Start Here

St. Louis Area Resource Directory

Produced by
INSIDE DHARMA,
a Buddhist outreach program

SAINT LOUIS, MISSOURI
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This is the fourth edition, seventh printing, of the Start Here St. Louis Area Resource Directory. The book and corresponding website are produced by Inside Dharma, a Buddhist prison outreach program that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area.

In addition to addresses and phone numbers, we've provided the website address for most these organizations. Looking at an agency’s website will provide more information about the place before you call them or go there.

Visit the Start Here website for more information about the organizations listed here and additional listings as we add updates.

www.StartHereSTL.org
CONTENTS

4 HOTLINES AND WARM LINES
6 ST. PATRICK CENTER
7 DROP-IN CENTERS

HOUSING
Shelters for Men  8
Shelters for Women and Families  9
Transitional Housing For Men, Women & Families  12

20 FOR VETERANS
22 FOOD PROGRAMS and FOOD STAMPS
Pantries, Hot Meals, Sandwiches

26 STREETWISE
29 YOUTH SERVICES
32 CLOTHING AND HOUSEHOLD ITEMS
35 RE-ENTRY
40 EMPLOYMENT
43 TREATMENT & COUNSELLING
46 LEGAL SERVICES
48 FOR DADS
49 MISCELLANEOUS RESOURCES
51 MORE PHONE NUMBERS
52 FOR IMMIGRANTS
This is an important phone number. Most (not all) of the shelters and transitional housing locations in both the city and county will tell you that you need to be referred by the Housing Resource Center, (HRC) so you can save yourself some time by calling the above number or visiting their downtown location first. If you need immediate shelter, go to 800 North Tucker early in the morning, rather than call.

HOUSING RESOURCE CENTER
314/802-5440

CHURCH FOOD PANTRIES
Many churches offer hot meals and sandwiches, operate food pantries and provide other services through parishes located throughout the city. To find the location nearest you, call the referral hotline: 314/531-7837.

2-1-1
• Operated by United Way 24/7.
• Alternate Number: 1-800/427-4626
• Counseling, education, employment, etc. Mainly referrals.

OPERATION WEATHER SURVIVAL: 2-1-1 or 1-800/427-4626. For a list of weather shelters and other weather-related information.

HUNGER HOTLINE: OPERATION FOOD SEARCH 726-5355 extension 3.
This organization provides an automated list of food pantries by zip code. You’ll be directed to put in your zip code, and they’ll give a list of all of the pantries in your area. Have a pen and paper ready.

St. Louis City Government Website:
www.stlouis-mo.org/government
A website for shelters and resources in out-state Missouri.
www.HomelessShelterDirectory.org

St. Louis County Community Action Agency
314/863-0015
Hotlines & Warm Lines

ALIVE, domestic violence 314/993-2777
BJC Behavioral Health Response
  24-hr mental health crisis hotline 314/469-6644
Covenant House Youth Hotline 1-800-999-9999
CRISIS NURSERY, 24-hour emergency care for children 314/768-3201
Epworth Street Outreach (YES) 314/727-6294
GED Hotline 800/626-9433
Life Crisis Suicide Hotline 314/647-4357
MO Child Abuse and Neglect 1-800-392-3738
Runaway Switchboard 1-800-621-4000
Safe Connections, domestic violence 314/531-2003
Women’s Safe House 314/772-8952

Hope Hotline for Mortgage assistance
1-888-995-HOPE (4673)  www.995hope.org

ENERGY ASSISTANCE/LIHEAP
St. Louis City: Urban League 314/615-3600
St. Louis County: CAA 314/863-0015

SERVICES FOR IMMIGRANTS
INTERNATIONAL INSTITUTE
3654 South Grand Blvd. 63118
314/773-9090  www.iistl.org

ST. LOUIS YOUTH CONNECTION HELPLINE:
1-877/928-2929 or 314/628-2929

HOMELESSNESS PREVENTION City of St. Louis
24-hour automated toll-free number: 1-877-70-HOPE4
Live person for appointments (required) 314/657-1705

GRACE HILL
Grace Hill has been offering health care and other services for
many years. The organization offers a wide variety of services and
programs throughout the St. Louis area. You can get more informa-
tion by going to their website at:  www.gracehill.org.
Grace Hill Neighborhood Health Centers, Inc.
For locations and for an appointment 314/814-8700
Main number 314/898-1700
ST. PATRICK CENTER
800 North Tucker  63101
314/802-0700
www.stpatrickcenter.org
The St. Patrick Partnership Center is a
one-stop location downtown that offers
more than 25 programs and 13 partner organizations, all
in one place. Programs include:
Direct Assistance (food, clothing, utilities, hot lunches,
etc.); Referrals to Shelters; Rental and Mortgage pay-
ment Assistance; Counselling; Tutoring and GED classes;
Health and Dental Care through Grace Hill; Mental Health
Services; Legal Services; Day Care; Life Skills, small busi-
ness development, and more.

McMurphy’s Grill, a popular downtown restaurant,
employs workers as part of a job training program.

Alumni Club (Shamrock Evening Program)
provides employment training, financial counseling, 12-
step and substance abuse counseling, (and dinner) in a
safe, supportive environment.

Other St. Patrick Center Programs:
Assertive Community Treatment (ACT); Casserole
Program; City Seeds Urban Farm; Mobile Outreach; Sham-
rock Day Program; Shamrock Evening Program; Intensive
Case Management (ICM); Women’s Night Program; HEP
(Homeless Employment Program) and JET (Job Experi-
ence Training. Includes paid stipends and internships.)

Call the main number 314/802-0700
or go directly to 800 North Tucker. The
Housing Resource Center is also located
at this address.

