacker accurately. Your actions can help prevent others from becoming victims.

**Be alert and report suspicious activity.**

## CLOTHING

### CENTRAL REFORM CONGREGATION

**5020 Waterman 63108**

**314-361-3919**

Clothing and food pantry Monday - Friday, 9 - 5. Clothing for adult women and children. Sometimes mens. Call at (314)361-3919 for more information or if looking for something specific.

### CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

**www.connectionstosuccess.org**

**2125 Bissell (No street sign - In the Grace Hill building near Grand and Florissant) 63107 314-584-6887**

**3000 Little Hills Expressway St. Charles 63301 636-940-8027**

Monday-Friday 9:00-4:00. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. Call to make an appointment if possible.

### DREAM CENTER

**4324 Margaretta Ave. 63115**

**www.stldreamcenter.org 314-381-0700**

New and gently used clothing and accessories. Open to the public Monday, Tuesday, Wednesday, and Friday 1:00-3:00. Closed Thursdays.

### FOCUS GATEWAY CITY

**1901 Ann Avenue 63104 314-776-4205**

Food Pantry and Clothing/housewares Closet and Computer Center are open the 2nd and 4th Wednesdays of the month from 9:30-11.

### GUARDIAN ANGEL/HOSEA HOUSE

**2635 Gravois 63118**

**www.gasastl.org 314-773-9027**

Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

### HELPING HAND ME DOWNS

**8673 Olive Blvd, University City MO 63132**

**www.helpinghandmedowns.org 314-514-5987**

Referral from a nurse, social worker or case worker required. Gently-used clothing, toys, books and 2 large baby items (swing, stroller, etc).

### HOUSE OF GOODS (BAITUMAL)

**4815 Oleatha 63116**

A thrift store of free clothing for men, women, and children. Open every Saturday from 10-4.

### ISAIAH 58 MINISTRIES

**2149 South Grand 63104**

**www.i58ministries.org 314-776-1410**

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Clothing Monday-Friday, 10:00-noon. Pantry is open Tues, Wed, Thurs. 10 - 1.



**JOINT NEIGHBORHOOD MINISTRY**  
**2911 McNair Ave. 63118 314-771-3987**  
Clothing Room Tuesdays 9:30 -noon.

**KAREN HOUSE**  
**1840 Hogan 63106 314-621-4052**  
Every Thursday 1:00-3:00. Call first if possible. Program times vary.

**KINGDOM HOUSE**  
**1321 S. 11th St. 63104 314-421-0400**  
Many family support services including trips to the food pantry and thrift shop. Zip codes 63104 and 63118 only. Call first.

**NEW LIFE EVANGELISTIC CENTER**  
**1411 Locust 63103**  
**[www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020**  
Free clothing. Monday-Friday from 10:00 -11:30 am for women and 10:00 --12:00 for men except Wednesdays, which are 10:00-11:30.

**63135**  
**PAKT Community Resource Center 500 Airport Rd Ferguson, 63135**  
**[www.paktcenter.org](http://www.paktcenter.org) 314-524-2710**  
Rent and utility assistance, food pantry, clothing, after-school program & more for North County residents. Call the number above for details.

**ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**  
**1371 Hamilton Ave. 63112**  
**[www.st-augustine-stl.org](http://www.st-augustine-stl.org) 314-385-1934**  
Food pantry and clothing Monday and Friday 9:30-11.

**ST. JOHN'S COMMUNITY SERVICE MINISTRY**  
**2240 St. Louis Ave.**  
**314-533-8668** Monday and Friday 8:30 - 10:30

**ST. LOUIS COMMUNITY RE-ENTRY PROGRAM**  
**1809 S.8th STREET 63104**  
**314-621-0228 or 314- 951-4048**  
Clothing pantry Thursday 10 -2. Transitional housing and other services.

**ST. PATRICK CENTER**  
**800 N. Tucker 63101**  
**[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**  
Tuesday and Thursday 1:00 pm-2:30 pm. Second Saturdays 8:00-noon.

**ST. VINCENT DE PAUL CHURCH**  
**1408 South 10th St. 63104 314-231-9328**  
Free clothing Tuesday noon-1:30 pm.

**URBAN LEAGUE CLOTHING ASSISTANCE**  
**314-615-3654 (city- 935 Vandeventer, St. Louis, MO 63108) or 388-9840 (county-8960 Jennings Station Rd., St. Louis, 63136)**  
**([www.ulstl.org/meeting-families-basic-needs/clothing-assistance/](http://www.ulstl.org/meeting-families-basic-needs/clothing-assistance/))-**  
Clothing at the Clothes Closets for all members of a family.

## for DADS

### **BETTER FAMILY LIFE**

**5415 Page Blvd. 63112**

**[www.betterfamilylife.org](http://www.betterfamilylife.org) 314-367-3440**

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes within the metropolitan St. Louis area. Much of BFL's programming is geared towards people who are unemployed, underemployed, disadvantaged and need skill enhancement. Numerous programs and initiatives.

### **CHILD SUPPORT HOTLINE**

**800-859-7999**

Supportive services and information, including genetic testing and updates on cases.

### **CONNECTIONS TO SUCCESS**

**See page 8** for info about this outreach program for job success.

### **EMPLOYMENT CONNECTION**

**2838 Market Street 63103**

**[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information on Employment Connection.

### **THE FATHERHOOD INITIATIVE**

**1911 North Taylor 63113**

**[www.ccstl.org](http://www.ccstl.org) 314-535-0017**

For men who may or may not be fathers. An eight-week intensive program, that meets for several hours daily. Helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services. A Catholic Charities program.

### **FATHERS SUPPORT CENTER**

**Prince Hall Family Support Center and new locations**

**4411 N. Newstead 63115**

**[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170**

A comprehensive menu of programs and services for men who want to become responsible fathers. The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services.

**[www.fatherhood.org/insideoutdad](http://www.fatherhood.org/insideoutdad)**

A national program that works to develop strong relationships between fathers who have been incarcerated and their children. Check this website for ideas and resources.

## DROP-IN CENTERS

### THE BRIDGE OUTREACH

1610 Olive St. 63103

[www.bridgestl.org](http://www.bridgestl.org) 314-421-3136

Open Monday-Thursday 6:30 am-6:00pm and Friday 6:30 am-2:00 pm.

Saturday 6:30 - 1 and Noon - 6pm on Sunday.

Services include hot meals, permanent mailing address service, hygiene items, and referrals to other agencies. Tuesdays 8:00-12:30. Also provides the use of restrooms, on-site health services, **See page 16 for meal times.**

### HORIZON CLUB (Open 24 Hours a Day)

202 N. 23rd St. 63103 314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers. Chairs but no beds.

**Visitor/guests** welcome up to six hours per day and must leave by midnight.

**Members** can stay longer but must meet certain disability requirements.

### PLACES FOR PEOPLE WELCOME CENTER

4130 Lindell Blvd. 63108

[www.placesforpeople.org](http://www.placesforpeople.org) 314-615-2111

You can set up an appointment, but it is not mandatory. The Places for People Welcome Center has walk-in hours Monday-Friday 9:00 am-noon. Walk-ins will meet with an intake clinician for screening, information and referrals.

### ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

[www.dbsaempowerment.org](http://www.dbsaempowerment.org)

314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

### THE SPOT for ages 13-24

4169 Laclede 63108

[www.thespot.wustl.edu](http://www.thespot.wustl.edu) 314-535-0413

A drop-in center with computers, medical care, showers, laundry, mental health counseling, and more. Open 1:00-5:00 weekdays. Walk-in medical services 1-2:30. Pregnancy testing and contraception are available, well woman exams, as well as STD/HIV testing for all.

### WOMAN'S PLACE

[www.womansplacestl.org](http://www.womansplacestl.org)

8300 Morganford 63123 (Affton, in the back of St. Mark Church)

314-645-4848

Monday-Friday 10:00-5:00.

4116 McClay 63304 St. Charles 636-373-7911 Call for times.

Crisis intervention, safety planning, support groups for survivors of domestic abuse, advocacy and workshops..

## EMPLOYMENT & TRAINING

### AMERICORPS

1315 Ann Ave. 63104

[www.americorps-stl.org](http://www.americorps-stl.org) 314-772-9002

Year-round recruitment for people to work in disaster relief. Call for details

### BEGIN Training and Employment Center St. Patrick Center

800 North Tucker 63101

[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-1953

The BEGIN Training & Education Center (BTEC) is an innovative educational program providing various training courses with a wrap-around network of social support services.

### COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)

2709 Woodson Rd 63114

[www.caastlc.org](http://www.caastlc.org) 314-863-0015

Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, family development, job readiness and placement. Many other services.

### CRAIGSLIST

[www.craigslist.org](http://www.craigslist.org)

Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

### [www.department-store-applications.com](http://www.department-store-applications.com)

Department store and retail listings, info, and applications.

### EDUCATIONAL OPPORTUNITY CENTERS

4495 Forest Park Avenue 63108 314-535-6670

Part of the federally-funded TRIO program. The Educational Opportunity Centers provide free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment

### EMPLOYMENT CONNECTION

2838 Market Street 63103

[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday 9:00 am-3:30 pm. Call to schedule orientation session. New programs for veterans now available. Job leads and more after orientation.

### GED HOTLINE

[www.gedtestingservice.com](http://www.gedtestingservice.com) 877-392-6433

The GED test is now only offered on computer.

**GREAT HIRES****[www.greathires.org](http://www.greathires.org)**

The official workforce resource website for the State of Missouri.

**JOB CORPS CENTER****4333 Goodfellow Boulevard 63120****[www.stlouis.jobcorps.gov](http://www.stlouis.jobcorps.gov) 314/679-6200**

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that provides career technical and academic training for ages 16 through 24.

**KINGDOM HOUSE****1321 South 11th Street 63104****[www.kingdomhouse.org](http://www.kingdomhouse.org) 314-421-0400**

A variety of programs and classes, including job readiness, GED, ESL.

**MERS GOODWILL INDUSTRIES****1727 Locust St. 63103****[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-1133**

Many programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

**METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)****6347 Plymouth Ave. 63133****[www.metcenterstl.com](http://www.metcenterstl.com) 314-746-0700**

Accessible job training, placement, assessment, career development services and transportation services.

**MISSION ST. LOUIS****4366 Manchester Ave. 63110****[www.missionstl.org](http://www.missionstl.org) 314-534-1188**

Works with at-risk men ages 22-35 through skills training, internships and a community of support. Beyond Jobs students complete internships at a variety of local businesses, including our social enterprise Revive Thrift Shop

**MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS****[www.dolir.mo.gov](http://www.dolir.mo.gov) 573-751-9691**

Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

**NEAR SOUTHSIDE EMPLOYMENT COALITION****2649 Pestalozzi St. 63118****[www.nsecworks.org](http://www.nsecworks.org) 314-865-4453**

Training and job placement services. Develop computer and interviewing skills Screening and job referrals.

