

Produced by INSIDE DHARMA, a Buddhist outreach program

> SAINT LOUIS, MISSOURI JUNE 2012

bis is the fourth edition, seventh printing, of the Start Here St. Louis Area Resource Directory. The book and corresponding website are produced by Inside Dharma, a Buddhist prison outreach program that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area.

In addition to addresses and phone numbers, we've provided the website address for most these organizations. Looking at an agency's website will provide more information about the place before you call them or go there.

Visit the Start Here website for more information about the organizations listed here and additional listings as we add updates.

www.StartHereSTL org

JUNE 2012

St. Louis, Missouri

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Hotlines & Warm Lines

HOUSING RESOURCE CENTER 314/802-5440

This is an important phone number.

Most (not all) of the shelters and transitional housing locations in both the city and county will tell you that you need to be referred by the **Housing Resource Center**, (**HRC**) so you can save yourself some time by calling the above number or visiting their downtown location first. **If you need immediate shelter**, go to 800 **North Tucker early in the morning, rather than call**.

CHURCH FOOD PANTRIES

Many churches offer hot meals and sandwiches, operate food pantries and provide other services through parishes located throughout the city. To find the location nearest you, call the referral hotline: **314/531-7837**.

2-1-1 Operated by United Way 24/7. Alternate Number: 1-800/427-4626 Counseling, education, employment, etc. Mainly referrals. OPERATION WEATHER SURVIVAL: 2-1-1 or 1-800/427-4626. For a list of weather shelters and other weather-related information. HUNGER HOTLINE: OPERATION FOOD SEARCH 726-5355 extension 3. This organization provides an automated list of food pan-

This organization provides an automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. **Have a pen and paper ready**.

St. Louis City Government Website:

www.stlouis-mo.org/government

A website for shelters and resources in out-state Missouri. www.HomelessShelterDirectory.org

St. Louis County Community Action Agency 314/863-0015

Hotlines & Warm Lines

ALIVE, domestic violence BJC Behavioral Health Response	314/993-2777
24-hr mental health crisis hotline	314/469-6644
Covenant House Youth Hotline CRISIS NURSERY, 24-hour emergency	1-800-999-9999
care for children	314/768-3201
Epworth Street Outreach (YES)	314/727-6294
GED Hotline	800/626-9433
Life Crisis Suicide Hotline	314/647-4357
MO Child Abuse and Neglect	1-800-392-3738
Runaway Switchboard	1-800-621-4000
Safe Connections, domestic violence	314/531-2003
Women's Safe House	314/772-8952

Hope Hotline for Mortgage assistance 1-888-995-HOPE (4673) www.995hope.org

ENERGY ASSISTANCE/LIHEAP

St. Louis City: Urban League St. Louis County: CAA 314/615-3600 314/863-0015

SERVICES FOR IMMIGRANTS INTERNATIONAL INSTITUTE 3654 South Grand Blvd. 63118 314/773-9090 www.iistl.org

ST. LOUIS YOUTH CONNECTION HELPLINE: 1-877/928-2929 or 314/628-2929

HOMELESSNESS PREVENTION City of St. Louis www.HopelsMovingIn.com.

24-hour automated toll-free number: **1-877-70-HOPE4** Live person for appointments (required) **314/657-1705**

GRACE HILL

Grace Hill has been offering health care and other services for many years. The organization offers a wide variety of services and programs throughout the St. Louis area. You can get more information by going to their website at: **www.gracehill.org.**

Grace Hill Neighborhood Health Centers, Inc.For locations and for an appointment314/814-8700Main number314/898-1700

ST. PATRICK CENTER 800 North Tucker 63101 314/802-0700

www.stpatrickcenter.org The St. Patrick Partnership Center is a one-stop location downtown that offers



more than 25 programs and 13 partner organizations, all in one place. Programs include:

Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage payment Assistance; Counselling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and more.

McMurphy's Grill, a popular downtown restaurant, employs workers as part of a job training program.

Alumni Club (Shamrock Evening Program)

provides employment training, financial counseling, 12step and substance abuse counseling, (and dinner) in a safe, supportive environment.

Other St. Patrick Center Programs:

Assertive Community Treatment (ACT); Casserole Program;City Seeds Urban Farm; Mobile Outreach; Shamrock Day Program; Shamrock Evening Program; Intensive Case Management (ICM); Women's Night Program; HEP (Homeless Employment Program) and JET (Job Experience Training. Includes paid stipends and internships.)

Call the main number 314/802-0700 or go directly to 800 North Tucker.The Housing Resource Center is also located at this address.

An intake appointment is required before participating in most of the programs.

GROP-IN GENTERS

These drop-in centers in downtown St. Louis provide essential items and services, including computers.

HORIZON CLUB OPEN 24 HOURS A DAY 202 N. 23rd Street 63103 314/436-1733 This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2 - 3:30. Substance abuse counselors are also available.

CENTENARY CARES/THE BRIDGE 1610 Olive 63103 314/421-3136

Provides mailing address, hygiene items, computers, referrals to other agencies. Grace Hill nurses available. Birth certificates: Tuesdays, 9:30am Breakfast, Monday - Friday 7 - 9:30am Lunch, Monday - Friday 12 - 12:30pm Dinner, Sunday - Thursday 5 - 5:30pm

ST. LOUIS EMPOWERMENT CENTER 3024 Locust 63103

314/652-6100 Friendship Line: 1-866/525-1442 A drop-in center for the mentally ill. Open 365 days a year. Lunch daily. Open 9 - 5 weekdays. Weekends 7 - 3.

THE SPOT for ages 13 - 24 4169 Laclede 63108 314/535-0413

A drop-in center with computers, medical care, HIV testing, and more. Open 1 - 5 weekdays

PUBLIC LIBRARIES

provide computers and computer labs that give immediate access to the internet.

While you're there, check our website at www.StartHereSTL.org

SHELTERS FOR MEN

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters & transitional housing providers in this book.

Call 314/802-5440

Or go directly to 800 N. Tucker 63101

NEW LIFE EVANGELISTIC CENTER 1411 LOCUST STREET 63103 314/421-3020

www.newlifeevangelisticcenter.org Women and children are now accepted at 1411 Locust. Average stay

is ten days. Call for more information. A Housing Resource Center referral is not required.

PETER & PAUL COMMUNITY SERVICE

1025 Park (Soulard) 63104

314/588-7111 (Main number)

www.ppcsinc.org

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in. Go to 800 N. Tucker early in the morning to see if they have beds available that day.

SALVATION ARMY HARBOR LIGHT 3010 Washington 63103 314/652-3310

Provides meals, shelter, medical and other referrals. Also, substance abuse treatment and referrals to clinics and ConnectCare for emergency medical needs. Housing Resource Center referral is required.

SUNSHINE MINISTRIES

1520 N. 13th St. 63106 314/231-8209

www.sunshineministries.org

Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.

SHELTERS FOR WOMEN & FAMILIES

SHELTERS FOR WOMEN & FAMILIES

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters & transitional housing providers in this book.

Call 314/802-5440 Or go directly to 800 N. Tucker 63101

GATEWAY 180: HOMELESSNESS REVERSED 1000 North 19th Street 63106 314/231-1515 www.gatewayhomeless.org

www.gateway180.org

Formerly known as Christian Service Center and Gateway Homeless Services, Gateway 180 is the largest 24hour emergency shelter for single women and families in the state of Missouri. The shelter provides safe, nurturing emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients' specific needs. In addition to three home-cooked meals being available to clients, brown bag lunches are available to drop-ins. The organization works with Grace Hill and Washington University to provide health services.