An intake appointment is required
before participating in most
of the programs.
These drop-in centers in downtown St. Louis provide essential items and services, including computers.

HORIZON CLUB  OPEN 24 HOURS A DAY
202 N. 23rd Street  63103  314/436-1733
This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2 - 3:30. Substance abuse counselors are also available.

CENTENARY CARES/THE BRIDGE
1610 Olive  63103
314/421-3136
Provides mailing address, hygiene items, computers, referrals to other agencies. Grace Hill nurses available.
Birth certificates: Tuesdays, 9:30am
Breakfast, Monday - Friday 7 - 9:30am
Lunch, Monday - Friday 12 - 12:30pm
Dinner, Sunday - Thursday 5 - 5:30pm

ST. LOUIS EMPOWERMENT CENTER
3024 Locust  63103
314/652-6100  Friendship Line: 1-866/525-1442
A drop-in center for the mentally ill. Open 365 days a year.
Lunch daily. Open 9 - 5 weekdays. Weekends 7 - 3.

THE SPOT for ages 13 - 24
4169 Laclede  63108
314/535-0413
A drop-in center with computers, medical care, HIV testing, and more. Open 1 - 5 weekdays

PUBLIC LIBRARIES provide computers and computer labs that give immediate access to the internet.

While you’re there, check our website at www.StartHereSTL.org
NEW LIFE EVANGELISTIC CENTER
1411 LOCUST STREET  63103
314/421-3020
www.newlifeevangelisticcenter.org
Women and children are now accepted at 1411 Locust. Average stay is ten days. Call for more information. A Housing Resource Center referral is *not* required.

PETER & PAUL COMMUNITY SERVICE
1025 Park (Soulard)  63104
314/588-7111 (Main number)
www.ppcsinc.org
Assists homeless and near-homeless single men.  60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in. Go to 800 N. Tucker early in the morning to see if they have beds available that day.

SALVATION ARMY HARBOR LIGHT
3010 Washington  63103
314/652-3310
Provides meals, shelter, medical and other referrals. Also, substance abuse treatment and referrals to clinics and ConnectCare for emergency medical needs. Housing Resource Center referral is required.

SUNSHINE MINISTRIES
1520 N. 13th St.  63106
314/231-8209
www.sunshineministries.org
Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.
GATEWAY 180: HOMELESSNESS REVERSED
1000 North 19th Street   63106
314/231-1515
www.gatewayhomeless.org
www.gateway180.org
Formerly known as Christian Service Center and Gateway Homeless Services, Gateway 180 is the largest 24-hour emergency shelter for single women and families in the state of Missouri. The shelter provides safe, nurturing emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients’ specific needs. In addition to three home-cooked meals being available to clients, brown bag lunches are available to drop-ins. The organization works with Grace Hill and Washington University to provide health services.

Gateway180 is a member of the St. Louis City Continuum of Care. Learn more at www.HopeIsMovingIn.com or www.StLouisCitycoc.com

http://www.hud.gov
This is the website for HUD, the Department of Housing and Urban Development. There is quite a bit of information on this website concerning housing, mortgage loans, rental subsidies, etc.

Admission to most shelters in St. Louis City AND County requires a referral from the Housing Resource Center. Call 314/802-5440 or go to 800 North Tucker.
KAREN HOUSE  
1840 Hogan St. 63106  314/621-4052  
www.karenhousecw.org  
Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call ahead for space.

NEW LIFE EVANGELISTIC CENTER  
1411 Locust 63103  314/421-3020  
www.newlifeevangelisticcenter.org  
Temporary emergency shelter. Usually thought of as a men’s shelter, New Life is now accepting women and children and housing them on separate floors. Computers are available.

ST. PATRICK PARTNERSHIP CENTER  
800 North Tucker 63101  314/802-0700  
www.stpatrickcenter.org  
St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE EMERGENCY SHELTER  
1015 Goodfellow 63112  314/454-1012  
www.qopcstl.org  
They do not require a referral from HRC, but take people who have gone through a program for drug rehab through Queen of Peace. St. Phillipine offers families with children 60-day shelter with numerous services. See page 18.

OUR LADY’S INN  
www.ourladysinn.org  
Emergency maternity shelter for pregnant women, 18 and older.

ST. LOUIS  
4223 South Compton 63111  314/351-4590  
ST. CHARLES  
3607 Highway D, Defiance 63341  636/398-5375

WEINMAN CENTER  
314/423-1117  
Shelter, court advocacy, professional therapy for women and children, support groups for women and children, Safe at Home application assistance, follow up services.
LYDIA’S HOUSE  
P.O. Box 2722  63116  314/771-4411  
www.lydiashouse.org
Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

WOMEN’S SAFE HOUSE  
314/772-4535 (24-hour crisis hotline)  
www.twsh.org
A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children’s programs, and limited transportation.

PLACES FOR PEOPLE  www.placesforpeople.org
Supportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.
Lindell Location  Chouteau Location  
4130 Lindell, Blvd.  3738 Chouteau  63110  314/535-5600  314/772-8801

MISSIONARIES OF CHARITY  
3629 Cottage  63113
314/533-2777
Emergency shelter for women with children under five. Men’s shelter during winter months when available.

SHALOM HOUSE  
1040 South Taylor  63110  314/534-1010  
www.shalomhousestl.org
The Shalom House 90-day, 25-bed Emergency Shelter provides emergency shelter for women suffering from persistent mental illness and/or chemical dependency. Shalom House also provides longer term transitional housing and various supportive services.

THE SALVATION ARMY FAMILY HAVEN  
10740 West Page Ave.  63132  314/423-7770
Will take families, but no single men. 120-day emergency shelter and resource offering many programs focused on children and stability.
Most programs require a referral from the Housing Resource Center. Call 314/802-5440 to get the process started.