**PARAQUAD****5240 Oakland Ave. 63110****www.paraquad.org 314-289-4200**

Several employment programs for people with disabilities, including professional mentoring and Ticket to Work..

**REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)****www.row-stl.org****City Office: 1914 Olive 63103 314-588-8300****County Office: 2709 Woodson Road 63114 314-833-1273**

ROW provides a variety of free supportive programs and services including a financial literacy program, a matched savings program (IDA), parenting classes, and GED. Now a Division of Family Resource Center.

**SLATE MISSOURI CAREER CENTER (SLATE MCC)****www.stlworks.com**

Provides training and job placement services to the St. Louis City's adult workforce. **See below for career center locations and phone numbers.**

**ST. LOUIS CITY - SLATE CAREER CENTER**

1520 Market Street Room 3050 63103 314-589-8000

**ST. LOUIS CITY - CENTRAL CAREER CENTER**

4811 Delmar Blvd. 63108 314-877-0916

**ST. LOUIS COUNTY - NORTH OAKS CAREER CENTER**

26 North Oaks Plaza 63121 314-381-6700

**ST. LOUIS COUNTY - FLORISSANT CAREER CENTER**

4040 Seven Hill Dr., Suite 166 Florissant 63033 314-475-7900

**ARNOLD CAREER CENTER**

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

**ST. CHARLES CAREER CENTER**

212 Turner Blvd. St. Peters 63376 636-255-6060

**WASHINGTON CAREER CENTER**

1108 Washington Square Shopping Center, Washington 63090  
636-239-6703

**TEMPORARY AGENCIES**

There are too many to list here, but temporary agencies can be a first step toward permanent employment. Do a computer search for "temp agencies" and you'll find many to choose from. Here are a few:

**KELLY SERVICES**

1 Metropolitan Sq., #2180 63102 www.kellyservices.com 314-421-4111

**LABOR READY**

1811 S Broadway 63104 www.laborready.com 314-776-0600

**MANPOWER (They also work with women)**

200 N Broadway #120 63102 www.manpower.com 314-241-1356

**NEXTEMPS INDUSTRIAL STAFFING**

7390 St. Charles Rock Rd. 63133

www.nextempsnow.com 314-727-1060

**UNEMPLOYMENT INSURANCE****314-340-4950**

Automated claim processing and information number.

**URBAN LEAGUE**

www.ulstl.com 314-615-3600

**3701 Grandel Square 63108****Call or check website for nine more locations through the area.**

Job Search Assistance, career counseling, job readiness training, job referrals, job development and placement, case management. Also utility assistance.

**ST. LOUIS CITY DIVISION****935 N. Vandeventer 63108 314-615-3600 Ext. 642****ST. LOUIS COUNTY DIVISION****8960 Jennings Station Rd. 63136 314-388-9840****ST. CLAIR COUNTY DIVISION****10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150****VOCATIONAL REHABILITATION****220 S Jefferson St., Room 110 63103****314-877-2940**

In addition to this downtown location, there are three other offices in the St. Louis area and many more throughout the state.

**www.careeronestop.org****www.cap4kids.org**

Many employment resources on this extensive website.

**THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)****St. Louis Community College's Corporate College.****3221 McKelvey Road Bridgeton 63044****www.stlcc.edu/workforce-solutions 314-539-5302**

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations in shorter duration formats. Program offerings are based on demand and the availability of funding or industry partner participation.

**YOUTHBUILD ST. LOUIS****Operation Excel YouthBuild****93 North Oaks Plaza 63121****www.youthbuild.org 314-261-0202**

YouthBuild St Louis Americorps is an alternative education, construction training, employment, and leadership development program serving low-income St Louis youth ages 18-24 who have not completed high school.

## FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or and any Division of Family Services office in the city or county of St. Louis. For information about the Food Stamp (SNAP) program and free application screening, visit: [www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp).

### EMERGENCY FOOD STAMPS/SNAP PROGRAM

[www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp). Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

### HUNGER HOTLINE

Operation Food Search 314-726-5355 EXT. 3

Automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. Have a pen and paper ready.

They'll give lots of information.

### MEALS ON WHEELS

314-612-5918 [www.mowaa.org](http://www.mowaa.org) Must be over 60 or disabled.

### EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

**For Parish Church Pantry Locations call United Way 2-1-1.**

**63101**

**SHAMROCK CLUB AT ST. PATRICK'S CENTER**

**800 N. Tucker 63101 314-802-0700**

Lunch: Monday-Friday 12:00 pm-1:00 pm

**63103**

**NEW LIFE EVANGELISTIC CENTER**

**1411 Locust 63103 314-421-3020**

Sandwiches everyday from 11-12:30 and 5-6pm

Dinners are for residents only.

**THE BRIDGE OUTREACH/CENTENARY CHURCH**

**1610 Olive St. 63103 [www.bridgestl.org](http://www.bridgestl.org) 314-421-313**

**Must be registered at the Bridge and present photo ID.**

Breakfast: Monday - Thursday 8 - 9am

Brunch Fridays: 8 11am

Lunch: Monday - Thursday: 12 - 12:30

Dinner: Sunday - Thursday, 5pm - 5:30pm.

Sunday, lunch 1 - 1:30 (Temporarily closed on Saturdays.)



**CHRIST CHURCH CATHEDRAL****1210 Locust 63103 314-231-3454**

Breakfast every Saturday 7:30 am-8:30 am.

**FATHER DEMPSEY'S HOME****3427 Washington 63103****314-535-7221**

Sandwiches, Monday-Friday 12:00 noon-12:45. (See the housing section of this book for information about the transitional housing for men available at this location.)

**63104 and 63118****CHAPEL FOR THE EXCEPTIONAL****3436 Winnebago (at Tennessee) 63118****314-776-7172**

Lunch/soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food pantry: Monday and Thursday when available 12:30 pm-1 pm.

Call first if possible. Clothing every day. Furniture when available at no cost.

**FOCUS GATEWAY CITY****1901 Ann Avenue 63104 314-776-4205**

Food Pantry and Clothing/housewares Closet and Computer Center are open the 2nd and 4th Wednesdays of the month from 9:30-11am.

**GUARDIAN ANGEL/HOSEA HOUSE****2635 Gravois 63118****[www.gasastl.org](http://www.gasastl.org) 314-773-9027**

Call to make an appointment for their shopping style food pantry. Weekdays 9:00 am-4:30 pm. 63104 and 63118 only.

**JOINT NEIGHBORHOOD MINISTRIES****2911 McNair 63118****[www.jnministry.org](http://www.jnministry.org) 314-771-3987**

Monday, Wednesday, Friday 9:30 am-12:00 pm. Call first

**ISAIAH 58 MINISTRIES****2149 South Grand 63104 314-776-1410**

Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway. Pantry is open Tues, Wed, Thurs. 10 - 1.

**SOUP ALLEY/TRINITY LUTHERAN CHURCH****812 Soulard Ave. 63104 314-231-4092**

Noodles and other food distributed Monday-Friday 9:00-10:30 and Saturday 10:00-11:00. In the Alley. Bags of groceries are available on Fridays 9:00-10:30.

**SAINTS PETER AND PAUL CATHOLIC CHURCH****816 Allen 63104****www.ppcsinc.org 314-231-9923**

Lunch: 2nd-21st of each month on Saturday and Sunday, Noon-12:45. Dinner:  
2nd -21st of each month. Monday-Friday 5:00-5:45.

**ST. VINCENT DE PAUL CATHOLIC CHURCH****1408 S. 10th Street 63104****314-231-9328**

Lunch: Monday-Saturday 11:00-1:00. Coffee and sandwiches: Sundays 10:15-  
11:15 am. Dinner the 22nd to the 1st of the month: 5:00-6:00.

**63105****SAINT LOUIS BREAD COMPANY CARES COMMUNITY CAFE****10 S. Central 63105 314-725-9666**

Pay what you can afford for selected items on their menu. Volunteer  
opportunities available in exchange for meals.

**63106****GATEWAY 180****1000 North 19th St. 63106****www.gateway180.org 314-231-1515**

Brown bag lunches seven days a week, 8am - 4pm.

**KAREN HOUSE****1840 Hogan 63106****www.karenhousecw.org 314-621-4052**

Karen House no longer provides hot meals. They hand out sandwiches from  
three to five daily.

**PEOPLE'S CENTER****2012 Martin Luther King Dr. 63106****www.pcacstl.org 314- 269-5210 Main**

Call for food pantry hours, other services and more locations.

**63108****TRINITY EPISCOPAL CHURCH****600 North Euclid Ave. 63108 314-361-4655**

Hot meal every Sunday 2:00. Food pantry every Tuesday-Thursday 1:30-3:00  
pm. Need to register first for pantry, so bring a photo ID and social security  
card for each member of the family.

**PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST****826 N. Union 63108****314-367-8173**

Lunch: Wednesday Noon-1. Food Pantry every first and third Wednesday  
10:00-11:30. Call to check times.

**63111****PEOPLE'S CENTER SOUTH CITY****6827 S. Broadway 63111****www.pcacstl.org 314-353-1457****ST. TRINITY LUTHERAN CHURCH****517 Koeln 63111****314-353-3276**

Food pantry Monday, Wednesday, Saturday 9:00-11:00.

**63112****PEOPLE'S CENTER COOK ELEMENTARY SCHOOL****5935 Horton Pl. 63112****www.pcacstl.org 314-862-6270**

Call for food pantry hours.

**ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)****1371 Hamilton Ave. 63112****314-385-1934**

Food pantry and clothing: Monday-Friday 9:30-11:00. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00-5:00.

**63113****WEST SIDE MISSIONARY BAPTIST CHURCH****4675 Page Boulevard 63113****314-535-9002**

Dinner: Monday, Wednesday, Friday 5:30-6:30.. Food pantry: Tuesday, Wednesday, Thursday 11:00-1:00 p

**63115****ST. LOUIS DREAM CENTER****4324 Margaretta Ave. 63115****www.stldreamcenter.org 314-381-0700**

Food pantry: Tuesday, Wednesday, and Friday: 10 -12:00

Call their main number for more hours and programs.

**KOSSUTH CHURCH OF GOD IN CHRIST****3225 North Taylor Ave. 63115 314-652-4163**

Food Pantry Thursday 8:30 -10:00.