Gateway180 is a member of the St. Louis City Continuum of Care. Learn more at www.HopelsMovingIn.com or www.StLouisCitycoc.com

http://www.hud.gov

This is the website for HUD, the Department of Housing and Urban Development. There is quite a bit of information on this website concerning housing, mortgage loans, rental subsidies, etc.

Admission to most shelters in St. Louis City AND County requires a referral from the Housing Resource Center. Call 314/802-5440 or go to 800 North Tucker.

KAREN HOUSE 1840 Hogan St. 63106 www.karenhousecw.org

314/621-4052

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availablity. Call ahead for space.

NEW LIFE EVANGELISTIC CENTER 1411 Locust 63103 314/421-3020 www.newlifeevangelisticcenter.org

Temporary emergency shelter. Usually thought of as a men's shelter, New Life is now accepting women and children and housing them on separate floors. Computers are available.

ST. PATRICK PARTNERSHIP CENTER

800 North Tucker 63101 314/802-0700 www.stpatrickcenter.org

St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE EMERGENCY SHELTER

1015 Goodfellow 63112

314/454-1012

www.qopcstl.org

They do not require a referral from HRC, but take people who have gone through a program for drug rehab through Queen of Peace. St. Phillipine offers families with children 60day shelter with numerous services. See page 18.

OUR LADY'S INN www.ourladysinn.org Emergency maternity shelter for pregnant women, 18 and older. ST. LOUIS 4223 South Compton 63111 314/ 351-4590 ST. CHARLES

3607 Highway D, Defiance 63341 636/398-5375

WEINMAN CENTER 314/423-1117

Shelter, court advocacy, professional therapy for women and children, support groups for women and children, Safe at Home application assistance, follow up services.

LYDIA'S HOUSE P.O. Box 2722 63116 www.lydiashouse.org

314/771-4411

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

WOMEN'S SAFE HOUSE 314/772-4535 (24-hour crisis hotline) www.twsh.org

A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children's programs, and limited transportation.

PLACES FOR PEOPLE www.placesforpeople.org

Suportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.

Lindell Location	Chouteau Location
4130 Lindell, Blvd.63108	3738 Chouteau 63110
314/535-5600	314/772-8801

MISSIONARIES OF CHARITY

3629 Cottage 63113

314/533-2777

314/534-1010

Emergency shelter for women with children under five. Men's shelter during winter months when available.

SHALOM HOUSE

1040 South Taylor 63110

www.shalomhousestl.org

The Shalom House 90-day, 25-bed Emergency Shelter provides emergency shelter for women suffering from persistent mental illness and/or chemical dependency. Shalom House also provides longer term transitional housing and various supportive services.

THE SALVATION ARMY FAMILY HAVEN 10740 West Page Ave. 63132 314/423-7770 Will take families, but no single men. 120-day emergency shelter and resource offering many programs focused on children and stability.

Transitional Housing Men, Women, and Families

Most programs require a referral from the Housing Resource Center. Call **314/802-5440** to get the process started.

ALMOST HOME

3200 St. Vincent 63104 314/771-4663 www.almosthomestl.org

Almost Home is a transitional residence for teen-age mothers with up to two children. The program is nine months long and may be extended.

GATEWAY 180: HOMELESSNESS REVERSED 1000 North 19th 63106 314/231-1515

www.gateway180.org

(Formerly the Christian Service Center and Gateway Homeless Services.) A 90-day, 24-hour shelter for single women with or without dependent children, married couples with or without dependent children, and single fathers with dependent children. Life skills programs, medical and psychological care, and other supportive services with the goal of transitional and permanent, stable housing for families.

PLACES FOR PEOPLE 4130 Lindell Blvd. 63108 314/535-5600 www.placesforpeople.org

In addition to assisting people in renting apartments from private landlords, PfP also owns and manages apartments for people with special needs. Also emergency housing, and daytime activities at "The Club." Places for People recently merged with **Community Alternatives** to provide more services for the mentally ill.

PLACES AT PAGE

Provides supported housing for people with severe mental illness. Contact information at Places for People, above.

FATHER DEMPSEY'S HOME

3427 Washington 63103 314/535-7221

www.archstl.org/fatherdempseyscharities Partially furnished apartments from \$250 per month for older men. Some meals are provided. Call for availability.

PETER & PAUL COMMUNITY SERVICE 1025 Park (Soulard) 63104 314/588-7111 (Main number) 314/621-5520

www.ppcsinc.org

In addition to a 60-bed year-round emergency shelter, there is also a year-round transitional housing program. Meals, showers, lockers, medical referrals, living skills classes, and case management. Candidates for the transitional program must be sober and drug-free for a minimum of 30 days and have a willingness to continue treatment. **Housing Rescource Center referral is required. (802-5440.)**

ST. VINCENT DE PAUL SOCIETY CRIMINAL JUSTICE MINISTRY

Release to Rent for Veterans (R2RV) 100 N. Jefferson Avenue 63103 314/881-6013

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

www.hopeismovingin.com

24-hour automated toll-free number: **1-877-70-HOPE4** Live person for appointments (required) **314/657-1705**

Continuum of Care to End Homelessness

The Continuum is the coordinating system for more than 50 nonprofit agencies committed to ending homelessness in the St. Louis Area. To learn more visit **www.hopeismovingin.com**.

CENTER FOR WOMEN IN TRANSITION

7529 South Broadway 314/771-5207

www.cwitstl.org

63111

See page 38 for information about housing for women who have recently been released from prison.

SALVATION ARMY HARBOR LIGHT CENTER 3010 Washington 63103 314/652-3310

Provides meals, shelter, medical referrals, and referrals to Vocational Rehabilitation and the Social Security Adminis tration. Also provides substance abuse treatment for men (except for alcohol) and referrals to clinics and ConnectCare for emergency medical needs. Overnight stays or arrangements can be made for up to 90 day stays.

SUNSHINE MISSION 1520 N. 13th St 63106 314/231-8209

www.sunshineministries.org

Call first or just show up. Offers a men's emergency shelter, men's long term rehabilitation program, women's emergency services, food pantry, and youth programming. The men's shelter is first-come, first-served.

VETERANS AFFAIRS, HOMELESS VETERANS PROGRAM

515 North Jefferson Avenue 63103 314/652-4100 ext/ 55460

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information about this expanding program.

WWW.VA.GOV/HOMELESS

www.StartHereSTL.org For links to the resources in this directory--and more.

HARRIS HOUSE 8327 S. BROADWAY 63111 314/631-4299 www.harrishouse.org

Long-term residential for drug and alcohol addiction. Clients age 21 and older are eligible for highly subsidized rent and meals in separate buildings and programs for men and women. Provides ongoing support and treatment. Provides subsidized housing for clients who desire continuing support. There are many locations throughout the state. Call or check their website for more information.

OXFORD HOUSE 2715 Osage St St Louis, MO 63118 314/772-6771 www.oxfordhouse.org

Oxford House is a concept in recovery from drug and alcohol addiction. Oxford House is structured as a demo cratically run, self-supporting and drug free home. This publicly supported, non-profit 501(c)3 corporation is the umbrella organization which provides the network connecting all Oxford Houses. There are several in the St. Louis area.

HUMANITRI

1120 South Sixth Street, Suite 120 63104 314/772-7720

www.humanitri.org

Humanitri is a part of the St. Louis Continuum of Care for homeless families. Provides up to 24 months of transitional housing and support services. The organization recently received funding to expand the number of transitional housing units they operate. They also offer inmate and prisoner family services, including transportation to state correctional facilities, in addition to other social service programs.