**ALMOST HOME**  
3200 St. Vincent  63104  
314/771-4663  
www.almosthomestl.org  
Almost Home is a transitional residence for teen-age mothers with up to two children. The program is nine months long and may be extended.

**GATEWAY 180: HOMELESSNESS REVERSED**  
1000 North 19th  63106  
314/231-1515  
www.gateway180.org  
(Formerly the Christian Service Center and Gateway Homeless Services.) A 90-day, 24-hour shelter for single women with or without dependent children, married couples with or without dependent children, and single fathers with dependent children. Life skills programs, medical and psychological care, and other supportive services with the goal of transitional and permanent, stable housing for families.

**PLACES FOR PEOPLE**  
4130 Lindell Blvd.  63108  314/535-5600  
www.placesforpeople.org  
In addition to assisting people in renting apartments from private landlords, PfP also owns and manages apartments for people with special needs. Also emergency housing, and daytime activities at “The Club.” Places for People recently merged with Community Alternatives to provide more services for the mentally ill.

**PLACES AT PAGE**  
Provides supported housing for people with severe mental illness. Contact information at Places for People, above.
FATHER DEMPSEY’S HOME
3427 Washington 63103
314/535-7221
www.archstl.org/fatherdempseyscharities
Partially furnished apartments from $250 per month for older men. Some meals are provided. Call for availability.

PETER & PAUL COMMUNITY SERVICE
1025 Park (Soulard) 63104
314/588-7111 (Main number)
314/621-5520
www.ppcsinc.org
In addition to a 60-bed year-round emergency shelter, there is also a year-round transitional housing program. Meals, showers, lockers, medical referrals, living skills classes, and case management. Candidates for the transitional program must be sober and drug-free for a minimum of 30 days and have a willingness to continue treatment. Housing Resource Center referral is required. (802-5440.)

ST. VINCENT DE PAUL SOCIETY CRIMINAL JUSTICE MINISTRY
Release to Rent for Veterans (R2RV)
100 N. Jefferson Avenue 63103
314/881-6013
Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

www.hopeismovingin.com
24-hour automated toll-free number: 1-877-70-HOPE4
Live person for appointments (required) 314/657-1705

Continuum of Care to End Homelessness
The Continuum is the coordinating system for more than 50 nonprofit agencies committed to ending homelessness in the St. Louis Area.
To learn more visit www.hopeismovingin.com.
CENTER FOR WOMEN IN TRANSITION
7529 South Broadway  63111
314/771-5207  www.cwitstl.org
See page 38 for information about housing for women who have recently been released from prison.

SUNSHINE MISSION
1520 N. 13th St  63106
314/231-8209  www.sunshineministries.org
Call first or just show up. Offers a men’s emergency shelter, men’s long term rehabilitation program, women’s emergency services, food pantry, and youth programming. The men’s shelter is first-come, first-served.

VETERANS AFFAIRS,
HOMELESS VETERANS PROGRAM
515 North Jefferson Avenue  63103
314/652-4100 ext/ 55460
Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information about this expanding program.

WWW.VA.GOV/HOMELESS

www.StartHereSTL.org
For links to the resources in this directory--and more.
HARRIS HOUSE
8327 S. BROADWAY  63111
314/631-4299
www.harrishouse.org
Long-term residential for drug and alcohol addiction. Clients age 21 and older are eligible for highly subsidized rent and meals in separate buildings and programs for men and women. Provides ongoing support and treatment. Provides subsidized housing for clients who desire continuing support. There are many locations throughout the state. Call or check their website for more information.

OXFORD HOUSE
2715 Osage St
St Louis, MO 63118
314/772-6771
www.oxfordhouse.org
Oxford House is a concept in recovery from drug and alcohol addiction. Oxford House is structured as a democratically run, self-supporting and drug free home. This publicly supported, non-profit 501(c)3 corporation is the umbrella organization which provides the network connecting all Oxford Houses. There are several in the St. Louis area.

HUMANITRI
1120 South Sixth Street, Suite 120
63104
314/772-7720
www.humanitri.org
Humanitri is a part of the St. Louis Continuum of Care for homeless families. Provides up to 24 months of transitional housing and support services. The organization recently received funding to expand the number of transitional housing units they operate. They also offer inmate and prisoner family services, including transportation to state correctional facilities, in addition to other social service programs.

APARTMENT LISTINGS:
www.craigslist.com
www.socialserve.com or 1-877-428-8844
HAVEN OF GRACE
1225 Warren 63106
314/621-6507
www.havenofgracestl.org
Haven of Grace is a small residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, household management, and permanent residence.

ST. LOUIS HOPE HOUSE
1611 Hodiamont Avenue 63112
314/382-3801
www.hopehousestl.com
Hope House offers 50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, housing placement assistance, on-site living skills classes, and day care center. Clients must be prior St. Louis City residents and in a shelter for 15-30 days or referred by the Housing Resource Center.

MISSIONARIES OF CHARITY
2500 N. Spring 63113
314/533-2777 314/533-9070
Night shelter for women and children (boys must be under age 5.) Up to three weeks and food is included.

If you are in danger and need assistance, call the National Domestic Violence Hotline and they can connect you to resources in your area 24 hours a day, 7 days a week:
1-800-799-SAFE (7233)

FREE GOVERNMENT CELL PHONES
If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website. There are too many to list here.

www.freegovernmentcellphones.net/states/missouri
KAREN HOUSE
1840 Hogan St. 63106
314/621-4052
www.karenhousecw.org
Karen House is a Catholic Worker house of hospitality for homeless women and children in north. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call ahead for space.

WEINMAN SHELTER
314/423-1117
This shelter is located in St. Louis county. Provides housing and supportive services meals for battered women and children for up to three months.