**ALL SAINTS EPISCOPAL CHURCH****5010 Terry 63115 314-367-2314**

Call the church for information on meals, food, and other assistance.

**63118****ST. ANTHONY of PADUA CHURCH****3140 Meramec St. 63118 314-352-1460**

Food and clothing Monday and Thursday 10:00-Noon, and Wednesday 4:30-6:00 .

Call for other activities, such as utility, legal, medical information and more.

**63119****WEBSTER-ROCK HILL MINISTRIES****111 Waymire 63119 314-961-5082**

Monday-Friday 8:30-11:30.

**63125****Feed My People****171 Kingston Dr. 63125 314-631-4900**

Monday-Friday 10:00 am-3:00 pm. Saturday 9:00 am-1:00 pm.

**63135****PAKT Community Resource Center****500 Airport Road Ferguson, MO 63135****www.paktcenter.org 314-524-2710**

Rent and utility assistance, food pantry, clothing, after-school program &amp; more for North County residents. Call the number above for details and times.

**63136****URBAN LEAGUE ST. LOUIS COUNTY****8960 Jennings Station Rd. 63136****314-388-9840**

Tues – Thursday 9 -12:00pm and 2:00 - 4:00

**63043****LOAVES AND FISHES****2750 McKelvey Maryland Heights 314-291-3857****www.loavesandfishes-stl.org**

Registration required. Call for times and requirements.

**63049****Feed My People****3295 Ottomeyer Rd. 636-677-9885****High Ridge**

Tues, Wed, Fri: 10 - 2:30; Thursday: 10 -1; Sat 9:30 - 12:30.

**63088****CIRCLE OF CONCERN****112 St. Louis Ave. Valley Park 636-861-2623**

Parkway, Rockwood &amp; Valley Park School Districts.

**www.craigslist.com****Many current housing and job listings and more.**

# HOUSING: SHELTERS FOR MEN

**A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101**

## COVENANT HOUSE

**2727 North Kingshighway 63113**

**[www.covenanthousemo.org](http://www.covenanthousemo.org) 314-533-2241 Toll free: 800-999-9999**

For Youth. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

## NEW LIFE EVANGELISTIC CENTER (NLEC)

**1411 Locust St. 63103**

**[www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020**

NLEC is one of the very few walk-in shelters in the area. You do NOT need a Housing Resource Center referral. Women & children also accepted.

## PETER & PAUL COMMUNITY SERVICES

**2612 Wyoming St. 63118**

**[www.ppcsinc.org](http://www.ppcsinc.org) 314-588-7111**

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. **The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in.** Call 314-802-5444 or go to 800 N. Tucker early in the morning to see if they have beds available that night. **Garfield Commons** transitional housing project opened in November 2014. Apply through Housing Resource Center.

## SALVATION ARMY ADULT REHAB CENTER

**3949 Forest Park Ave. 63108**

**314-678-5500**

Provides residential treatment and work in addition to group and individual therapy in a clean, wholesome environment.

## STEPPING INTO THE LIGHT MINISTRY

**1402 Hebert 63107 314-231-5175**

**[www.steppingintotheightministry.org](http://www.steppingintotheightministry.org)**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

## SUNSHINE MINISTRIES

**1520 N. 13th St. 63106**

**[www.sunshineministries.org](http://www.sunshineministries.org) 314-231-8209**

Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.

## HOUSING: SHELTERS FOR WOMEN

**A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101**

### BRIDGEWAY BEHAVIORAL HEALTH

**[www.bridgewaybh.com](http://www.bridgewaybh.com)**

Bridgeway operates two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children who are victims of domestic violence. Many other services and more locations.

#### **St. Charles County**

**The Women's Center in St. Charles**

**24-Hour Toll-Free Crisis Line 877-946-6854**

#### **Lincoln County**

**The Terry L. Robertson Center in Troy**

**24-Hour Toll-Free Crisis Line 877-462-1758**

### GATEWAY 180: HOMELESSNESS REVERSED

**1000 North 19th St. 63106**

**[www.gateway180.org](http://www.gateway180.org) 314-231-1515**

The shelter provides emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients' specific needs. The organization works with Grace Hill and Washington University to provide health services.

### HAVEN OF GRACE

**1225 Warren 63106**

**[www.havenofgracestl.org](http://www.havenofgracestl.org) 314-621-6507**

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, and permanent residence.

### KAREN HOUSE

**1840 Hogan St. 63106**

**[www.karenhousecw.org](http://www.karenhousecw.org) 314-621-4052**

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call to see if they have openings.

### KATHY WEINMAN CENTER

**314-423-1117**

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. St. Louis County operates this shelter.

**LYDIA'S HOUSE****www.lydiashouse.org 314-771-4411**

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

**MISSIONARIES OF CHARITY****3629 Cottage Ave. 63113****314-533-2777 or 314-533-9070**

Emergency shelter for women and small children. Call in the morning to see if they have opening that night. 21-day limit. HRC referral is NOT required.

**MISSOURI BAPTIST CHILDRENS HOME****11300 St. Charles Rock Road Bridgeton, MO 63044****www.mbch.org 800-264-6224 or 314-739-6811**

Residential program for pregnant women and girls. Family services.

**NEW LIFE EVANGELISTIC CENTER****1411 Locust 63103****www.newlifeevangelisticcenter.org 314-421-3020**

HRC referral NOT required. They will take women and children and offer extended and short-term training programs.

**OUR LADY'S INN****St. Louis: 4223 South Compton 63111 314-351-4590****St. Charles: 3607 Highway D, Defiance 63341 636-398-5375****www.ourladysinn.org**

Emergency maternity shelter for pregnant women 18 and older and their minor children.

**PLACES FOR PEOPLE****4130 Lindell Blvd. 63108****www.placesforpeople.org 314-535-5600**

Supportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.

**QUEEN OF PEACE CATHEDRAL TOWER****325 N. Newstead 63108****www.qopcstl.org 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide housing.

**ROOM AT THE INN****3415 Bridgeland Dr. 63044****www.roomstl.org 314-209-9198**

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations. **A Housing Resource Center (HRC) referral is required.**

**SALVATION ARMY FAMILY HAVEN****10740 West Page Ave. 63132****[www.stlsalvationarmy.org](http://www.stlsalvationarmy.org) 314-423-7770**

Will take families, but no single men except during winter months under special county program. Emergency shelter and resources.

**SHALOM HOUSE\*\*\*CLOSED IN 2015\*\*\*****ST. MARTHA'S HALL****[www.saintmarthas.org](http://www.saintmarthas.org) 314-533-1313**

St. Martha's Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old and up. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

**ST. PATRICK PARTNERSHIP CENTER****800 North Tucker 63101****[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**

St. Patrick Center offers a limited number of beds for mentally ill women.

**ST. PHILLIPINE EMERGENCY SHELTER****1015 Goodfellow 63112****314-454-1012**

They do not require a referral from HRC, but accept people who have gone through a program for drug rehab through Queen of Peace 60-day shelter, referrals to transitional housing.

**WEINMAN CENTER****[www.keepingkidsfirst.org](http://www.keepingkidsfirst.org) 314-423-1117**

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. Safe at Home application assistance, follow up services

**WOMEN'S SAFE HOUSE****[www.twsh.org](http://www.twsh.org) 314-772-4535 (24-hour crisis hotline)**

A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children's programs, and limited transportation. Utilizes restorative justice practices.

**Childrens Advocacy Center - UMSL**  
**314-516-6798 or visit the website: [www.stlouiscac.org](http://www.stlouiscac.org).**  
**Counseling for children who have experienced abuse**  
**and other forms of trauma.**



# HOUSING: TRANSITIONAL

Most programs require a referral from the Housing Resource Center.  
Call 314-802-5444 to get the process started.

## **3010 APARTMENTS**

**3010 Washington Ave. 63103**

**www.3010-apartments 314-833-4040**

58 one-bedroom apartments operated by Salvation Army. Rents range from \$425-\$500. Operating as low-income housing for residents with disabilities, young adults and people who are homeless but have a source of income.

## **ALMOST HOME**

**3200 St. Vincent 63104**

**www.almosthomestl.org 314-771-4663**

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

## **BEYOND HOUSING**

**4156 Manchester 63110**

**www.BeyondHousing.org 314-533-0600**

Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.

## **CALL FOR HELP, INC**

**9400 Lebanon Rd.**

**East St. Louis, IL 62203**

**www.callforhelpinc.org 618-397-0968**

Intensive two-year residential program helps homeless young women.

## **CENTER OF WOMEN IN TRANSITION**

**7529 South Broadway 63111**

**www.cwitstl.org 314-771-5207**

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

## **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTLC)**

**2709 Woodson Rd. Overland 63114**

**www.caastlc.org 314-863-0015**

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

## **CRIMINAL JUSTICE MINISTRY**

**941 Park Ave. 63104**

**www.cjmstlouis.org 314-652-8062**

### **Release to Rent for Veterans**

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

### **Release to Rent**

Up to a year of supportive housing for men completing long-term sentences who can work full time and are without community support. **IMPORTANT:** The best chance of being accepted to these programs is to contact them at least 6 months before your release date, but parole officers can also refer once you are in the St. Louis area.

[www.craigslist.com](http://www.craigslist.com)

APARTMENT LISTINGS:

[www.socialserve.com](http://www.socialserve.com) or 877-428-8844

### **DOORWAYS**

**4385 Maryland Ave. 63108**

**[www.doorwayshousing.org](http://www.doorwayshousing.org) 314.535.1919**

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

### **FATHER DEMPSEY'S HOME**

**3427 Washington 63103**

**[www.archstl.org/fatherdempseyscharities](http://www.archstl.org/fatherdempseyscharities) 314-535-7221**

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

### **FOCUS GATEWAY CITY**

**1901 Ann Avenue 63104 314-776-4205**

8 bedroom affordable transitional housing program for men.

### **HARRIS HOUSE**

**8327 S. Broadway 63111**

**[www.harrishouse.org](http://www.harrishouse.org) 314-631-4299**

Harris House provides alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year, with separate male and female residences.

### **HILLJACK HOUSE**

**[www.hilljackhouse.org](http://www.hilljackhouse.org) 314-255-3964**

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions.

### **HOMELESS VETERANS PROGRAMS**

**515 N Jefferson Ave. 63103**

**[www.va.gov/homeless](http://www.va.gov/homeless) 314-652-4100 Ext. 55460**

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

### **KAREN HOUSE**

**1840 Hogan St. 63106**

**[www.karenhouseecw.org](http://www.karenhouseecw.org) 314-621-4052**

A Catholic Worker house for homeless women and children. Call first.