APARTMENT LISTINGS: www.craigslist.com

www.socialserve.com or 1-877-428-8844

HAVEN OF GRACE 1225 Warren 63106 314/621-6507 www.havenofgracestl.org

Haven of Grace is a small residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, household management, and permanent residence.

ST. LOUIS HOPE HOUSE 1611 Hodiamont Avenue 63112 314/382-3801 www.hopehousestl.com

Hope House offers 50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counsel-ing, housing placement assistance, on-site living skills classes, and day care center. Clients must be prior St. Louis City residents and in a shelter for 15-30 days or referred by the Housing Resource Center.

MISSIONARIES OF CHARITY 2500 N. Spring 63113 314/533-2777 314/533-9070

Night shelter for women and children (boys must be under age 5.) Up to three weeks and food is included.

If you are in danger and need assistance, call the National Domestic Violence Hotline and they can connect you to resources in your area 24 hours a day, 7 days a week: 1-800-799-SAFE (7233)

FREE GOVERNMENT CELL PHONES

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website. There are too many to list here.

www.freegovernmentcellphones.net/states/missouri

TRANSITIONAL HOUSING

KAREN HOUSE 1840 Hogan St. 63106 314/621-4052

www.karenhousecw.org

Karen House is a Catholic Worker house of hospitality for homeless women and children in north. Although they work with the Housing Resource Center, they do acceptwalk-ins, based on availablity. Call ahead for space.

WEINMAN SHELTER 314/423-1117

This shelter is located in St. Louis county .Provides housing and supportive services meals for battered women and children for up to three months.

MARIA DROSTE

314/383-5553 7660 Natural Bridge 63121 www.goodshepherdsistersna.com

Transitional housing and supportive services for women only (no children). There are 10 rooms available for \$80/ week or \$320/month which include some meals. Three month residency with additional time available upon re-

OUR LADY'S INN-ST. LOUIS

4223 S. Compton 63111 314/351-4590

Provides emergency maternity shelter for homeless, pregnant women ages 18 and older, and their minor children. OUR LADY'S INN/ST. CHARLES 636/398-5375

JUSTINE PETERSEN

1023 North Grand 63106

314/533-2411

www.justinepetersen.org

Numerous resources leading to home ownership and business loans, including credit building and micro loans.

QUEEN OF PEACE CATHEDRAL TOWER325 N. Newstead63108314/531-051163108

www.qopcstl.org

Offers drug and alcohol treatment programs for women, as well as other services. Works with St. Phillipine's to provide housing. See page 19 for more information.

ROOM AT THE INN 3415 Bridgeland Dr. 63044 314/209-9198

www.divineprovidenceweb.org

Provides emergency short-term housing and additional services. Last permanent address must be in St. Louis county. Women and families, men and families, no single men.

ST. MARTHA'S HALL 314/533-1313 www.saintmarthas.org

St. Martha's Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old andup. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

LYDIA'S HOUSE

314/771-4411

www.lydiashouse.org

Lydia's House is Missouri's largest provider of confidentially-located, furnished apartments for abused women and children for up to 24 months, and is one of the largest programs of its type in the United States. Call for more information.

BEYOND HOUSING

4156 Manchester 63110

314/533-0600

www.BeyondHousing.org

Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.

ST. PHILLIPINE EMERGENCY SHELTER 1015 Goodfellow 63112 314/454-1012

They do not require a referral from HRC, but take people who have gone through a program for drug rehab through Queen of Peace (See the information about Queen of Peace on the previous page).St. Phillipine offers families with children 60-day shelter, providing hot meals, laundry and bathing facilities, referrals to transitional housing to women and children, medical referral, and access to City of St. Louis Homeless Services classes.

SHALOM HOUSE 1040 South Taylor 63110

314/533-1010

www.metrohomelesscenter.org

Shalom House is a 90-day shelter, which provides medical and dental services through Grace Hill Neighborhood Services, mental health services through St. Louis Mental Health Center, and a drug/alcohol day program through BASIC, D.A.R.T., or C-STAR programs. Clients are females (predominantly mentally ill) aged 18 and older only.

WOMEN'S SAFE HOUSE P.O. BOX 63010 63163 24 Hour Crisis Hotline 314-772-4535

www.twsh.org The Women's Safe House is a shelter for battered women

and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children's programs, and limited transportation.

YWCA-PHYLLIS WHEATLEY 2711 LOCUST 63103 314/533-9400 EXT. 227

The facility provides apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, educational and vocational assessment, counseling, job readiness training, job search and referrals, life skills. Call the above number for admission requirements.

for veterans

WWW.STLOUIS.VA.GOV

This website above provides addresses, phone numbers, programs, job openings, contact information, etc., for services provided by the US Department of Veterans Affairs.

Below is a listing of some of the locations and programs that are actively providing services and benefits to veterans here in St. Louis.

VA Medical Center Main Number 314/652-4100 ext 53772

HOPE RECOVERY CENTER 515 North Jefferson Ave. 63103 314/652-4100 ext 55500 A transitional, outpatient center that includes several

mental health & work programs in one new place.

PROJECT HERO 314/802-0700 or 802-8423

St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). The program is on-going and expanding. Call for information.

Release To Rent For Veterans (R2RV) Criminal Justice Ministry of St. Vincent De Paul Society 100 North Jefferson 63103 314/881-6013 http://cjmstlouis.wordpress.com Limited openings in scattered supportive housing for

veterans who are homeless and have a criminal record.

EMPLOYMENT CONNECTION

2838 Market Street 63103 314/333-JOBS (5627) www.employmentstl.org Homeless Veterans Reintegration Program Job placement services and housing. Supportive Services for Veterans' Families Rental assistance, deposits, utilities, etc. Supportive Housing (Project Homecoming)

The veterans' co-ordinator can give you more information.

VET BIZ

4236 Lindell Blvd. 63108 314/531-VETS (9387)

www.vetbiz.com

Assistance is starting or expanding a business includes developing a business plan and sources of funding. Their website has links to many other useful resources.

Regional Alliance for the Troops 314-432-8200 ext. 4167 www.raftt.org

A new website devoted to providing military members, their families and veterans with resources all in one location.

The Mission Continues

1141 South 7th Street 63104 314/588-8805

www.missioncontinues.org

Various programs, projects, job openings and fellowships for returning veterans. Volunteer opportunitiesa available.

www.NationalResourceDirectory.org

A comprehensive website for veterans that includes education, health care, employment, legal support & much more.

www.CommunityofVeterans.org A veterans-only online community.

Suicide Prevention Hotline

1-800-273-TALK (8255) Press 1 for veterans

www.veteransworld.com

www.va.gov

My Next Move for Veterans www.mynextmove.org

VA Medical Center John Cochran Hospital 915 N. Grand 63106 314/652-4100 (Veterans only) 314/289-6418 (Methadone Clinic)

A website with information from the Department of Veterans Affairs about housing and homelessness: www.va.gov/HOMELESS

FOOD PROGRAMS

For information about the Food Stamp (SNAP)program and free application screening, go to this website: www.dss.mo.gov/fsd/fstamp

Emergency food stamps are available. You can apply for emergency or regular food stamps at the locations below or and any **Division of Family Services** office in the city or county of St. Louis.

CHOUTEAU OFFICE 3101 Chouteau 63103 314/933-7000

PRINCE HALL FAMILY SUPPORT 4411 N. Newstead, 3rd Floor 63115 314/877-2000

EMERGENCY FOOD: St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code, with times that they are open, and what's being offered. Some only serve meals to people who live in their area, but if you don't have a permanent address, they usually won't turn you away. It's best to call first if possible.