MARIA DROSTE
314/383-5553
7660 Natural Bridge 63121
www.goodshepherdsistersna.com
Transitional housing and supportive services for women only (no children). There are 10 rooms available for $80/week or $320/month which include some meals. Three month residency with additional time available upon re-

OUR LADY’S INN-ST. LOUIS
4223 S. Compton 63111
314/351-4590
Provides emergency maternity shelter for homeless, pregnant women ages 18 and older, and their minor children.

OUR LADY’S INN/ST. CHARLES
636/398-5375

JUSTINE PETERSEN
1023 North Grand 63106
314/533-2411
www.justinepetersen.org
Numerous resources leading to home ownership and business loans, including credit building and micro loans.
QUEEN OF PEACE CATHEDRAL TOWER  
325 N. Newstead  63108  
314/531-0511  
www.qopcstl.org  
Offers drug and alcohol treatment programs for women, as well as other services. Works with St. Phillipine’s to provide housing. See page 19 for more information.

ROOM AT THE INN  
3415 Bridgeland Dr.  63044  
314/209-9198  
www.divineprovidenceweb.org  
Provides emergency short-term housing and additional services. Last permanent address must be in St. Louis county. Women and families, men and families, no single men.

ST. MARTHA’S HALL  
314/533-1313  
www.saintmarthas.org  
St. Martha’s Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old and up. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

LYDIA’S HOUSE  
314/771-4411  
www.lydiashouse.org  
Lydia’s House is Missouri’s largest provider of confidentially-located, furnished apartments for abused women and children for up to 24 months, and is one of the largest programs of its type in the United States. Call for more information.

BEYOND HOUSING  
4156 Manchester  63110  
314/533-0600  
www.BeyondHousing.org  
Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.
ST. PHILLIPINE EMERGENCY SHELTER
1015 Goodfellow  63112
314/454-1012
They do not require a referral from HRC, but take people who have gone through a program for drug rehab through Queen of Peace (See the information about Queen of Peace on the previous page). St. Phillipine offers families with children 60-day shelter, providing hot meals, laundry and bathing facilities, referrals to transitional housing to women and children, medical referral, and access to City of St. Louis Homeless Services classes.

SHALOM HOUSE
1040 South Taylor  63110
314/533-1010
www.metrohomelesscenter.org
Shalom House is a 90-day shelter, which provides medical and dental services through Grace Hill Neighborhood Services, mental health services through St. Louis Mental Health Center, and a drug/alcohol day program through BASIC, D.A.R.T., or C-STAR programs. Clients are females (predominantly mentally ill) aged 18 and older only.

WOMEN’S SAFE HOUSE
P.O. BOX 63010  63163
24 Hour Crisis Hotline
314-772-4535
www.twsh.org
The Women’s Safe House is a shelter for battered women and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children’s programs, and limited transportation.

YWCA-PHYLLIS WHEATLEY
2711 LOCUST  63103
314/533-9400 EXT. 227
The facility provides apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, educational and vocational assessment, counseling, job readiness training, job search and referrals, life skills. Call the above number for admission requirements.
for VETERANS

WWW.STLOUIS.VA.GOV
This website above provides addresses, phone numbers, programs, job openings, contact information, etc., for services provided by the US Department of Veterans Affairs.

Below is a listing of some of the locations and programs that are actively providing services and benefits to veterans here in St. Louis.

**HOPE RECOVERY CENTER**
515 North Jefferson Ave.  63103
314/652-4100 ext 55500
A transitional, outpatient center that includes several mental health & work programs in one new place.

**PROJECT HERO**
314/802-0700 or 802-8423
St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). The program is on-going and expanding. Call for information.

**Release To Rent For Veterans (R2RV)**
Criminal Justice Ministry of St. Vincent De Paul Society
100 North Jefferson  63103
314/881-6013
http://cjmstlouis.wordpress.com
Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

**EMPLOYMENT CONNECTION**
2838 Market Street  63103
314/333-JOBS (5627)
www.employmentstl.org
Homeless Veterans Reintegration Program
Job placement services and housing.

**Supportive Services for Veterans’ Families**
Rental assistance, deposits, utilities, etc.

**Supportive Housing (Project Homecoming)**
The veterans’ co-ordinator can give you more information.
VET BIZ
4236 Lindell Blvd. 63108
314/531-VETS (9387)
www.vetbiz.com
Assistance is starting or expanding a business includes developing a business plan and sources of funding. Their website has links to many other useful resources.

Regional Alliance for the Troops
314-432-8200 ext. 4167
www.raftt.org
A new website devoted to providing military members, their families and veterans with resources all in one location.

The Mission Continues
1141 South 7th Street 63104
314/588-8805
www.missioncontinues.org
Various programs, projects, job openings and fellowships for returning veterans. Volunteer opportunities available.

A comprehensive website for veterans that includes education, health care, employment, legal support & much more.

www.CommunityofVeterans.org
A veterans-only online community.

Suicide Prevention Hotline
1-800-273-TALK (8255) Press 1 for veterans
www.veteransworld.com

www.va.gov
My Next Move for Veterans
www.mynextmove.org

VA Medical Center John Cochran Hospital
915 N. Grand 63106
314/652-4100 (Veterans only)
314/289-6418 (Methadone Clinic)

A website with information from the Department of Veterans Affairs about housing and homelessness:
www.va.gov/HOMELESS
EMERGENCY FOOD: St. Louis offers a variety of places to go for emergency food. We’ve listed some of them by zip code, with times that they are open, and what’s being offered. Some only serve meals to people who live in their area, but if you don’t have a permanent address, they usually won’t turn you away. It’s best to call first if possible.