### **LIFE SKILLS RAINBOW VILLAGE**

**1240 Dautel Lane 63146 314-567-1522**

**[www.rainbowvillagestl.org](http://www.rainbowvillagestl.org)**

Homes for people with developmental disabilities in various neighborhoods.

**MARYGROVE****2705 Mullanphy Lane Florissant 63031****[www.marygrovechildren.org](http://www.marygrovechildren.org) 314-830-6201**

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

**MARIA DROSTE RESIDENCE, WOMEN IN NEED****7660 Natural Bridge 63121****[www.mariadroste.com](http://www.mariadroste.com) 314-383-1325**

Residential program, inpatient treatment. Rent by the week.

**NEHEMIAH PROGRAM****[www.nehemiahprogramstl.com](http://www.nehemiahprogramstl.com)****314-521-3666**

Transitional supportive housing for women. Rental homes, and home ownership. North County. Call for information and addresses.

**OXFORD HOUSE****2715 Osage St. 63118****[www.oxfordhouse.org](http://www.oxfordhouse.org) 314-772-6771**

National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

**PETER & PAUL COMMUNITY SERVICE****2612 Wyoming St. 63118****[www.ppcsinc.org](http://www.ppcsinc.org) 314-588-7111 or 314-621-5520**

Shelter and transitional housing for men. Two locations.

**Housing Resource Center referral is required. (314-802-5444)****PLACES FOR PEOPLE****4130 Lindell Blvd. 63108****[www.placesforpeople.org](http://www.placesforpeople.org) 314-535-5600**

In addition to assisting people in renting apartments from private landlords, PfP also owns and manages apartments for people with special needs. Also limited emergency housing, and daytime activities at "The Club."

**QUEEN OF PEACE CATHEDRAL TOWER****325 N. Newstead 63108****[www.qopcstl.org](http://www.qopcstl.org) 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide transitional housing.

**ROSATI APARTMENTS AND GROUP HOME****4220-24 North Grand 63107 314-371-0586 or 314-802-0700****[www.stpatrickcenter.org](http://www.stpatrickcenter.org)**

Supportive services and housing for clients referred by the St. Louis Psychiatric Rehabilitation Center. Operated through St. Patrick Center.

**SALVATION ARMY FAMILY HAVEN****10740 West Page Ave. 63132 314-423-7770**

A transitional housing resource for women and children with various programs focused on family stability.

**SHALOM HOUSE CLOSED ITS DOORS IN 2015****STEPPING INTO THE LIGHT MINISTRY****1402 Hebert 63107****[www.steppingintotheightministry.org](http://www.steppingintotheightministry.org) 314-231-5175**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

**ST. LOUIS COMMUNITY RE-ENTRY PROGRAM****1809 S.8th Street 63104****314-621-02228 or 314- 951-4048**

Rooms for rent for men in transition. Substance abuse meetings, job training.

**ST. LOUIS HOPE HOUSE****1611 Hodiament Ave. 63112****[www.hopehousestl.com](http://www.hopehousestl.com) 314-382-3801**

Transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, more.

**ST. LOUIS HOUSING AUTHORITY****[www.slha.org](http://www.slha.org) St. Louis City Housing Authority****3520 Page Blvd. 63106 314-531-4770****Section 8 Waiting List: 314-286-4361****St. Louis County Housing Authority****8865 Natural Bridge Rd 63121 314 428-3200****[www.haslc.com](http://www.haslc.com)**

Administers low and moderate income public housing and Section 8 programs for St. Louis City and County.

**SUNSHINE MISSION****1520 N. 13th St. 63106****[www.sunshineministries.org](http://www.sunshineministries.org) 314-231-8209**

Offers a men's emergency shelter, men's long term rehabilitation program.

**WOMEN'S SAFE HOUSE****P.O. Box 63010 63163****[www.twsh.org](http://www.twsh.org) 24 Hour Crisis Hotline 314-772-4535**

Multi-service shelter for battered women and their children.

**YWCA-PHYLLIS WHEATLEY****2711 Locust 63103****314-533-9400 Ext. 227**

Apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, job readiness training, job search and referrals, life skills.

**[www.ahl.mhdc.com](http://www.ahl.mhdc.com)**

This website lists subsidized or affordable apartments by zip code:

**[www.hud.gov](http://www.hud.gov) Department of Housing and Urban Development****[www.va.gov/homeless](http://www.va.gov/homeless)**

## IMMIGRANT SERVICES

### **AMERICAN RED CROSS - ST. LOUIS CHAPTER**

**10195 Corporate Square Dr. St. Louis 63132**

**www.redcrossstl.org 314-516-2843**

International Services provides tracing and messaging.

### **CASA DE SALUD**

**3200 Chouteau Ave. 63103**

**www.casadesaludstl.org 314-762-1251**

Comprehensive medical services and referral services, primarily for adults,

### **CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)**

**CATHOLIC LEGAL IMMIGRATION NETWORK, INC.**

**100 N. Tucker Blvd., Suite 726 63101 314-977-3993 (No Walk-Ins)**

### **CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA**

**1077 S. Newstead Ave. 63110**

**www.stlcenterforsurvivors.org 314-533-4114**

Counseling and therapy, as well as an extensive youth program, asylum documentation, etc. **Call PLACES FOR PEOPLE to start. 314-535-5600**

### **ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)**

**Bi-lingual Program-St. Louis Public Schools**

**3125 S. Kingshighway 63139 314-776-1686**

### **IMMIGRANT AND REFUGEE WOMEN'S PROGRAM**

**3672B Arsenal St. 63116 www.irwp.net 314-771-1104**

Teaches women basic English and practical living skills in their own homes.

### **INSTITUTE FOR FAMILY MEDICINE**

**(South County) www.ifm-stl.org 314-849-7669**

### **INTERFAITH LEGAL SERVICES FOR IMMIGRANTS**

**4158 Lindell Blvd. 63108 www.ilsilegal.org 314-371-4640**

A non-profit organization that provides affordable immigration legal services.

### **INTERNATIONAL INSTITUTE**

**3654 South Grand Blvd. 63118**

**www.iistl.org 314-773-9090**

This organization offers MANY services for new arrivals to the St. Louis area.

### **INTERNATIONAL WELCOME SCHOOL**

**1530 S. Grand 63104 www.slps.org 314-664-1066**

Sponsored by the St. Louis Public Schools for immigrant students

### **LEGAL AID/ Legal Services of Eastern Missouri**

**4232 Forest Park Ave 63108 www.lsem.org 314-534-4200**

**1-800-444-0514**

Immigration Law Project offers many resources and services, including detainees and trafficking survivors.

## LEGAL SERVICES

### AMERICAN CIVIL LIBERTIES UNION (ACLU)

4557 Laclede Ave. 63108  
www.aclu-em.org 314-652-3111

### ARCH CITY DEFENDERS

**Criminal Defense Attorneys**

812 N. Collins Alley 63102

7751 Carondelet Suite 204 Clayton 63105

www.archcitydefenders.org 1-855-724-2489 Call is toll-free.

Free or low cost holistic legal representation to the St. Louis indigent population, from minor criminal offenses, to landlord-tenant law, to family law issues. They also will represent people facing misdemeanor and felony charges.

### CATHOLIC LEGAL ASSISTANCE MINISTRY

100 N. Tucker Blvd. Suite 726 63101 314-977-3993

Mostly domestic issues, cases involving paternity, orders of protection, guardianship, and abuse. CLAM also offers services for immigrant populations who face challenges in filing governmental documents. No Walk-Ins.

### CIRCUIT ATTORNEY'S OFFICE, Orders of protection, victims services.

St. Louis City: 314-622-4373

St. Louis County: 314-615-4872

St. Charles County: 636-949-7370

### CRIME VICTIMS ADVOCACY CENTER

**Aid to Victims of Crime**

539 North Grand Blvd., Suite 400 63103

Hotline: 314-652-3623

Legal Assistance: 800-527-1460

### FEDERAL BONDING PROGRAM

**Department of Economic Development**

421 East Dunklin St. P.O. Box 1087 Jefferson City 65102

573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

### GATEWAY LEGAL SERVICES

200 N. Broadway 63102

www.gatewaylegal.org 314-534-0404

A self funded non-profit organization dedicated to helping the poor, disabled, and consumers. Works with SSI claims, among other things.

**INTERFAITH LEGAL SERVICES FOR IMMIGRANTS****4158 Lindell Blvd. 63108****www.ilsilegal.org 314-371-4640**

A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families...

**LEGAL AID (Legal Services of Eastern Missouri)****4232 Forest Park 63108****www.lsem.org 314-534-4200 1-800-444-0514**

Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services. Call or check website for more locations.

**LEGAL ADVOCATES FOR ABUSED WOMEN****www.laawstl.org 314-664-6699**

Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

**LEGAL ASSISTANCE WEBSITES****www.courts.mo.gov****www.stlcin.missouri.org****Attorney General's Office: www.ago.mo.gov****Victims of Crime: www.okbemad.org****Legal Services of Missouri: www.lsmo.org**

**www.legalmatch.com** In addition to matching your case with a lawyer, there is a law library and many articles and resources on this website.

**JAIL DIVERSION PROGRAM****St. Louis City 314-621-5848, Ext. 1023****MISSOURI BAR LAWYER REFERRAL SERVICE****www.mobar.org 314-621-6681****PUBLIC DEFENDER, CITY****1114 Market St. 63101 314-340-7625****PUBLIC DEFENDER, COUNTY****100 S Central Ave. Clayton 63105 314-615-4778****ST. CHARLES VICTIM OF CRIME ASSISTANCE: 636-949-7370****ST. LOUIS COUNTY FAMILY COURT PROJECT****501 S. Brentwood Blvd. 63105 314-615-4502****FREE GOVERNMENT CELL PHONES**

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website:

**www.freegovernmentcellphones.net/states/missouri**

**Below is a list of places that serve MEALS AND SANDWICHES. It's not complete and programs change. See page 16 for pantries.**

**63101**  
**ST PATRICK CENTER, Shamrock**  
 800 N. Tucker 802-0700  
 Lunch M-F Noon - 1

**63103**  
**THE BRIDGE/CENTENARY CARES**  
 1610 Olive 421-3136  
 Must be registered with photo ID  
 Breakfast: Mon - Thurs 8 - 9:  
 Brunch on Friday: 8 - 11  
 Lunch: Mon - Thurs 12 -12:30  
 Dinner: Sun - Thurs 5 - 5:30

**CHRIST CHURCH CATHEDRAL**  
 1210 Locust 231-3454  
 Breakfast every Sat. 7:30-8:30

**FATHER DEMPSEY'S HOME**  
 3427 Washington 535-7221  
 Sandwiches, M-F Noon - 12:45

**NEW LIFE EVANGELISTIC CNTR.**  
 1411 Locust 421-3020  
 Sandwiches everyday from 11-12:30 and 5-6pm

**63104**  
**FOCUS GATEWAY CITY**  
 1901 Ann Ave 776-4205  
 Dinner Sundays 4:30-5:30 between 2nd and 21st of the month.