63101

SHAMROCK AT ST. PATRICK'S CENTER 800 N. Tucker 63101 314/802-0700 Lunch Monday - Friday 12 - 1:00

63103 NEW LIFE EVANGELISTIC CENTER 1411 Locust 63103 314/421-3020 Lunch every day, 11 - 12:30 Sandwiches at the door every evening, 5 - 6 Dinners are for residents only (Free clothing every day from 10 -12.)

THE BRIDGE

(CENTENARY UNITED METHODIST CHURCH) 1610 Olive Street 63103 314/421-3136 Breakfast: Monday - Friday, 7 - 9:30

Lunch: Monday - Saturday, 12 - 12:30 Dinner: Monday - Thursday, 5 -5:30 This church is open every day except Saturday as a **drop-in center**, where you'll find computers and other useful items. Monday - Thursday, 7am - 6pm Friday, 7am - 2pm, Sunday, 4:30 - 6pm

SOCIETY OF ST. VINCENT DE PAUL

100 N. Jefferson Ave. 63103 314/652-8062 www.svdpstl.org Sandwiches at the door Monday through Friday, from 8:30am - 4pm.

CHRIST CHURCH CATHEDRAL

1210 Locust 63103 314/231-3454 Breakfast every Saturday, 7:30 - 8:30

FATHER DEMPSEY'S HOME

3427 Washington 63103

314/535-7221

Soup line and snacks, Monday - Friday, 12 - 12:45. (See the housing section of this book for information about the transitional housing for men available at this location.)

63104 and 63118

SAINTS PETER AND PAUL CATHOLIC CHURCH 816 Allen 63104 314/231-9923 www.ppcsinc.org Lunch, 2nd through 21st of each month and every Saturday and Sunday, 12 - 12:45. Dinner, 2nd through 21st of each month, Monday through Friday, 5 - 5:45 (Call 314-588-7111 for men's shelter information.)

GUARDIAN ANGEL SETTLEMENT & SOCIAL SERVICES AT HOSEA HOUSE 2635 Gravois 63118 314/773-9027

Food pantry open Monday - Friday, 8:30 - 4:30. Primarily for zip codes 63104 and 63118, but will provide food for people without a permanent address.

JOINT NEIGHBORHOOD MINISTRIES 2911 McNair 63118 314/771-3987 www.jnministry.org

Monday, Wednesday, Friday 9:30 - 12 noon. Call first. Unless you are from this area, they can only give out food one time. Other programs available.

FOOD

CHAPEL FOR THE EXCEPTIONAL

3436 Winnebago (at Tennessee) 63118 314/776-7172

Lunch/soup kitchen, Monday - Friday 12 - 12:30. Food Pantry 2 - 2:30, Monday and Friday when available. Call first if possible. Clothing every day. Furniture when available at no cost.l

METRO CHRISTIAN WORSHIP CENTER 3452 Potomac 63118 314/772-8444

Food pantry/baskets, every third Saturday of the month at 12:30. Wednesday and Thursday, 10 - 4. Friday, 10 - 12. Will take walk-ins one time.

SOUP ALLEY TRINITY LUTHERAN CHURCH

812 Soulard Ave. 63104

Noodles and other food distributed Monday - Friday from 9 - 11am and Saturdays, 10 - 12. In the Alley. On Fridays, bags of groceries are available.

ST. VINCENT DE PAUL CATHOLIC CHURCH 1408 S. 10th Street 63104

Lunch Mon - Saturday: 1:00-1:00; Sunday, 10:15-11:15 Dinner: 22nd thru 1st of each month. 5:00-6:00.

24

63106 KAREN HOUSE

1840 Hogan 63106 314/621-1515 www.karenhousecw.org Cold sandwiches every day, all day. Lunch Monday, Wednesday, Friday 12:30 - 3:30

Karen House provides transitional housing for women and children, but their food program is also open to men. Free clothing.every Thursday from 1 - 3:30.

GATEWAY 180:HOMELESSNESS REVERSED 1000 NORTH 19TH STREET 63106 314/231-1515

www.gatewayhomeless.org Brown bag lunches all day, Monday - Friday

63107

Neighborhood Houses: St. James Center 1455 East College 63107

314/261-2220 or 314/383-1733

www.neighborhoodhouses.org Food pantry Monday and Wednesday. Call for times and information about their many other programs, including "Connecting Fathers and Children."

HUNGER HOTLINE: 314/726-5355

www.StartHereSTL.org

VISIT THE START HERE WEBSITE FOR THE LISTINGS IN THIS DIRECTORY AND MORE. www.StartHereSTL.org

FOOD RESOURCES CONTINUE ON PAGE 30



Here's some advice from an experienced homeless person: "Best tip is for folks to study this Resource Directory for programs near them in their area, and apply for as much as they can asap."

STATE ID & BIRTH CERTIFICATES OUTREACH PROGRAM AT THE COLLEGE CHURCH

Parish Center Lower Level

3628 Lindell Blvd just west of Grand 63108

Call **314/977-7308** for details on what's required to receive a birth certificate if you are a city resident. Sign in between 8:45 and 9:30 am on Tuesdays or Wednesdays.

Legal clinics 3rd Wednesday of the month starting at 9:15 . For more information, call 314/977-7300

CITY HALL ROOM 127 1200 Market St.

St. Louis, MO 63103

The Recorder of Deeds Vital Records Office issues certified copies of birth certificates. You may apply for a Certified Birth Certificate either in person or by mail. Cost: \$15.00. Phone: 314/613-3016

Be prepared to provide as many other forms of ID as you can.

http://www.dmv.org/mo-missouri/id-cards.php This website will give information about getting a state ID from the Department of Motor Vehicles

Whats Up Magazine & The Homeless Empowerment Project906 Olive Street Suite 121263101314/241-7744www.whatsupstl.com

www.missouridrugcard.com for prescription assistance.

MERS/Missouri Goodwill Industries 1727 Locust St. 63103 314/241-3464 www.mersgoodwill.org

STREETWISE

HOPE IS MOVING IN

An intensive homelessness prevention program operated by the City of St. Louis. Various types of assistance. Details at **www.hopeismovingin.com**.

24-hour automated toll-free number: **1-877-70-HOPE4** Live person for appointments (required) **314/657-1705**

PANHANDLING

Ordinance #67918 relates to panhandling. It is unlawful to engage in aggressive panhandling. Any panhandling is unlawful under the following circumstances: 1. In any public transportation vehicle 2. Within 50 feet of an automatic teller machine 3 Within 30 feet of a public building entry 4. At any sidewalk cafe 5. Within 50 feet of any school 6 At any bus stop, train stop or cab stand. 7 Within 20 feet of any crosswalk. 8.Within any municipal or government owned building, park, golf course, or playground. No panhandling after 8pm and before 7am. Violation of the ordinance can result in fines, community service, and/or imprisonment.

TRAVELERS AID

702 NorthTucker 63103 314/241-5820 Open Monday - Friday, 9 - 5. They provide bus fare for people wanting to leave St. Louis.

RESTROOMS

Christ Church Cathedral at 12th and Locust is open Monday - Saturday and restroomsare available, in addition to shelter from inclement weather. Coffee and donuts are served every Saturday morning.

HORIZON CLUB OPEN 24 HOURS A DAY 202 N. 23rd Street 63103 314/436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2 - 3:30. Substance abuse counselors are also available.