63101
SHAMROCK AT ST. PATRICK’S CENTER
800 N. Tucker 63101
314/802-0700
Lunch Monday - Friday 12 - 1:00

63103
NEW LIFE EVANGELISTIC CENTER
1411 Locust 63103 314/421-3020
Lunch every day, 11 - 12:30
Sandwiches at the door every evening, 5 - 6
Dinners are for residents only
(Free clothing every day from 10 -12.)
THE BRIDGE
(CENTENARY UNITED METHODIST CHURCH)
1610 Olive Street  63103
314/421-3136
Breakfast: Monday - Friday, 7 - 9:30
Lunch: Monday - Saturday, 12 - 12:30
Dinner: Monday - Thursday, 5 -5:30
This church is open every day except Saturday as a drop-in center, where you’ll find computers and other useful items. Monday - Thursday, 7am - 6pm
Friday, 7am - 2pm, Sunday, 4:30 - 6pm

SOCIETY OF ST. VINCENT DE PAUL
100 N. Jefferson Ave.  63103
314/652-8062
www.svdpstl.org
Sandwiches at the door Monday through Friday, from 8:30am - 4pm.

CHRIST CHURCH CATHEDRAL
1210 Locust  63103
314/231-3454
Breakfast every Saturday, 7:30 - 8:30

FATHER DEMPSEY’S HOME
3427 Washington  63103
314/535-7221
Soup line and snacks, Monday - Friday, 12 - 12:45.
(See the housing section of this book for information about the transitional housing for men available at this location.)

63104 and 63118
SAINTS PETER AND PAUL
CATHOLIC CHURCH
816 Allen  63104
314/231-9923
www.ppcsinc.org
Lunch, 2nd through 21st of each month and every Saturday and Sunday, 12 - 12:45.
Dinner, 2nd through 21st of each month, Monday through Friday, 5 - 5:45
(Call 314-588-7111 for men’s shelter information.)
GUARDIAN ANGEL SETTLEMENT & SOCIAL SERVICES AT HOSEA HOUSE
2635 Gravois  63118
314/773-9027
Food pantry open Monday - Friday, 8:30 - 4:30. Primarily for zip codes 63104 and 63118, but will provide food for people without a permanent address.

JOINT NEIGHBORHOOD MINISTRIES
2911 McNair  63118
314/771-3987
www.jnministry.org
Monday, Wednesday, Friday 9:30 - 12 noon.
Call first. Unless you are from this area, they can only give out food one time. Other programs available.

CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago (at Tennessee)  63118
314/776-7172
Lunch/soup kitchen, Monday - Friday 12 - 12:30.
Food Pantry 2 - 2:30, Monday and Friday when available.
Call first if possible. Clothing every day. Furniture when available at no cost.

METRO CHRISTIAN WORSHIP CENTER
3452 Potomac  63118
314/772-8444
Food pantry/baskets, every third Saturday of the month at 12:30. Wednesday and Thursday, 10 - 4. Friday, 10 - 12.
Will take walk-ins one time.

SOUP ALLEY
TRINITY LUTHERAN CHURCH
812 Soulard Ave.  63104
Noodles and other food distributed Monday - Friday from 9 - 11am and Saturdays, 10 - 12. In the Alley. On Fridays, bags of groceries are available.

ST. VINCENT DE PAUL CATHOLIC CHURCH
1408 S. 10th Street  63104
Lunch Mon - Saturday: 1:00-1:00; Sunday, 10:15-11:15
Dinner: 22nd thru 1st of each month. 5:00-6:00.
63106
KAREN HOUSE
1840 Hogan 63106
314/621-1515 www.karenhousecw.org
Cold sandwiches every day, all day.
Lunch Monday, Wednesday, Friday 12:30 - 3:30
Karen House provides transitional housing for women and children, but their food program is also open to men. Free clothing every Thursday from 1 - 3:30.

GATEWAY 180: HOMELESSNESS REVERSED
1000 NORTH 19TH STREET 63106
314/231-1515
www.gatewayhomeless.org
Brown bag lunches all day, Monday - Friday

63107
Neighborhood Houses: St. James Center
1455 East College 63107
314/261-2220 or 314/383-1733
www.neighborhoodhouses.org
Food pantry Monday and Wednesday.
Call for times and information about their many other programs, including “Connecting Fathers and Children.”

HUNGER HOTLINE: 314/726-5355

www.StartHereSTL.org
VISIT THE START HERE WEBSITE FOR THE LISTINGS IN THIS DIRECTORY AND MORE.
www.StartHereSTL.org

FOOD RESOURCES CONTINUE ON PAGE 30
Here's some advice from an experienced homeless person: “Best tip is for folks to study this Resource Directory for programs near them in their area, and apply for as much as they can asap.”

STATE ID & BIRTH CERTIFICATES
OUTREACH PROGRAM AT THE COLLEGE CHURCH
Parish Center Lower Level
3628 Lindell Blvd just west of Grand 63108
Call 314/977-7308 for details on what’s required to receive a birth certificate if you are a city resident. Sign in between 8:45 and 9:30 am on Tuesdays or Wednesdays.
Legal clinics 3rd Wednesday of the month starting at 9:15. For more information, call 314/977-7300

CITY HALL ROOM 127 1200 Market St.
St. Louis, MO 63103
The Recorder of Deeds Vital Records Office issues certified copies of birth certificates. You may apply for a Certified Birth Certificate either in person or by mail.
Cost: $15.00. Phone: 314/613-3016
Be prepared to provide as many other forms of ID as you can.

http://www.dmv.org/mo-missouri/id-cards.php
This website will give information about getting a state ID from the Department of Motor Vehicles

Whats Up Magazine & The Homeless Empowerment Project
906 Olive Street Suite 1212 63101
314/241-7744 www.whatsupstl.com

www.missouridrugcard.com for prescription assistance.
MERS/Missouri Goodwill Industries
1727 Locust St. 63103 314/241-3464
www.mersgoodwill.org

26
PANHANDLING
Ordinance #67918 relates to panhandling. It is unlawful to engage in aggressive panhandling. Any panhandling is unlawful under the following circumstances:
1. In any public transportation vehicle
2. Within 50 feet of an automatic teller machine
3. Within 30 feet of a public building entry
4. At any sidewalk cafe
5. Within 50 feet of any school
6. At any bus stop, train stop or cab stand.
7. Within 20 feet of any crosswalk.
8. Within any municipal or government owned building, park, golf course, or playground.
No panhandling after 8pm and before 7am.
Violation of the ordinance can result in fines, community service, and/or imprisonment.