**PETER & PAUL SERVICES**  
 1919 S--812 Allen 231-9923  
 Lunch M-F: 2nd - 21st of each month and Sat & Sun 12 - 12:45.  
 Dinner 2nd - 21st, M-F 5 - 5:45

**ST. VINCENT CHURCH**  
 1408 South 10th St. (Soulard)  
 231-9328 Enter 9th Street side.  
 Lunch: M-Sat. 11 - 1;  
 Coffee, sandwiches: Sun. 10:15-11  
 Dinner: 22nd to the 1st of the month, 5 - 6 pm.

**SOUP ALLEY/TRINITY CHURCH**  
 812 Soulard Ave. 231-4092  
 M-F 9 - 10:30; Sat 10 - 11

**63105 (Clayton restaurant)**  
**ST. LOUIS BREAD COMPANY**  
 10 S. Central 725-9666  
 Pay what you can afford Monday through Sunday 7am - 3pm

**63106**  
**GATEWAY 180**  
 1000 N. 19th St. 231-1515  
 Brown bag lunches all day, M-F

**KAREN HOUSE**  
 1840 Hogan 621-4052  
 Sandwiches Mon, Wed, Fri, Sat, Sun from 3-5. (No more hot meals)

**63108**  
**PILGRIM CONGREGATIONAL**  
 826 N. Union 367-8173  
 Lunch: Wednesday Noon - 1

**TRINITY EPISCOPAL CHURCH**  
 600 N. Euclid 361-4655  
 Hot meal every Sunday 2pm.

**63112**  
**UNION MEMORIAL UM CHURCH**  
 1141 Belt 367-8314  
 Lunch: Monday - Friday 12-12:30  
 Breakfast: Sundays 9 - 10:30

**63113**  
**WEST SIDE MB CHURCH**  
 4675 Page Blvd. 535-9002  
 Dinner: Mon, Wed, Fri: 5:30 - 6:30

**63115**  
**ST. LOUIS DREAM CENTER**  
 4324 Margaretta Ave. 381-0700  
 Lunch and more on Wednesdays.

**ST. JOHN'S CHURCH**  
 3672 Arsenal 772-3970  
 Fellowship dinner every Sat. 4 - 6

**63118**  
**CHAPEL FOR THE EXCEPTIONAL**  
 3436 Winnebago at Tennessee  
 776-7172  
 Lunch/soup kitchen: M-F 12 - 12:30

**\*\*Area Code 314 on all numbers**



## MEDICAL

### **AFFINIA/GRACE HILL NEIGHBORHOOD HEALTH CENTERS, INC.**

**[www.gracehill.org](http://www.gracehill.org)**

**For an appointment, call 314-814-8700. Main number: 314-898-1700**

### **AFFORDABLE CARE ACT (Obamacare)**

**[www.HealthCare.gov](http://www.HealthCare.gov). and [www.EnrollMissouri.org](http://www.EnrollMissouri.org) 800-318-2596**

This is a 24-hour hotline that handles consumers' questions. The Missouri website [www.EnrollMissouri.org](http://www.EnrollMissouri.org) is a portal for [www.HealthCare.gov](http://www.HealthCare.gov).

**INFORMATION LINE: 1-855-373-9994**

### **BEHAVIORAL HEALTH RESPONSE BHR**

**[www.bhrstl.org](http://www.bhrstl.org)**

**24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760**

### **CALL FOR HELP, INC**

**9400 Lebanon Rd. East St. Louis, IL 62203.**

**[www.callforhelpinc.org](http://www.callforhelpinc.org) 618-397-0968**

Comprehensive intervention services for homelessness, sexual assault, poverty and other crises in the Metro East area.

### **CHIPS Health and Wellness Center**

**2431 N. Grand Blvd. 63106**

**[www.chipsstlouis.org](http://www.chipsstlouis.org) 314-652-9231 ext. 10 for appt.**

**Sliding scale or no fee** for wide range of clinic services and programs.

Health management through preventive and primary health care services.

**DENTAL OPTIONS. Many of the clinics listed here offer dental care.**

### **FAMILY RESOURCE CENTER**

**3309 South Kingshighway 63139**

**[www.frcmo.org](http://www.frcmo.org) 314-534-9350**

Prevention and treatment of all forms of child abuse and neglect.

### **INSTITUTE FOR FAMILY MEDICINE**

**5000 Cedar Plaza Parkway Suite 300 63128 (South County)**

**[www.ifm-stl.org](http://www.ifm-stl.org) 314-849-7669**

Many clinics throughout the metro area and located in various schools and shelters. Call or visit website for locations and appointments.

### **PLANNED PARENTHOOD**

**4251 Forest Park Ave. 63108**

**[www.plannedparenthood.org](http://www.plannedparenthood.org) 314-531-7526**

Main location (Many others throughout the area.) To schedule an appointment or for more information, call **800-230-PLAN (7526)** Many services & testing.

### **PRESCRIPTION ASSISTANCE PROGRAM (PAP)**

**[www.missouridrugcard.com](http://www.missouridrugcard.com)** Print your own card at this website.

**SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC****1408 N Kingshighway Blvd, Suite 213 63113****[www.medschool.slu.edu/hrc](http://www.medschool.slu.edu/hrc) 314-389-0008**

Saturdays, 9:00 a.m to 12:00 p.m. Sign-ups start at 8am. Free clinics/SLU doctors. Other specialties, including asthma, psychiatric, & chiropractic during week. Call for information and appointment for these specialties.

**SOUTHERN ILLINOIS HEALTHCARE FOUNDATION****[www.sihf.org](http://www.sihf.org) 618-332-0694**

A community-based, Federally Qualified Health Center (FQHC) network that serves populations throughout 9 counties in southern Illinois.

**ST. LOUIS EFFORT FOR AIDS****1027 S. Vandeventer Ave. Suite 700 63110****[www.stlefa.org](http://www.stlefa.org) 314-645-6451**

Free testing for AIDS, HIV, STDs. Primary care, medications, and more.

**THE ST. LOUIS INTEGRATED HEALTH NETWORK****1520 Market Street, Suite 4034 63103-2625****[www.stlouisihn.org](http://www.stlouisihn.org)**

A network of community health centers. Services include primary care, dental, eye care, vaccinations, prescriptions, and Urgent Care in some locations. A referral is not required. More locations outside St. Louis area.

**BETTY JEAN KERR PEOPLE'S HEALTH CENTERS****[www.phcenters.org](http://www.phcenters.org)**

Central: 5701 Delmar Blvd. St. Louis 63112 314-367-7848

North : 11642 W. Florissant Ave. Florissant 63033 314-838-8220

West: 7200 Manchester Ave. Maplewood 63143 314-781-9162

**CRIDER HEALTH CENTER [www.cridercenter.org](http://www.cridercenter.org)**

St. Charles: 546 First Capital Drive, Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway, 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

**FAMILY CARE HEALTH CENTERS [www.fchcstl.org](http://www.fchcstl.org)**

Carondelet: 401 Holly Hills Ave. St. Louis 63111 314-353-5190

Forest Park Southeast: 4352 Manchester Ave. 63110 314-531-5444

**GRACE HILL HEALTH CENTERS: [www.gracehill.org](http://www.gracehill.org)**

Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700

Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700

South 3930 S. Broadway St. Louis 63118 314-814-8700

Water Tower 4414 N Florissant Ave. 63107 314-814-8700

**MYRTLE HILLIARD DAVIS COMPREHENSIVE [www.mhdchc.org](http://www.mhdchc.org)**

Comprehensive: 5471 Dr. Martin Luther King Dr. St. 63112 314-367-5820

Florence Hill: 5541 Riverview Blvd. St. 63120 314-389-4566

Homer G. Phillips: 2425 N. Whittier St. 63113 314-371-3100

**STRONG START FOR MOTHERS AND NEWBORNS****[www.StrongStartforLife.com](http://www.StrongStartforLife.com) 314-805-7081**

Seven Signature Medical Group OB/GYN offices participate in this comprehensive services program for pregnant women who are Medicaid-eligible.

## MENTAL HEALTH

**800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)**

### **ADAPT OF MISSOURI**

**4030 Chouteau Avenue 63110**

**2301 Hampton Avenue 63139**

**www.adaptusa.com 888-657-3201**

Provides individual therapy, community support and psychosocial rehabilitation for adults living with mental illness.

### **BEHAVIORAL HEALTH RESPONSE (BHR)**

**www.bhrstl.org 24 hour Crisis Lines 314-469-6644 or 800-811-4760**

### **BJC BEHAVIORAL HEALTH**

**Administrative Offices, Referrals and Call Center**

**1430 Olive Street, Suite 400 63103**

**www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004**

**After hours: 314-469-6644 or toll-free 800-811-4760**

Mental health services and supportive services allowing adults and children with mental health problems to live independently. 12 locations .

### **CATHOLIC FAMILY SERVICES**

**Various Locations for psychiatric and mental health services.**

**www.cfsstl.org 800-652-8055**

### **CHADS COALITION (for Mental Health)**

**180 Crestwood Plaza 63126**

**www.chadscoalition.org 314-952-2046**

A variety of suicide and bullying prevention programs, including SOS/Signs of Suicide. Works in schools and provides education and support groups.

### **COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

**505 South 8th Street East St. Louis, IL 62201 618-482-7330 (Office)**

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

### **COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)**

**232 Stadler Hall, One University Boulevard St. Louis, MO 63121**

**314-516-5824 www.umsf.edu/services/cps**

Outpatient mental health center established by the University of Missouri-St. Louis to provide affordable psychological services in the St. Louis area.

### **COMTREA**

**www.comtrea.org 636-931-2700**

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and more

## **CRIDER HEALTH CENTERS**

**[www.cridercenter.org](http://www.cridercenter.org) 636-332-6000**

**St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000**

**Union: 1780 Old Highway 50 East 63084 636-582-8100**

**Warrenton: 19515 Brune Parkway 63383 636-456-1500**

**Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000**

A variety of behavioral health programs and services throughout the area.

## **DEPARTMENT OF MENTAL HEALTH**

**[www.dmh.mo.gov](http://www.dmh.mo.gov)**

The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

## **FAMILY MENTAL HEALTH COLLABORATIVE**

**314-993-1000**

A collaboration of non-profit mental health organizations. Services are offered on a sliding fee scale and include crisis intervention, counseling, assessments, medication, and more.