The employment/training locations listed in this book offer use of a computer if you are registered.

Public Libraries

The main central library is closed for expansion. Central Express is located at 815 Olive Street and provides the use of computers. Not open on weekends. Horizon CLub has computers: See below for more info.

LAUNDRY & SHOWERS

HORIZON CLUB, 202 N. 23rd Street 63103 314/436-1733 Open 24 hours a day. A safe haven drop-in center offering showers, coffiee, lockers, computers, and counseling.

GRACE HILL CLINIC AT ST. PATRICK CENTER800 North Tucker Blvd.63103314/802-070063103

www.stpatrickcenter.org

Nurses and other health care providers see patients at every week day. Another Grace Hill location close to downtown is located at 1717 Biddle Street St. Louis, MO 63106 314/814-8585

MENTAL HEALTH

Community Alternatives: Outpatient Treatment

Voluntary support groups for individuals with a history of homelessness and/or alcoholism. Also, street patrols. **3728 Chouteau Ave. #200, 63110 314/772-8801 x288**

Bridgeway Behavioral Health:

636-757-2300 (St. Charles); 314-652-4200 (St. Louis City) Various programs dealing with mental health, addictions and assault. Call for more information.

BJC Behavioral Health:

1430 Olive Street, 63103.

314/206-3700 5th Floor

Programs to assist with mental health and substance abuse concerns. Outreach and groups available.

HEP (Homeless Employment Program) and **JET** (Job Experience Training. Includes paid stipends and internships.)Through St. Patrick Center 314/802-0700.

YOUTH SERVICES

COVENANT HOUSE

2727 North Kingshighway 63113 314-533-2241

www.covenanthousemo.org

Homeless youth are found in abandoned cars, buildings, warehouses, and other unsafe areas and are offered access to shelter, food, clothing, blankets, showers, laundry facilities, information and referrals, crisis intervention.

The Nineline is a toll free number (1-800-999-9999) answered by trained counselors that can help youth in trouble 24 hours a day, seven days a week.

EPWORTH'S YOUTH DROP-IN CENTER 6900 Delmar 1st Floor

314/222-4877

63130

24-hour crisis Hotline: 314.727.6294 or 1-800.899.KIDS (5437)

Open Monday - Friday, 1-5pm

www.epworth.org

Staff will distribute hygiene kits, safe sex kits and food as needed, as well as life skills and recreational activities. Epworth Children Family Services is located in Webster Groves and offers a variety of services. Call 314/962-5718 for more information.

YOUTH IN NEED

Based in St. Charles, with Outreach programs in St. Louis City Many resources on their website:

www.youthinneed.org.

Emergency shelter and transitional housing available. 636/946-5600

Crisis Hotlne: 636/946-3771

THE SPOT for ages 13 - 24

4169 Laclede 63108 314/535-0413 A drop-in center open Monday - Friday afternoons.

St. Louis Youth Connection Helpline: 1 (877) 928-2929 or 314/628-2929

OUTH SERVICES

63108 TRINITY EPISCOPAL CHURCH 600 North Euclid Ave. 63108 314/361-4655

Hot meal every Sunday at 2pm. Food pantry every Tuesday through Thursday, 1:30 - 3. Need to register first, so bring ID. Canned food and produce.

PILGRIM CONGREGATIONAL UNITED CHURCH OF CHRIST 826 N. Union 63108 314/367-8173 Lunch Wednesdays, 12 -1.

DIGNITY HOUSE

812 Union Blvd. 63108 314/367-0450 www.neighborhoodhouses.org Food Pantry Tuesday and Thursday, 10 -12

63111

ST. TRINITY LUTHERAN CHURCH

517 Koeln 63111 314/353-3276 Food pantry Monday, Wednesday, Saturday 9 - 11.

63112

SOLOMON'S TEMPLE CHURCH

5569 Page Boulevard 63112 314/361-4460 Lunch Wed: 11 – 12.

63113

WEST SIDE MISSIONARY BAPTIST CHURCH 4675 Page Boulevard 63113 314/535-9002 Dinner Monday, Wednesday, Friday 5:30 - 6:30 Food pantry, Tuesday, Wednesday, Thursday 11 - 1.

63115

ST. LOUIS DREAM CENTER
4324 Margaretta Ave. 63115
314/381-0700
www.stldreamcenter.org
Food pantry Monday-Friday: 2-2:50 p.m.
And after Sunday and Tuesday church services
DC Cafe: weekly restaurant style meal that is open to
the community at no charge.
Mobile Food Outreach: Distributes food bags to families in
need of assistance through distribution at the Dream Center

need of assistance through distribution at the Dream Center as well as through delivery points in the surrounding area.

63116

PROPHESY MISSIONARY BAPTIST CHURCH 3404 Roger Place 63116 314/776-2874 Food grab bag, Tuesday 3:30 - 5.

63125

FEED MY PEOPLE171 Kingston Drive63125314/631-490063125Monday-Friday 9 -363125Saturday 9 - 12 noon63125Emergency food is available here.

CIRCLE OF CONCERN 112 St. Louis Avenue

636/861-2623

Valley Park

Primarily a food pantry, but emergency assistance for utilities, prescriptions, rent, is sometimes available.

MEALS ON WHEELS 314/612-5918 Must be over 60 or disabled.

CLOTHING and Household Items

ST. LOUIS DREAM CENTER 4324 Margaretta Ave. 63115

314/381-0700 www.stldreamcenter.org Clothing Boutique. Distributes new and gently used clothing and accessories at no charge. Wed. – Fri. 2-3:30 p.m. Tues. 5:30-6:30 p.m. Sun. 11:30-12:30

CARVER HOUSE

3035 Bell 63106 314/652-8485 Call first. Mostly winter clothing 8:30-5, M-F

GUARDIAN ANGEL SETTLEMENT & SOCIAL SERVICES AT HOSEA HOUSE 2635 Gravois 63118 314/773-9027

Primarily serves zip codes 63104 and 63118. Will supply persons with referrals free of charge. M-F, 9 a.m – noon and 1 - 3 p.m.

CENTRAL REFORM CONGREGATION5020 Waterman Avenue63108314/361-3919314/361-3919Hours: Monday – Friday: 9 a.m. – 5 p.m.

ST. JOHN'S COMMUNITY SERVICE MINISTRY 4138 North Grand Blvd. 63107 314/533-8668 Hours: Monday – Friday 8:30 – 10:30 a.m.

33

ISAIAH 58 MINISTRIES 2149 South Grand 63104 314/776-1410

Provides help with clothing and is also a food pantry. Serves area between Chouteau & Chippewa, between Jefferson & Kingshighway. Hours 10-1 p.m. M-F

KAREN HOUSE

1840 Hogan 63106 314/621-1515 Every Thursday from 1 – 3:00 they offer free clothing.

KINGDOM HOUSE

1321 S. 11th St. 63104 314/421-0400 Tuesday and Thursday, 10-noon. The social worker gives vouchers for clothing.

NEIGHBORHOOD HOUSES: ST. JAMES CENTER 1455 E. College 63107

314/383-1733 Thrift Store on Mondays, 10-12. Very inexpensive or free.

JOINT NEIGHBORHOOD MINISTRY

2911 McNair Ave 63118 314/771-3987 Hours: Tuesday 9:30 a.m. – noon

NEW LIFE EVANGELISTIC CENTER

1411 LOCUST ST. 63103

314/421-3020

Free clothing. Mon, Tues, Thurs, Fri 10- noon Wed. 10-11:30 a.m.