HOPE IS MOVING IN
An intensive homelessness prevention program operated by the City of St. Louis. Various types of assistance.
Details at www.hopeismovingin.com.
24-hour automated toll-free number: 1-877-70-HOPE4
Live person for appointments (required) 314/657-1705

TRAVELERS AID
702 North Tucker   63103
314/241-5820 Open Monday - Friday, 9 - 5.
They provide bus fare for people wanting to leave St. Louis.

RESTROOMS
Christ Church Cathedral at 12th and Locust is open Monday - Saturday and restrooms are available, in addition to shelter from inclement weather. Coffee and donuts are served every Saturday morning.

HORIZON CLUB  OPEN 24 HOURS A DAY
202 N. 23rd Street   63103
314/436-1733
This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2 - 3:30. Substance abuse counselors are also available.
The employment/training locations listed in this book offer use of a computer if you are registered.

Public Libraries
The main central library is closed for expansion.

Central Express is located at 815 Olive Street and provides the use of computers. Not open on weekends.

Horizon Club has computers: See below for more info.

LAUNDRY & SHOWERS
HORIZON CLUB, 202 N. 23rd Street 63103  314/436-1733
Open 24 hours a day. A safe haven drop-in center offering showers, coffee, lockers, computers, and counseling.

GRACE HILL CLINIC AT ST. PATRICK CENTER
800 North Tucker Blvd. 63103
314/802-0700
www.stpatrickcenter.org
Nurses and other health care providers see patients at every week day. Another Grace Hill location close to downtown is located at 1717 Biddle Street St. Louis, MO 63106 314/814-8585

MENTAL HEALTH
Community Alternatives: Outpatient Treatment
Voluntary support groups for individuals with a history of homelessness and/or alcoholism. Also, street patrols.
3728 Chouteau Ave. #200, 63110  314/772-8801 x288

Bridgeway Behavioral Health:
636-757-2300 (St. Charles); 314-652-4200 (St. Louis City)
Various programs dealing with mental health, addictions and assault. Call for more information.

BJC Behavioral Health:
1430 Olive Street, 63103.
314/206-3700 5th Floor
Programs to assist with mental health and substance abuse concerns. Outreach and groups available.

HEP (Homeless Employment Program) and JET (Job Experience Training. Includes paid stipends and internships.) Through St. Patrick Center  314/802-0700.
Homeless youth are found in abandoned cars, buildings, warehouses, and other unsafe areas and are offered access to shelter, food, clothing, blankets, showers, laundry facilities, information and referrals, crisis intervention.

**EPWORTH’S YOUTH DROP-IN CENTER**
6900 Delmar 1st Floor 63130
314/222-4877
24-hour crisis Hotline: 314.727.6294 or 1-800.899.KIDS (5437)
Open Monday – Friday, 1-5pm
www.epworth.org
Staff will distribute hygiene kits, safe sex kits and food as needed, as well as life skills and recreational activities.
Epworth Children Family Services is located in Webster Groves and offers a variety of services. Call **314/962-5718** for more information.

**YOUTH IN NEED**
Based in St. Charles, with Outreach programs in St. Louis City
Many resources on their website:
www.youthinneed.org.
Emergency shelter and transitional housing available.
636/946-5600
Crisis Hotline: 636/946-3771

**THE SPOT** for ages 13 - 24
4169 Laclede 63108 314/535-0413
A drop-in center open Monday - Friday afternoons.

St. Louis Youth Connection Helpline:
1 (877) 928-2929 or 314/628-2929

The Nineline is a toll free number **(1-800-999-9999)** answered by trained counselors that can help youth in trouble 24 hours a day, seven days a week.
63108
TRINITY EPISCOPAL CHURCH
600 North Euclid Ave.  63108
314/361-4655
Hot meal every Sunday at 2pm.
Food pantry every Tuesday through Thursday, 1:30 - 3.
Need to register first, so bring ID. Canned food and produce.

PILGRIM CONGREGATIONAL
UNITED CHURCH OF CHRIST
826 N. Union  63108
314/367-8173
Lunch Wednesdays, 12 -1.

DIGNITY HOUSE
812 Union Blvd.  63108
314/367-0450
www.neighborhoodhouses.org
Food Pantry Tuesday and Thursday, 10 -12

63111
ST. TRINITY LUTHERAN CHURCH
517 Koeln  63111
314/353-3276
Food pantry Monday, Wednesday, Saturday 9 - 11.

63112
SOLOMON’S TEMPLE CHURCH
5569 Page Boulevard  63112  314/361-4460
Lunch Wed: 11 – 12.

63113
WEST SIDE MISSIONARY BAPTIST CHURCH
4675 Page Boulevard  63113
314/535-9002
Dinner Monday, Wednesday, Friday 5:30 - 6:30
Food pantry, Tuesday, Wednesday, Thursday 11 - 1.
63115
**ST. LOUIS DREAM CENTER**
4324 Margareta Ave.  63115
314/381-0700
www.stldreamcenter.org
Food pantry Monday-Friday: 2-2:50 p.m.
And after Sunday and Tuesday church services
DC Cafe: weekly restaurant style meal that is open to
the community at no charge.
**Mobile Food Outreach:** Distributes food bags to families in
need of assistance through distribution at the Dream Center
as well as through delivery points in the surrounding area.