## **HAWTHORN CHILDREN'S PSYCHIATRIC HOSPITAL**

**1901 Pennsylvania Ave. 63133**

**[www.dmh.mo.gov/hcph](http://www.dmh.mo.gov/hcph) 314-512-7800 314-512-7593 (TTY)**

A children's psychiatric hospital operated by the MO Dept. of Mental Health.

## **HOPEWELL MENTAL HEALTH SERVICES**

**1504 S Grand 63104**

**[www.hopewellcenter.com](http://www.hopewellcenter.com) 314-531-1770 Emergency: 314-531-7335**

Provides mental health case management and psychiatric services. On site pharmacy for prescription medications. No walk-ins. Must make appointment

## **HYLAND BEHAVIORAL HEALTH CENTER**

**St. Anthony's Medical Center**

**10010 Kennerly Rd. 63128**

**[www.stanthonyssmedcenter.com](http://www.stanthonyssmedcenter.com) 314-525-7275.**

In-patient and out-patient psychiatric and chemical dependency services. Multidisciplinary team approach.

## **INDEPENDENCE CENTER**

**Clubhouse: 4245 Forest Park Ave. 63108 314-533-4245**

**Membership, Screening and Enrollment: 314-533-4163**

**Midwest Psychiatry and Community Care: 4219 Laclede Ave. 63108**

**[www.independencecenter.org](http://www.independencecenter.org)**

Assists adults with serious, persistent mental illnesses to live and work in the community.

## **MEDICAL FAMILY THERAPY PROGRAM**

**Saint Louis University Center for Counseling and Family Therapy**

**Fitzgerald Hall, Suite 10 3500 Lindell Blvd. 63103 314-977-2505**

Individual, couples, and family counseling,

## **MENTAL HEALTH FIRST AID**

**[www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org) 314-877-6458**

A series of courses, both on-line and classroom, that helps the public identify and respond to signs of mental illnesses and substance use disorders.

## **METROPOLITAN PSYCHIATRIC CENTER**

**5351 Delmar Blvd. 63112**

**[www.dmh.mo.gov/mpc](http://www.dmh.mo.gov/mpc) 314-877-0501**

Diagnostic and treatment psychiatric care services including forensic.

## **MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV)**

**[www.mocadsv.org/](http://www.mocadsv.org/)**

Information and resources to support survivors in Missouri.

## **MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)**

**5400 Arsenal St. 63139 [www.mimh.edu](http://www.mimh.edu) 314-877-6401**

## **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)**

**[www.nami.org](http://www.nami.org)**

CIT: Crisis intervention team programs, many resources and more.

## **NAMI-ST. LOUIS BRANCH**

**[www.namistl.org](http://www.namistl.org) 314-962-4670**

Community support, education, advocacy, understanding, and quality of life improvement for persons with severe and persistent mental illnesses and their families. Mental Health First Aid classes and other opportunities.

## **PROVIDENT COUNSELING**

**[www.providentstl.org](http://www.providentstl.org) 314-533-8200 for appointments**

Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

## **RAVEN: Non-Violence Education for Men**

**1914 Olive St. 63103**

**[www.RavenSTI.org](http://www.RavenSTI.org) 314.289.8000**

Domestic violence intervention and prevention services.

## **SELF HELP CENTER**

**8301 Crest Industrial Dr. Affton 63123**

**314-781-0199**

A drop-in center for adults with mental illness. Includes job readiness.

## **SLIDING SCALE COUNSELING CENTERS**

**Provident Counseling: 314-533-8200**

**Catholic Family Services: 314-544-3800**

**Lutheran Family Services: 314-787-5100**

## **ST. LOUIS EMPOWERMENT CENTER**

**Depression Bipolar Support Alliance (DBSA)**

**1908 Olive St. 63103**

**[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100**

**Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

**[www.missouridrugcard.com](http://www.missouridrugcard.com) Prescription assistance.**

## RE-ENTRY

**2 forms of ID are usually needed for employment. If still incarcerated,” a caseworker can get this process started before release.**

### **CALL FOR HELP, INC.**

**9400 Lebanon Rd. East St. Louis, IL 62203**

**www.callforhelpinc.org 618-397-0968**

Multi-service agency responding to crisis situations in the metro East area.

### **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)**

**2709 Woodson Rd. 63114**

**www.caastlc.org 314-863-0015**

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.

### **CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS**

**www.connectionstosuccess.org**

**2125 Bissell (no street sign) 63107 314-584-6887**

**(In the Grace Hill building near Grand and Florissant)**

**3000 Little Hills Expressway St. Charles 63301 636-940-8027**

**1701 N 2nd St. St Charles 63301 636-940-8027**

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. Grace Hill address is for women only. Call to make an appointment.

### **CONSTRUCTION TRAINING SCHOOL OF ST. LOUIS**

**6301 Knox Industrial Dr. 63139**

**www.stl-cts.org 314-644-1525**

An apprenticeship program for various trades, such as carpenters, cement masons, floor layers, laborers, tech prep, and more.

### **CRIMINAL JUSTICE MINISTRY**

**941 Park Ave. 63104**

**www.cjmstlouis.org 314-652-8062**

Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks with personal items, bus passes, etc.

#### **Release to Rent for Veterans**

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

#### **Release to Rent**

Up to a year of supportive housing for men completing long-term sentences who can work full time and are without community support.

**IMPORTANT:** The best chance of being accepted to the rental programs is to contact CJM at least 6 months before your release date, but parole officers can also refer.

## **EDUCATIONAL OPPORTUNITY CENTERS**

**4495 Forest Park Ave. 63108**

**314-535-6670**

The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

### **Educational Opportunity Center**

1408 N Kingshighway Blvd., # 107 314-367-8100

4644 Gravois Ave. 314-352-4113

13 N Oaks Plaza 314-385-4005

### **East St. Louis, Illinois EOC**

601 James R Thompson Blvd. Building B, Suite 2079 East St. Louis, IL. 62201  
618-482-6931

## **EMPLOYMENT CONNECTION**

**2838 Market St. 63103**

**[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00 am-3:30 pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

## **FATHERS SUPPORT CENTER**

**Prince Hall Family Support Center**

**4411 N. Newstead 63115**

**[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170**

The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services. **FSC has received grant funding for training and job placement for ex-offenders. Call for details.**

## **FEDERAL BONDING PROGRAM (Dept. of Economic Development**

**421 East Dunklin St. P.O. Box 1087 Jefferson City 65102**

**573-526-8217**

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

## **HUMANITRI**

**1447 East Grand Ave. 63107**

**[www.humanitri.org](http://www.humanitri.org) 314-772-7720**

Many housing options for those who are with income but need subsidies or assistance. Humanitri provides full-time chaplains and provides support for prisoner families, and helps inmates improve family relationships. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

**ISAIAH 58 MINISTRIES****2149 South Grand 63104 314-776-1410**

Computers, clothing, and other services available between 10:00 am-1:00 pm.

**KAIROS OUTSIDE****P.O. Box 191214 63119****[www.koeastmo.org](http://www.koeastmo.org) 636-577-4733**

Support for the families of persons who are or have been incarcerated in the country's correctional facilities, and county jails and youth offender programs.

**LEGAL AID/Legal Services of Eastern Missouri****4232 Forest Park Blvd. 63108****314-534-4200 Legal Aid: 800-444-0514**

Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs. Clients seen by appointment Monday-Friday 9:00 am-5:00 pm.

**LET'S START****1408 S. 10th St. 63104****[www.letsstart.org](http://www.letsstart.org) 314-241-2324**

A comprehensive program for children of incarcerated parents, as well as formerly incarcerated women. Services include transportation to women's prisons for children and weekly support groups.

**MISSOURI CURE****PO Box 28931 St. Louis, MO 63132****[www.missouricure.org](http://www.missouricure.org) [www.curenational.org](http://www.curenational.org) 877-525-CURE (2873)**

Organizes and unites offenders, their families, and others for education and advocacy in criminal justice issues. CURE is an international movement that seeks to reduce crime through reform of the criminal justice system.

**MISSION GATE PRISON MINISTRY****P.O. Box 6644 Chesterfield 63006****[www.missiongateministry.org](http://www.missiongateministry.org) 636-391-8560**

Christian-based Aftercare Program that is available to ex-inmates. There are men's, family and women's residences available in various parts of town.

**MISSOURI DEPT. OF CORRECTIONS****[www.doc.mo.gov](http://www.doc.mo.gov).**

Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

**NORTH COUNTY COMMUNITY DEVELOPMENT CORP.****2483 Alexandria Place Pkwy 63136****[www.northcountycdc.org](http://www.northcountycdc.org) 314-867-9160**

Shelter and transitional housing programs to prevent homelessness, including a prison re-entry program.

**BOONE COUNTY OFFENDER TRANSITION NETWORK****[www.bcofn.org](http://www.bcofn.org)**

This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. In PDF format.



**PARENT LINK****www.parentlink.missouri.edu 800-552-8522 Espanol 888-460-0008**

Resources about parenting issues. Support for incarcerated parents.

**PROJECT COPE****3529 Marcus 63115****www.projcope.org 314-389-4804**

This organization starts working with inmates before they are released. Start by writing a letter to the above address to arrange for an interview and possible entry into this successful support program. Project Cope is sponsored by several St. Louis area churches.

**PROJECT RE-CONNECT****314-771-5207**

Supports men and women who have maxed out of a Missouri prison sentence in the last 12 months. A collaboration of several agencies. Housing and other resources provided. Start the process with a call to 314-771-5207.

**SLACO****5888 Plymouth Ave. 63112****www.slaco-mo.org 314-361-9406**

SLACO is offering free Beginner and Advanced Computer Evening classes for Adults. Call for schedule. Basic Computer Skills, Microsoft Office, more.

**ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)****www.stltreentry.org**

A coalition working to make the re-entry process more successful.

**ST LOUIS COMMUNITY REENTRY PROGRAM FOR EX-OFFENDERS****1809 S.8th Street 63104****314-621-0228 or 314- 951-4048**

Substance abuse meetings, transitional housing, job training.

**ST. LOUIS DEPARTMENT OF PUBLIC HEALTH****1520 Market, Room 4050 63103****www.stlouis-mo.gov 314-612-5100. Aids Testing and Info: 888-291-AIDS(2437)****US APPRENTICESHIP PROGRAMS****www.doleta.gov/jobseekers**

This is a very comprehensive website. Apprenticeships are available to ex-offenders. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money.