SUNSHINE MISSION INTAKE CENTER 1520 North 13th St. 63106 314/231-8209 Clothing for homeless men.

DRESS FOR SUCCESS 2141 East John 63107 314/534-1004

www.connectionstosuccess.org

Need a referral from a participating organization. Provides "suiting" for women who are going for a job interview. Will also provide an additional set of clothing once the job has been obtained.

ST. PATRICK CENTER 800 N. Tucker 63101 314/802-0700 Tuesday and Thursday from 1 – 2:30

JOINT NEIGHBORHOOD MINISTRIES

7911 McNair – 63118 314/771-3987 Free clothing, Tues. 9:30-12:00

ST. VINCENT DE PAUL CHURCH 1408 South 10th Street 63104 314/231-9328 Free clothing, Wed. 12 – 2

MELVILLE BAPTIST CHURCH HELPING HANDS MINISTRY 802 Kinswood Lane 63129 314/487-4843 www.mehlvillebaptistchurch.org Clothing and food pantry in South County. Call for times.

KOSSUTH CHURCH OF GOD IN CHRIST3225 North Taylor Ave63115314652-416363115

Hours: 2nd and 4th Tuesday of the month from 1 - 2 p.m. with sign in; Every Thursday at noon.

RE-ENTRY

EMPLOYMENT CONNECTION 2838 Market Street 63103 314/333-JOBS (5627) www.employmentstl.org

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants.

Call the above number to reserve a place for work readiness training and job placement assistance. **World of Work (WOW) training is Monday-Thursday, 9am - 3:30pm.** Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

ARCHS Re-Entry Partnerships 539 N. Grand Ave. 63103 314/534-0022

www.stlarchs.org

Offers various mentoring and educational programs for ex-offenders, including a partnership program with the Culinary Department at St. Louis Community College.

FEDERAL BONDING PROGRAM

The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

Department of Economic DevelopmentMissouri Division of Workforce Development421 East Dunklin St.P.O. Box 1087Jefferson City, MO 65102573/526-8217

CAASTL - Community Action Agency of St. Louis County 2709 Woodson Rd. 63114 314/863-0015

www.caastlc.org

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.

CONNECTIONS TO SUCCESS 2141 East John 63107 314/534-1004

www.connectionstosuccess.org

This is a program that is conducted inside several prisons to ready participants for life after release. There is an 80-hour class that focuses on workforce readiness. Once on the outside, other programs include: Dress for Success (for women); Wheels for Success; Personal & Professional Development, among others. **Connections to Success** operates in St. Charles, Belleville, and Kansas City in addition to St. Louis.

MISSION GATE PRISON MINISTRY P.O. Box 6644 Chesterfield, MO 63006 636/391-8560

www.missiongateministry.org

Christian-based Aftercare Program that is available to ex-inmates.There are men's, family and women's residences available in various parts of town.

LET'S START 1408 S. 10th Street

63104

314/241-2324

www.letsstart.org

A comprehensive program for children of incarcerated parents, as well as formerly incarcerated women. Services include transportation to women's prisons for children and weekly support groups.

LEGAL SERVICES OF EASTERN MISSOURI 4232 Forest Park Blvd. 63108 314/534-4200

Free legal services for those who cannot afford an attorney for civil matters, services for individuals who qualify under income guidelines, preventive legal education programs. Clients seen by appointment Mon-Fri. 9 a.m. -5 p.m. Legal Aid:1-800-444-0514

MISSOURI CAREER CENTERS

There are several throughout the area. Workshops and referrals available. See Page 41 for a list of addresses and phone numbers.

CRIMINAL JUSTICE MINISTRY OF SOCIETY OF ST. VINCENT DEPAUL

100 N. Jefferson Ave. 63103 314/652-8062 www.cjmstlouis.wordpress.com

Assistance and services for the incarcerated and their families, victims, and recently released ex-offenders.

DIRECT SERVICES 314/881-6021

Some assistance to newly released (hygienes, clothing, transportation, etc.) is available, but the process begins with a referral by a parole officer.

SOLID START 314/881-6034

Up to a year of supportive housing for men who will be released into the St. Louis Area with major challenges.

RELEASE TO RENT 314/881-6031

www.cjmstlouis.wordpress.com

Up to a year of supportive housing for men who can work full time and are without community support. **IMPORTANT**: The best chance of being accepted to this program is to contact them at least 6 months before your release date.

RELEASE TO RENT FOR VETERANS (R2RV) 314/881-6013

www.cjmstlouis.wordpress.com

Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN www.row-stl.org

306 North Tucker 63101 (City) 314/588-8300

2709 Woodson Rd. Overland 63114 (County) 314/863-0236

Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges, including re-entering the community after incarceration. Much of the focus is on economic independence.

U.S. Department of Justice Re-entry Programs www.ojp.usdoj.gov

CENTER FOR WOMEN IN TRANSITION 7529 South Broadway 63111 314/771-5207

www.cwitstl.org

The Center works with women who are re-entering the area after incarceration with supportive transitional housing.

Courtois House. Applicants must have been released from prison or jail in the past 6 months. Each woman in the program is matched with a volunteer mentor for a one year intensive mentoring relationship. Women in the program do not have to live in our housing for this one-year program. ContactThe Center to fill out an application.

Schirmer House. Opened in 2007, provides housing for 30 women who are fulfilling state-mandated supervision requirement. A referral to this program must come from a PO or caseworker in prison. Schirmer House has 4 full time employees, an on-site probation officer, and a security team.

PROJECT COPE 3529 Marcus 63115 314/389-4804

www.projcope.org

This organization starts working with inmates before they are released. Start by writing a letter to the above address to arrange for an interview and possible entry into this success-ful support program. Project Cope is sponsored by several St. Louis area churches.

Big Brothers Big Sisters-Amachi501 N Grand Blvd, Suite 10063103314/361-5900www.bbbs.org

Matches children of incarcerated parents with a Big Brother or Big Sister in a one-to-one mentoring relationships in conjunction with the Missouri Department of Corrections and six Big Brothers Big Sisters agencies across the state.

www.nationalreentryresourcecenter.org

Research and resources on the topic of re-entry.

The Missouri Department of Corrections has resources and suggestions concerning Reentry at **www.doc.mo.gov**

U. S. APPRENTICESHIP PROGRAMS WWW.DOLETA.GOV/JOBSEEKERS

This is a very comprehensive website. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money for organizations involved in job training. Apprenticeships are available to exoffenders.

www.doleta.gov/jobseekers/career_options.cfm

PARENT LINK 1-800-552-8522 En Espanol 1-888-460-0008

www.parentlink.missouri.edu

Answers, resources, and options regarding parenting concerns. Support for incarcerated parents.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR) www.stlreentry.org

A coalition of groups and agencies working to make the reentry process more successful.

HUMANITRI

Inmate Family Transportation Service 1120 South Sixth Street, Suite 120 63104 314/772-7720

www.humanitri.org

Provides same day, round trip service to twelve of the Missouri State Correctional Facilities. Rides are on the first, second and third Saturday of the month.

MISSOURI DEPT. OF CORRECTIONS www.doc.mo.gov.

Information about re-entry programs and information that is useful for friends and family of incarcerated persons. They also have a link on the homepage called **Reentry Process**.

CAASTL

Community Action Agency of St. Louis County 2709 Woodson Rd. 63114 314-863-0015 www.caastlc.org

314-863-0015 www.caastlc.org Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readi-

ness and placement.

EMPLOYMENT

elow are agencies and organizations intended to assist individuals who may be encountering obstacles to employment. These places receive funding to help people find jobs, so make use of what they have to offer.