63116
**PROPHESY MISSIONARY BAPTIST CHURCH**
3404 Roger Place  63116
314/776-2874
Food grab bag, Tuesday 3:30 - 5.

63125
**FEED MY PEOPLE**
171 Kingston Drive  63125
314/631-4900
Monday-Friday 9 -3
Saturday 9 - 12 noon
Emergency food is available here.

**CIRCLE OF CONCERN**
112 St. Louis Avenue   Valley Park
636/861-2623
Primarily a food pantry, but emergency assistance for utilities,
prescriptions, rent, is sometimes available.

**MEALS ON WHEELS**
314/612-5918
Must be over 60 or disabled.
CLOTHING
and Household Items

ST. LOUIS DREAM CENTER
4324 Margaretta Ave.  63115
314/381-0700
www.stldreamcenter.org
Clothing Boutique. Distributes new and gently used clothing and accessories at no charge.
Wed. – Fri. 2-3:30 p.m.
Tues. 5:30-6:30 p.m.
Sun. 11:30-12:30

CARVER HOUSE
3035 Bell   63106
314/652-8485
Call first. Mostly winter clothing   8:30-5, M-F

GUARDIAN ANGEL SETTLEMENT & SOCIAL SERVICES AT HOSEA HOUSE
2635 Gravois  63118
314/773-9027
Primarily serves zip codes 63104 and 63118. Will supply persons with referrals free of charge.
M-F, 9 a.m – noon and 1 – 3 p.m.

CENTRAL REFORM CONGREGATION
5020 Waterman Avenue   63108
314/361-3919
Hours: Monday – Friday: 9 a.m. – 5 p.m.

ST. JOHN’S COMMUNITY SERVICE MINISTRY
4138 North Grand Blvd.   63107
314/533-8668
Hours: Monday – Friday 8:30 – 10:30 a.m.
**ISAIAH 58 MINISTRIES**  
2149 South Grand   63104  
314/776-1410  
Provides help with clothing and is also a food pantry. Serves area between Chouteau & Chippewa, between Jefferson & Kingshighway. Hours 10-1 p.m. M-F

**KAREN HOUSE**  
1840 Hogan   63106  
314/621-1515  
Every Thursday from 1 – 3:00 they offer free clothing.

**KINGDOM HOUSE**  
1321 S. 11th St.   63104  
314/421-0400  
Tuesday and Thursday, 10-noon. The social worker gives vouchers for clothing.

**NEIGHBORHOOD HOUSES: ST. JAMES CENTER**  
1455 E. College   63107  
314/383-1733  
Thrift Store on Mondays, 10-12. Very inexpensive or free.

**JOINT NEIGHBORHOOD MINISTRY**  
2911 McNair Ave   63118  
314/771-3987  
Hours: Tuesday 9:30 a.m. – noon

**NEW LIFE EVANGELISTIC CENTER**  
1411 LOCUST ST.   63103  
314/421-3020  
Free clothing. Mon, Tues, Thurs, Fri 10- noon Wed. 10-11:30 a.m.

**SUNSHINE MISSION INTAKE CENTER**  
1520 North 13th St.  63106  
314/231-8209  
Clothing for homeless men.
DRESS FOR SUCCESS
2141 East John 63107
314/534-1004
www.connectionstosuccess.org
Need a referral from a participating organization. Provides “suiting” for women who are going for a job interview. Will also provide an additional set of clothing once the job has been obtained.

ST. PATRICK CENTER
800 N. Tucker 63101
314/802-0700
Tuesday and Thursday from 1 – 2:30

JOINT NEIGHBORHOOD MINISTRIES
7911 McNair – 63118
314/771-3987
Free clothing, Tues. 9:30-12:00

ST. VINCENT DE PAUL CHURCH
1408 South 10th Street 63104
314/231-9328
Free clothing, Wed. 12 – 2

MELVILLE BAPTIST CHURCH
HELPING HANDS MINISTRY
802 Kinswood Lane 63129
314/487-4843
www.mehlvillebaptistchurch.org
Clothing and food pantry in South County. Call for times.

KOSSUTH CHURCH OF GOD IN CHRIST
3225 North Taylor Ave 63115
314652-4163
Hours: 2nd and 4th Tuesday of the month from 1 – 2 p.m. with sign in; Every Thursday at noon.
EMPLOYMENT CONNECTION
2838 Market Street 63103
314/333-JOBS (5627)
www.employmentstl.org
Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants.

Call the above number to reserve a place for work readiness training and job placement assistance. World of Work (WOW) training is Monday-Thursday, 9am - 3:30pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

ARCHS Re-Entry Partnerships
539 N. Grand Ave. 63103
314/534-0022
www.stlarchs.org
Offers various mentoring and educational programs for ex-offenders, including a partnership program with the Culinary Department at St. Louis Community College.

FEDERAL BONDING PROGRAM
The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

Department of Economic Development
Missouri Division of Workforce Development
421 East Dunklin St. P.O. Box 1087
Jefferson City, MO 65102 573/526-8217

CAASTL - Community Action Agency of St. Louis County
2709 Woodson Rd. 63114
314/863-0015
www.caastlc.org
Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.
CONNECTIONS TO SUCCESS
2141 East John  63107
314/534-1004
www.connectionstosuccess.org
This is a program that is conducted inside several prisons to ready participants for life after release. There is an 80-hour class that focuses on workforce readiness. Once on the outside, other programs include: Dress for Success (for women); Wheels for Success; Personal & Professional Development, among others. Connections to Success operates in St. Charles, Belleville, and Kansas City in addition to St. Louis.