**www.nationalreentryresourcecenter.org.****THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)****St. Louis Community College's Corporate College.****3221 McKelvey Road Bridgeton 63044****www.stlcc.edu/Workforce-Solutions 314-539-5302**

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations.

## STREETWISE

### BEHAVIORAL HEALTH RESPONSE: BHR

[www.bhrstl.org](http://www.bhrstl.org)

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

### CHRIST CHURCH CATHEDRAL

12th and Locust 314-231-3454

Breakfast every Sat. 7:30-8:30

### DREAM CENTER

4324 Margaretta 63115 314-381-0700.

Food pantry, clothing, laundry, haircuts and showers. Call for times.

### EMERGENCY FOOD STAMPS/SNAP PROGRAM

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

### HORIZON CLUB (Open 24 Hours a Day)

202 N. 23rd St. 63103 314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers. Chairs but no beds.

**Visitor/guests** welcome up to six hours per day and must leave by midnight.

**Members** can stay longer but must meet certain disability requirements.

### INTERSTATE BLOOD BANK

5121 Delmar Blvd. 63108

[www.interstatebloodbank.com](http://www.interstatebloodbank.com) 314-367-5200

They will pay for donations. Call or check the website for requirements.

### MERS/MISSOURI GOODWILL INDUSTRIES

1727 Locust St. 63103

[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-3464

Job opportunities and counseling. Many locations.

### NATIONAL RUNAWAY CRISIS HOTLINE, 24-HOUR

[www.nrscrisisline.org](http://www.nrscrisisline.org) 800-RUNAWAY/ 800-786-2929

### OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER

314-977-7308 (Call this number for details)

3628 Lindell Blvd. just west of Grand 63108 (Lower Level)

State ID and birth certificates. Sign in between 8:45 am and 9:30 am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15 am. Birth certificates may also be obtained at City Hall, 1200 Market. Room 126 for \$15.

# SUBSTANCE ABUSE TREATMENT

Alcoholics Anonymous (AA) [www.aa.org](http://www.aa.org) 314-647-3677  
Cocaine Anonymous (CA) [www.camissouri.org](http://www.camissouri.org) 314-361-3500  
Narcotics Anonymous (NA) [www.na.org](http://www.na.org) 314-830-3232

## ASSESSMENT AND COUNSELING SOLUTIONS

4400 S. Lindbergh Blvd. 63127  
[www.aandcsolutions.com](http://www.aandcsolutions.com) 314-849-2800

Assessment and Counseling Solutions provides the following services: Drug & Alcohol Addiction. Mix of Mental Wellness and substance abuse services. Self payment, Privately provided health insurance. Sliding fee scale (fee is based on income and other factors.)

## ASSISTED RECOVERY CENTER OF AMERICA (ARCA)

6651 Chippewa St. Louis 63109  
[www.arcamidwest.com](http://www.arcamidwest.com) 314-645-6840

Detox. In-patient, out-patient and transitional living treatment programs.

## BEHAVIORAL HEALTH RESPONSE: BHR

[www.bhrstl.org](http://www.bhrstl.org)  
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

## BLACK ALCDRUG SERVICE INFORMATION CENTER (BASIC)

3029 Locust St. 63103  
2600 Washington Ave. 63103  
[www.basicinc.org](http://www.basicinc.org) 314-621-9009

Drug and Alcohol Addiction. Substance abuse treatment services.

## BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)

St. Louis City Center 1027 S. Vandeventer 63110  
St. Charles Cntr. 1570 S. Main St. St. Charles, MO 63303  
[www.bridgewaybh.com](http://www.bridgewaybh.com) 866-758-1152

Medically-Assisted Detoxification. Comprehensive services in the areas of addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. 12 locations. Some residential.

## CENTER FOR LIFE SOLUTIONS, INC.

637 Dunn Rd., Suite 180 63042  
[www.centerforlifesolutions.org](http://www.centerforlifesolutions.org) 314-731-0100  
Crisis Intervention Hotline: 314-302-6728

CSTAR, Medication-Assisted and Methadone Treatment Programs. Medical evaluations and referral services targeted to the opiate user. Individual, family and group therapy. Medicaid and private pay patients.

## CENTERPOINTE HOSPITAL

5931 Highway 94 S. St. Charles 63303  
[www.centerpointehospital.com](http://www.centerpointehospital.com)  
636-441-7300

Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Eight metro area locations.

**CENTREC CARE, INC.**

**1030 Woodcrest Terrace Dr. 63141**  
**www.centrecare.com 314-205-8068**

Drug & Alcohol Addiction, Detox, Buprenorphine Treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

**COMMUNITY SERVICES OF MO**

**4456 S. Lindbergh Blvd. 63127**  
**www.Dwiprograms.com 314-849-6855 or 1-800**

Drug and Alcohol Addiction, Halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale.

**COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

**505 South 8th St. East St. Louis, IL 62201**  
**618-482-7330 (Office)**

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

**COMTREA**

**www.comtreas.org 636-931-2700**

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24 hour crisis services.

**DRUG AND ALCOHOL REHAB HEADQUARTERS**

**www.drug-rehab-headquarters.com**  
**1-866-720-3784**

Extensive listings of treatment resources and information.

**DRUG REHAB ST. LOUIS**

**4579 Laclede Ave #438 63108**  
**www.stlouis.alcoholdrugrehabmo.com 314287-3003**

Alcohol rehab, detox, interventions, addiction treatment, more

**GATEWAY FOUNDATION DRUG & ALCOHOL TREATMENT CENTERS**

**www.recovergateway.org 1-877-505-4673**

Outpatient and residential treatment programs in three Southern Illinois locations: Caseyville, Carbondale, and Swansea. .

**Call 800-971-4673 to learn more about treatment options in southern Illinois and the St. Louis Metro East area.**

**GIBSON RECOVERY CENTER**

**1112 Linden Cape Girardeau 63703**  
**www.gibsonrecoverycenter.org 573-332-0416**

In and outpatient drug and alcohol treatment for many southeast Missouri communities.

**HARRIS HOUSE**

**8327 S. Broadway 63111**  
**www.harrishouse.org 314-631-4299**

Drug & Alcohol Addiction. Halfway house, Women, Men. Self payment.

**HILLJACK HOUSE****www.hilljackhouse.org 314-255-3964**

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

**HOPEWELL CENTER****1504 S. Grand 63104****www.hopewellcenter.com 314-531-1770**

Operates psychosocial rehabilitation and a comprehensive psychiatric rehabilitation centers for adults and youth.

**METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS****5351 Delmar Blvd. 63112****www.dmh.missouri.gov/mpc 314-877-0500**

Detox. Persons with co-occurring mental and substance abuse disorders, State or Government financed insurance. Forensic programs.

**NEW BEGINNINGS CSTAR INC****1408 N. Kingshighway. 63113****www.newbeginningscstar.com****314-367-8989**

Drug & alcohol addiction services. Teenagers, women, DUI/DWI rehabilitation, criminal justice clients.

**OXFORD HOUSE****2715 Osage St. 63118****www.oxfordhouse.org 314-772-6771**

National, Self Run, Self Supported, Addiction Recovery Houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

**PLACES FOR PEOPLE****Community Reinforcement Approach (CRA)****4130 Lindell 63108****www.placesforpeople.org 314-535-5600**

Comprehensive substance-abuse treatment program to assist in the recovery process. Walk-ins welcome at Welcome Center Monday-Friday 9:00-noon.

**PREFERRED FAMILY HEALTHCARE, INC.****(SEVERAL LOCATIONS. Call or check website.****3800 S. Broadway 63118****www.pfh.org 314-772-2205**

A comprehensive behavioral health non-profit organization offering substance abuse treatment, prevention, and mental health services throughout Missouri and Kansas including eight locations in St. Louis and the Metro area.

**PROVIDENT, INC.****www.providentstl.org SEVERAL LOCATIONS THROUGHOUT AREA****Life Crisis Hotline 314-647-HELP (4357) or 1-800-273-TALK (8255)****For first appointment, call: 314-533-8200 or 800-782-1008 314-898-0101**

Mix of mental wellness, counseling, and substance abuse services.

**QUEEN OF PEACE CENTER****325 N. Newstead St. 63108****www.qopcstl.org 314-531-0511 Ext. 1**

Drug & alcohol addiction services, halfway house. Persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women. Associated with St. Phillipine's Center for housing.

**SALVATION ARMY ADULT REHAB CENTER (ARC)****3949 Forest Park Blvd. 63108****www.satruck.org 314-535-0057**

Men's non-clinical residence rehab for chemical dependency. residential housing, work, and group and individual therapy.

**SALVATION ARMY HARBOR LIGHT CENTER****3010 Washington St. Louis 63103****314-652-3310**

Drug and alcohol addiction, detox and rehab programs up to 21 days.No residential. Now accepting women on out-patient basis.CSTAR, veterans.

**SAMHSA: SUBSTANCE ABUSE AND BEHAVIORAL HEALTH SERVICES LOCATOR****www.samhsa.gov www.suicidepreventionlifeline.org****Suicide Prevention Lifeline 800-273-TALK (8255)**

A comprehensive website that provides a treatment locator and many other resources and services.

**SATOP Substance Abuse Traffic Offender Program****www.dwiprograms.com****SOUTHEAST MISSOURI BEHAVIORAL HEALTH**

Many locations listed on their website. Professionals dedicated to individualized drug and alcohol treatment. Admissions accepted 24/7, including holidays.

**www.semoctc.org 800-455-5749****STEPPING INTO THE LIGHT MINISTRY****1402 Hebert 63107****www.steppingintotheightministry.org****314-231-5175 or 314-213-4697**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

**ST. LOUIS EMPOWERMENT CENTER****Depression Bipolar Support Alliance (DBSA)****1908 Olive Street 63103****www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

**ST. LOUIS METRO TREATMENT CENTER****9733 St. Charles Rock Rd. Breckinridge Hills 63114**

**www.methadonetreatment.com 314-423-7030**

Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

**ST. LOUIS VALLEY HOPE**

12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101

Boonville: 1415 Ashley Road Boonville 65233 660-882-6547

**www.valleyhope.org**

Drug and alcohol addiction services. Individualized treatment and variable lengths of stay Residential and out-patient. Self payment. Privately provided health insurance. Sliding scale.

**ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER**

915 N. Grand St. 63106

**www.va.gov 314-652-4100 Ext. 5**

Jefferson Barracks Division

#1 Jefferson Barracks Dr. St. Louis 63125

314-894-6693

Drug and alcohol addiction, detox, methadone services, methadone, detox. halfway house, Buprenorphine Treatment. Mental health services.