GO BACK TO PAGE 35 for information about EMPLOYMENT CONNECTION

CRAIG'S LIST

Website only. Go to **www.craigslist.com**. Look for St. Louis, and see the many jobs that are listed there. They also list housing, for sale items, and other services.

MISSOURI DEPARTMENT OF LABOR AND INDUSTRIAL RELATIONS 3315 West Truman Blvd, Room 213 P.O. Box 504 Jefferson City, MO 65102 573/751-9691 www.dolir.mo.gov

In addition to plenty of information about wages, unemployment comp, etc. it's a good source for potential employers looking for incentives to hire individuals with criminal histories, and service providers and individuals with criminal histories who are looking for assistance in finding jobs.

FEDERAL BONDING PROGRAM

The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

Department of Economic DevelopmentMissouri Division of WorkforceDevelopment421 East Dunklin St.P.O. Box 1087Jefferson City, MO 65102573/526-8217

Year-round Youth Program 314/589-8059

Near Southside Employment Coalition 2649 Pestalozzi Street 63118 314/865-4453 www.nsecworks.org

Training and job placement services.

MISSOURI CAREER CENTERS www.jobs.mo.gov

Personal job search assistance Prove and improve your skills Career exploration tools Workshops Resume assistance Define your skills and goals

(SLATE) St. Louis Agency on Training and Employment	
Downtown	
1520 Market, 3rd Floor	63103
314/589-8000	www.stlworks.com
Central West End	
4811 Delmar	63108
314/877-0916	

Greater Metro Area

Northwoods (Near Natural Bridge/Lucas & Hunt) 26 B North Oaks 63121 314/381-6700

St. Louis County/Deer Creek 3256 Laclede Station Road 63143(314/877-0001

Florissant

4040 Seven Hills Drive Suite 166 314/475-7900

Metropolitan Education and Training Center (MET) 6347 Plymouth Ave. 63133 314/746-0700

For jobs and apprenticeships in construction: www.access-construction-metrostl.com

HEALTHSTREET

www.epi.wustl.edu/Healthstreet Washington University School of Medicine 4306 Manchester 63110 314/531-3034 Participate in clinical research and get paid for it.

Redevelopment Opportunities for Women (ROW) www.row-stl.org

City Office:

306 North Tucker 63101 County Office: 314/588-8300

2709 Woodson Road 63114 314/863-0236

Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges. The focus is on economic independence and employment.

Unemployment Insurance

314/340-4950

ST. LOUIS JOB CORPS CENTER

4333 Goodfellow Boulevard 63120 314/679-6200 www.stlouis.jobcorps.gov

MERS GOODWILL INDUSTRIES

1727 Locust Street 63103 314/241-1133

www.mersgoodwill.org

Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED. Also many other programs and opportunities for employment.

VOCATIONAL REHABILITATION

220 S Jefferson St, Room 110 63103 314/877-2940

In addition to this downtown location, there are three other offices in the St. Louis area.

AMERICORPS

1315 Ann Avenue 63104 314/772-9002

www.americorps-stl.org

Year-round recruitment for people to work in education and disaster relief. Call for more details. They pay a cost of living stipend. It's a good way to network, connect, and learn new skills.

Treatment & Counseling

Alcoholics Anonymous www.aa.org Narcotics Anonymous www.na.org

314/647-3677

314/830-3232

BRIDGEWAY COUNSELING SERVICES 1027 S. Vandeventer 63110 314/652-4200 Various locations. Call for more information.

GRACE HILL CLINIC AT ST. PATRICK 314/802-0700

Provides medical services. Also may be able to help refill meds if you have medication sheet or bottles showing psychotropic prescription until you are able to get established and seen at Hopewell for medication. You must call to schedule an appointment. No walk ins.

HOPEWELL MENTAL HEALTH SERVICES

1504 S. Grand 63104 314/531-1770

Emergency: 314/531-7335

Provides mental health case management and psychiatric services. On site pharmacy for medications prescribed by their doctors. No walk-ins. Must make appointment.

COMMUNITY ALTERNATIVES

3738 Chouteau Ave., Suite 200 63110 314/ 772-8801

www.community-alternatives.org

Provides care and cost-effective services to people with mental health disorders and problems with addiction. Services include assistance with medication and housing. Recently merged with Places For People.

Methadone Treatment and More Center for Life Solutions, Inc. 637 Dunn Rd. Suite 180 63042 314-731-0100

BEHAVIORAL HEALTH RESPONSE

24 hour Crisis Line 314/469-6644
BJC Behavioral Health:
1430 Olive Street, 63103.
314/206-3700 5th Floor

Programs to assist with mental health and substance abuse concerns. Outreach and groups available.

HOPEWELL MENTAL HEALTH SERVICES 1504 S. Grand 63104 314/531-1770 Emergency: 314/531-7335

Provides mental health case management and psychiatric services. On site pharmacy for medications prescribed by their doctors. No walk-ins. Must make appointment.

COMMUNITY ALTERNATIVES 314/ 772-8801

www.community-alternatives.org

Provides care and cost-effective services to people with mental health disorders and problems with addiction. Services include assistance with medication and housing. Recently merged with Places For People.

MY REDEEMER LIVES MINISTRY

7315 Winchester Dr. 63121 314/367-8383

Weekends and emergency: 314/382-8266 Offers recovery support services for substance abuse Mostly an access point and gives vouchers for other programs and transportation.

QUEEN OF PEACE CATHEDRAL TOWER 325 N. Newstead St. Louis, MO 63108 314/531-0511

Drug and alcohol treatment programs and other service for women. Works with St. Phillipine to provide housing. Call for information. Referral not required.

PROVIDENT COUNSELLING

314/533-8200 for appointments

Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

SLIDING SCALE COUNSELING CENTERS

Provident Counseling 314/533-8200 Catholic Family Services 314/544-3800 Luthern Family Services 314/787-5100

Annie Malone Children & Family Center 314/531-0120 or 2612

www.anniemalone.com Parenting education, self-help, counseling.

RAVEN (Non-violence education for men.) 7314 Manchester 63143 314/645-2075 www.RavenSTI.org

STEPPING INTO THE LIGHT

1402 Hebert 63107 314/231-5175

Very strict drug and alcohol rehab center. Requires 90 days in-house. Once employed there is a \$65/week charge.

WEST END MT. CARMEL OUTREACH

5935 Horton Place 63112 Substance Abuse Hotline: 314/226-4669 Main number 314/863-5892

ST. LOUIS COUNTY FAMILY & COMMUNITY SERVICES 314/615-4516

ST. LOUIS EMPOWERMENT CENTER 3024 Locust 63103 314/652-6100 Friendship Line: 866/525-1442 A drop-in center for the mentally ill. Offers socialization and self-help groups. Open M-F 9 - 5, weekends 7 - 3. Tv, books, pool table. They serve lunch daily.

LEGAL SERVICES

LEGAL AID

(Legal Services of Eastern Missouri) 4232 Forest Park 63108 314/534-4200 www.lsem.org

STATE PUBLIC DEFENDER Missouri State Public Defender System 231 East Capitol Ave. Jefferson City, MO 65101 573/526-5210

FEDERAL BONDING PROGRAM

The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants who are qualified, but fail to get jobs because regular commercial bonding is denied due to their backgrounds.

Contact:

Bonding Service Coordinator Department of Economic Development Missouri Div. of Workforce Development 421 East Dunklin St. P.O. Box 1087 Jefferson City, MO 65102 573/526-8217

ARCH CITY DEFENDERS

Criminal Defense Attorneys 812 N. Collins Alley Laclede's Landing 314/827-5062 63102

www.archcitydefenders.org

Provide free or low cost holistic legal representation to individuals facing state prosecution. They do not take civil cases, but will represent people facing misdemeanor and felony charges.