**ST. PATRICK CENTER**

800 N. Tucker Blvd. 63101

**www.stpatrickcenter.org 314-802-0693**

Drug & Alcohol Addiction services and Shamrock Club.

**TEEN CHALLENGE OF ST. LOUIS**

2650 Appletree Acres Ln. High Ridge 63049

**www.teenchallengestl.com 636-677-1776**

Drug Addiction Treatment. Part of the network of over 180 Teen Challenge centers across the U.S.

**WEST END CLINIC, INC.**

5736 W. Florissant Blvd. 63120

314-381-0560

Drug and alcohol addiction, methadone services. Sliding fee scale (fee is based on income and other factors. Payment assistance.

## UTILITY ASSISTANCE

### ENERGY CARE

2758 Wyoming St. 63118

[www.energycare.org](http://www.energycare.org) 314-773-5900

Provides a variety of services for low-income seniors (60+), people living with chronic illnesses and disabilities, and families with children under five.

### DOLLAR HELP/UTILITY ASSISTANCE

[www.dollarhelp.org](http://www.dollarhelp.org)

This website will take you to locations and phone numbers of agencies offering utility assistance.

### FRANCISCAN CONNECTION

2903 Cherokee St. 63118

[www.franciscanconnection.org](http://www.franciscanconnection.org) 314-773-8485

Utility assistance, bus passes, school supplies.

### LIHEAP

Low Income Home Energy Assistance Program

[www.dss.mo.gov/fsd/liheap](http://www.dss.mo.gov/fsd/liheap).

### NEW LIFE EVANGELISTIC CENTER (NLEC)

1411 Locust 63103

[www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020.

When funds are available, financial aid with disconnect notice. Call first:

63135

PAKT Community Resource Center 500 Airport Rd Ferguson, 63135

[www.paktcenter.org](http://www.paktcenter.org) 314-524-2710

Rent and utility assistance, food pantry, clothing, after-school program & more for North County residents. Call the number above for details.

### ST. JANE CENTER

7005 Ascension Drive 63121

[www.visitationmonastery.org](http://www.visitationmonastery.org) 314-383-6539

Family emergency assistance. Gives financial assistance for basic needs such as utilities, rent/mortgage, medication, food and clothing. North County.

### ST. VINCENT DE PAUL ASSISTANCE LOCATOR

[www.svdpstlouis.org](http://www.svdpstlouis.org)

### URBAN LEAGUE UTILITY ASSISTANCE

St. Louis City Division 935 Vandeventer St. 63108

[www.ulstl.com](http://www.ulstl.com) 314-615-3654

St. Louis County Division 8960 Jennings Station Rd. 63136

314-388-9840

St. Clair County Division

10220 Lincoln Trail Fairview Heights, IL 62208

618-274-115



## **for VETERANS**

### **HOPE RECOVERY CENTER**

**515 North Jefferson Ave. 63103**

**314-652-4100 Ext. 55460**

A transitional, outpatient center that includes several mental health and work programs in one new place.

### **EMPLOYMENT CONNECTION**

**2838 Market Street 63103**

**[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Homeless Veterans Reintegration Program Job placement services and housing. Supportive Services for Veterans' Families. Rental assistance, deposits, utilities, etc. Supportive Housing (Project Homecoming). The veterans' coordinator can give you more information.

### **H.E.R.O.E.S. Care**

**1306 R West Lark Industrial Drive Fenton, MO 63026**

**[www.heroescare.org](http://www.heroescare.org) 636 600-0096**

Food, clothing, financial assistance and more for veterans, active military and families.

### **MY NEXT MOVE FOR VETERANS**

**[www.mynextmove.org](http://www.mynextmove.org)**

### **PERSONAL CARE HOME HEALTH SERVICES**

**Veterans Benefit Program**

**1221 Locust St. Suite 550 63103**

**314-664-1100**

In-home assistance for veterans and families with medical conditions. Call for more information.

### **PROJECT HERO**

**314-802-0700**

St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). Call for information about apartments for veterans.

### **RELEASE TO RENT FOR VETERANS**

**Criminal Justice Ministry**

**941 Park Ave. 63104**

**[www.cjmstlouis.org](http://www.cjmstlouis.org) 314-652-8062**

Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

### **REGIONAL ALLIANCE FOR THE TROOPS**

**[www.rafft.org](http://www.rafft.org) 314-432-8200**

A website devoted to providing military members, their families and veterans with resources all in one location.

**ST. LOUIS COUNTY VETERANS PROGRAM****9666 Olive Blvd. Suite 510 63132****www.stlouisco.com 314-615-4516 TTY: 800-735-2966**

Various services including case management, referral for benefits, legal, medical, employment, housing and transportation assistance.

**North County: 21 Village Square, Hazelwood, 63042 314-625-4000****South County: 4548 Lemay Ferry Road, 63129 314-615-4000****Community Outreach: 314-615-7433****SUICIDE PREVENTION HOTLINE 800--273-TALK (8255) Press 1****THE MISSION CONTINUES****1141 South 7th Street 63104****www.missioncontinues.org 314-588-8805**

Empowers veterans to engage in community service in St. Louis and nationwide to continue their service to our country in a meaningful way.

**VA MEDICAL CENTER****www.stlouis.va.gov****800-228-5459 314-652-4100 Ext. 53772****314-289-6418 (Methadone Clinic)****314-894-6693****John Cochran Division: 915 North Grand Blvd. 63106****Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125****VETERANS BENEFITS and other VA information: 800-827-1000****<http://www.stlouis.va.gov/>**

Addresses, phone numbers, programs, job openings specifically for veterans.

**VETERAN'S CRISIS LINE****www.veteranscrisisline.net 800-273-8255 TTY: 800-799-4889**

Connects veterans in crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

**[www.st.louis.va.gov](http://www.st.louis.va.gov)****[www.veteransworld.com](http://www.veteransworld.com)****[www.va.gov](http://www.va.gov)****A website with information from the Department of Veterans Affairs about housing and homelessness:****[www.va.gov/HOMELESS](http://www.va.gov/HOMELESS) or call 314-289-5500.****HELP FOR HOMELESS VETERANS: 877-424-3838**

## **YOUTH SERVICES**

### **ANNIE MALONE Children and Family Service Center**

**2612 Annie Malone Drive 63113 314-531-0120**

Crisis center, day care, services for teenagers through community programs.

### **BIG BROTHERS BIG SISTERS**

**www.bbbsemo.org**

**Headquarters: 501 N. Grand Blvd., Suite 100 63103 314-361-5900**

**St. Charles: 1236 Jungermann Rd., Suite G St. Peters 63376 636-939-2227**

### **BJC BEHAVIORAL HEALTH**

**1430 Olive Street, Suite 400 63103**

**www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004**

**After hours: 314-469-6644 or toll-free 800-811-4760**

More locations and more Behavioral Health services.

### **CAP4KIDS (Children's Advocacy Project)**

**www.cap4kids.org**

Many services listed, including employment, training health care and housing.

### **CHADS COALITION (for Mental Health)**

**180 Crestwood Plaza 63126 314-952-2046**

**www.chadscoalition.org**

A variety of suicide and bullying prevention programs, including SOS/Signs of Suicide. Works in schools and provides education and support groups.

### **COVENANT HOUSE**

**2727 North Kingshighway 63113**

**www.covenanthousemo.org 314-533-2241 Toll free: 800-999-9999**

Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

### **EPWORTH'S YOUTH DROP-IN CENTER**

**7520 Natural Bridge Road Normandy, MO 63121**

**www.epworth.org 314-222-4877**

**24-hour crisis Hotline: 314-727-6294 or 800-899-KIDS(5437)**

Open Monday–Friday, 1:00 pm–5:00 pm. Staff will distribute hygiene kits, safe sex kits and food as needed, as well as life skills and recreational activities.

### **KIDS UNDER TWENTY ONE (KUTO)**

**KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886**

provides crisis prevention and suicide intervention.

### **ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE**

**314-628-2929 or 877-928-2929**

### **THE SPOT (FOR AGES 13-24)**

**4169 Laclede 63108 www.thespot.wustl.edu 314-535-0413**

A drop-in center open Mon-Fri afternoons. Computers, laundry, showers, etc.

### **TREVOR PROJECT**

**(LGBTQ) ages 13-24. 1-866-488-7386 www.trevorproject.org**

### **YOUTH IN NEED**

**www.youthinneed.org 636-946-5600 Crisis Hotline: 636-946-3771**

Based in St. Charles, with outreach programs in St. Louis City.

# MISCELLANEOUS

## AFFINIA HEALTH CARE (GRACE HILL)

[www.affiniahealthcare.org](http://www.affiniahealthcare.org) 314-814-8700 for appointment  
314-898-1700 for information

## COMMUNICABLE DISEASE HIV/AIDS/STD/HEPATITIS

1520 Market, Rm 4027 314-657-1419

## CRISIS NURSERY

[www.crisisnurserykids.org](http://www.crisisnurserykids.org) 314-768-3201

Serves parents with children up to age 12.

## DEPARTMENT OF VETERANS' AFFAIRS

(VA) 400 South 18th Street 63103

[www.va.gov](http://www.va.gov) 800-827-1000

## ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER

915 N. Grand St. 63106

[www.va.gov](http://www.va.gov) 314-652-4100 Ext. 5

## GED HOTLINE 800-626-9433

[www.gedtestingservice.com](http://www.gedtestingservice.com)

The GED test is now only offered on computer.

## MISSOURI HEALTH CARE MARKETPLACE AND HEALTHCARE.GOV

[www.EnrollMissouri.org](http://www.EnrollMissouri.org)

24-Hour Hotline: 800-318-2596

Hotline handles consumer questions and starts the process. It is recommended you start here to access the HealthCare.gov website.

## PARENT LINK

[www.parentlink.missouri.edu](http://www.parentlink.missouri.edu) 800-552-8522 En Español: 888-460-0008

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

## PEOPLE'S HEALTH CENTERS

5701 Delmar Blvd. 63112

[www.phcenters.org](http://www.phcenters.org) 314-367-7848

Provides a wide range of health care and social services. Call or search their website for more information and addresses of locations.

## PLANNED PARENTHOOD

4251 Forest Park Ave. 63108 Main location. (Many others throughout the area.)

[www.plannedparenthood.org](http://www.plannedparenthood.org) 314-531-7526

To schedule an appointment or for more information, call 800-230-PLAN (7526)

## SMOKERS: Quitline number: 800-QUIT-NOW (800-784-8669)

## SOCIAL SECURITY

717 N. 16th Street 63103.

[www.socialsecurity.gov](http://www.socialsecurity.gov) 800-772-1213