MISSOURI BAR LAWYER REFERRAL SERVICE 314/621-6681 www.mobar.org

AMERICAN CIVIL LIBERTIES UNION (ACLU)

4557 Laclede Ave. 63108 314/652-3111 www.aclu-em.org

GATEWAY LEGAL SERVICES

200 North Broadway 63102 314/534-0404 www.gatewaylegal.org

A self funded non-profit organization dedicated to helping the poor, disabled, and consumers. **Works with SSI claims**, among other things.

LEGAL ASSISTANCE WEBSITES

www.courts.mo.gov www.stlcin.missouri.org Attorney General's Office www.ago.mo.gov Victims of Crime www.okbemad.org Legal Services of Missouri www.lsmo.org

JAIL DIVERSION PROGRAM

St. Louis City 314/621-5848, ext. 1023

CATHOLIC LEGAL ASSISTANCE MINISTRY 321 N. Spring 63108 No Walk-Ins. Call first. (314/977-3993

Interfaith Legal Services for Immigrants 4158 Lindell Blvd. 63108 314/371-4640 www.ilsilegal.org

A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families in eastern Missouri.

Legal Advocates for Abused Women 314/535-5229

for DADS

THE FATHERHOOD INITIATIVE 1911 North Taylor 63113 314/535-0017 www.ccstl.org

An eight-week intensive program, which meets for several hours daily, helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services.

www.fatherhood.org/insideoutdad

A national program that works to develop strong relationships between fathers who have been incarcerated and

CHILD SUPPORT HOTLINE 1-800-859-7999

If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and other assistance to improve child-parent relations.

EMPLOYMENT CONNECTION 2838 Market Street 63103 314/333-JOBS (5627) www.employmentstl.org Pathways to Responsible Fatherhood Includes parenting, economic stability and legal services.

FATHERS' SUPPORT CENTER4411 N Newstead Ave.63115314/333-41700www.fatherssupportcenter.orgProvides a wide variety of programs and services aimed atimproving outcomes for children.

BETTER FAMILY LIFE 5535 Delmar Blvd, Ste 2100 63112 314/367-3440 www.betterfamilylife.org

Several locations. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes.

MISCELLANEOUS

MISCELLANEOUS

CLUB CATHEDRAL

Tucker and Locust 63103 314/231-3454

From 8-11 AM Saturdays. The Cathedral is open every day and **restrooms are available**.

ST. PATRICK PARTNERSHIP CENTER 800 North Tucker 63101 314/802-0700

The Partnership Center provides home living skills training and open market housing for individuals referred by agencies within the Homeless Services Network. Employment training, child care, GED, and vocational referrals available.

FAMILY RESOURCE CENTER 3309 South Kingshighway 63139 314/534-9350

FREE GOVERNMENT CELL PHONES

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website--too many to list here. www.freegovernmentcellphones.net/states/missouri

PARENT LINK

1-800-552-8522 En Español 1-888-460-0008 www.parentlink.missouri.edu

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

Catholic Charities: Community Services

Midtown 1202 S. Boyle 314-534-1180 www.midtowncc.org

63110

For smokers: The Quitline number is 1-800-QUIT-NOW (1-800-784-8669)

DEPARTMENT OF VETERANS' AFFAIRS (VA) 400 South 18th Street 63103 1-800/827-1000 www.va.gov

The VA interviews homeless veterans for service-connected disability or pension benefits, if eligible. Job referral service is available through the Missouri State Employment Service.

COMMUNITY ALTERNATIVES

3738 Chouteau Ave., Suite 200 63110 314/ 772-8801

www.community-alternatives.org

Provides care and cost-effective services to people with mental health disorders, including assistance with medication and housing. They specialize in serving the "hidden homeless."

FAMILY CARE HEALTH CENTERS www.fchcstl.org

Carondelet

Forest Park Southeast

401 Holly Hills Avenue St. Louis, Missouri 63111 (314) 353-5190

4352 Manchester Avenue St. Louis, Missouri 63110 (314) 531-5444

Patients without insurance are served on a sliding fee based upon income and family size.Includes pharmacy, dental and prenatal care. Interpreters provided.

Redevelopment Opportunities for Women (ROW)

www.row-stl.org 306 North Tucker 63101 (City Office) 314/588-8300 2709 Woodson Rd. Overland 63114 (County Office) 314/863-0236 Programs that stabilize lives and create opportunities

Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges.

(CIN)ST. LOUIS COMMUNITY INFORMATION NETWORK WWW.stlouis-mo.gov

MORE PHONE NUMBERS

Numbers are area code 314 unless otherwise listed.

Aids Testing and Information	547-1144
Alcoholics Anonymous	647-3677
Central Police Station, St. Louis City	444-2500
Connect Care (Delmar)	361-2273
Consumer Credit Counseling Service	I-888/656-2227
County Police, general information	889-2341
Family Support Network	644-5055
GED Hotline	I-800/626-9433
Grace Hill Water Tower	898-1717
Hopewell Community Mental Health	531-1770
CASA DE SALUD Health Center	762-1261
Manpower Temporary Agency	241-1356
Metroplolitan Psychiatric Center	877-0500
Missouri Career Centers	381-6700
Narcotics Anonymous	830-3232
Office Team Temporary Agency	621-8888
People's Health Center (Delmar)	367-7848
Planned Parenthood	531-7526
Public Defender, City	340-7625
Public Defender, County	615-4778
Redevelopment Opportunities for Women	588-8300
Safe Connections for abuse victims	531-2003
Social Security Administration (SSI,SSDI)	621-2704
St. Louis City Justice Center	621-5848, ext 1044
St. Louis Community College	644-5522
Substance Abuse Hotline	226-4669
Urban League	615-3600
VA Medical Center	652-4100 ext 5377
Veteran's Administration	652-4100
Victim Service Council	615-4872
Woman's Place, drop-in for abuse victims	645-4848

PHONE NUMBERS

for IMMIGRANTS

INTERNATIONAL INSTITUTE 3654 South Grand Blvd. 63118 314/773-9090 www.iistl.org

Services include English classes for adults, job search, employment training, refugee resettlement, immigration application preparation, mental health services, elderly services, counseling, services to victims of domestic violence or human trafficking, translation services, assistance with starting a business, and more

CASA de SALUD 3200 Chouteau Avenue 63103 314/762-1251 www.casadesaludstl.org

Comprehensive medical services and referral services, primarily for adults, including preventive and immunizations.

The Center for Survivors of Torture & War Trauma 1077 S. Newstead Avenue 63110

314/533-4114 www.stlcenterforsurvivors.org In addition to various forms of counseling and therapy, CSTWT offers survivors and their families an extensive youth program as well as casework services including asylum documentation and referrals for further social service or personal care needs.

LAMP: Language Access Metro Project 8050 Watson Road Suite 340 63119 314/842-0062 1-866-948-7133 www.lampinterpreters.org Translation services. Specialists in medical interpreting.

For information about services and events for the Latino community, visit the website: www.hispanictown.com

Interfaith Legal Services for Immigrants 4158 Lindell Blvd. 63108 314/371-4640 www.ilsilegal.org

A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families in eastern Missouri.

ESOL (English to Speakers of Other Languages/ Bi-lingual) Program St. Louis Public Schools 3125 S. Kingshighway 63139 314/776-1686