MISSION GATE PRISON MINISTRY
P.O. Box 6644  Chesterfield, MO 63006
636/391-8560
www.missiongateministry.org
Christian-based Aftercare Program that is available to ex-inmates. There are men’s, family and women’s residences available in various parts of town.

LET’S START
1408 S. 10th Street  63104
314/241-2324
www.letsstart.org
A comprehensive program for children of incarcerated parents, as well as formerly incarcerated women. Services include transportation to women’s prisons for children and weekly support groups.

LEGAL SERVICES OF EASTERN MISSOURI
4232 Forest Park Blvd.  63108
314/534-4200
Free legal services for those who cannot afford an attorney for civil matters, services for individuals who qualify under income guidelines, preventive legal education programs. Clients seen by appointment Mon-Fri. 9 a.m. -5 p.m. Legal Aid: 1-800-444-0514

MISSOURI CAREER CENTERS
There are several throughout the area. Workshops and referrals available. See Page 41 for a list of addresses and phone numbers.
CRIMINAL JUSTICE MINISTRY OF SOCIETY OF ST. VINCENT DEPAUL
100 N. Jefferson Ave. 63103   314/652-8062
www.cjmstlouis.wordpress.com
Assistance and services for the incarcerated and their families, victims, and recently released ex-offenders.

DIRECT SERVICES
314/881-6021
Some assistance to newly released (hygienes, clothing, transportation, etc.) is available, but the process begins with a referral by a parole officer.

SOLID START
314/881-6034
Up to a year of supportive housing for men who will be released into the St. Louis Area with major challenges.

RELEASE TO RENT
314/881-6031
www.cjmstlouis.wordpress.com
Up to a year of supportive housing for men who can work full time and are without community support. IMPORTANT: The best chance of being accepted to this program is to contact them at least 6 months before your release date.

RELEASE TO RENT FOR VETERANS (R2RV)
314/881-6013
www.cjmstlouis.wordpress.com
Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN
www.row-stl.org
306 North Tucker  63101 (City)
314/588-8300
2709 Woodson Rd. Overland  63114 (County)
314/863-0236
Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges, including re-entering the community after incarceration. Much of the focus is on economic independence.

U.S. Department of Justice Re-entry Programs
www.ojp.usdoj.gov
The Center works with women who are re-entering the area after incarceration with supportive transitional housing. **Courtois House.** Applicants must have been released from prison or jail in the past 6 months. Each woman in the program is matched with a volunteer mentor for a one year intensive mentoring relationship. Women in the program do not have to live in our housing for this one-year program. Contact The Center to fill out an application. **Schirmer House.** Opened in 2007, provides housing for 30 women who are fulfilling state-mandated supervision requirement. A referral to this program must come from a PO or caseworker in prison. Schirmer House has 4 full time employees, an on-site probation officer, and a security team.

**PROJECT COPE**
3529 Marcus 63115
314/389-4804 www.projcope.org
This organization starts working with inmates before they are released. Start by writing a letter to the above address to arrange for an interview and possible entry into this successful support program. Project Cope is sponsored by several St. Louis area churches.

**Big Brothers Big Sisters-Amachi**
501 N Grand Blvd, Suite 100 63103
314/361-5900 www.bbbs.org
Matches children of incarcerated parents with a Big Brother or Big Sister in a one-to-one mentoring relationships in conjunction with the Missouri Department of Corrections and six Big Brothers Big Sisters agencies across the state.

www.nationalreentryresourcecenter.org
Research and resources on the topic of re-entry.
U.S. APPRENTICESHIP PROGRAMS
WWW.DOLETA.GOV/JOBSEEKERS
This is a very comprehensive website. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money for organizations involved in job training. Apprenticeships are available to ex-offenders.
www.doleta.gov/jobseekers/career_options.cfm

PARENT LINK 1-800-552-8522
En Espanol 1-888-460-0008
www.parentlink.missouri.edu
Answers, resources, and options regarding parenting concerns. Support for incarcerated parents.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)
www.stlreentry.org
A coalition of groups and agencies working to make the re-entry process more successful.

HUMANITRI
Inmate Family Transportation Service
1120 South Sixth Street, Suite 120  63104
314/772-7720
www.humanitri.org
Provides same day, round trip service to twelve of the Missouri State Correctional Facilities. Rides are on the first, second and third Saturday of the month.

MISSOURI DEPT. OF CORRECTIONS
www.doc.mo.gov.
Information about re-entry programs and information that is useful for friends and family of incarcerated persons. They also have a link on the homepage called Reentry Process.

CAA STL
Community Action Agency of St. Louis County
2709 Woodson Rd.  63114
314-863-0015  www.caastlc.org
Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.
Below are agencies and organizations intended to assist individuals who may be encountering obstacles to employment. These places receive funding to help people find jobs, so make use of what they have to offer.

GO BACK TO PAGE 35 for information about EMPLOYMENT CONNECTION

CRAIG’S LIST
Website only. Go to www.craigslist.com. Look for St. Louis, and see the many jobs that are listed there. They also list housing, for sale items, and other services.

MISSOURI DEPARTMENT OF LABOR AND INDUSTRIAL RELATIONS
3315 West Truman Blvd, Room 213
P.O. Box 504 Jefferson City, MO 65102
573/751-9691 www.dolir.mo.gov
In addition to plenty of information about wages, unemployment comp, etc. it’s a good source for potential employers looking for incentives to hire individuals with criminal histories, and service providers and individuals with criminal histories who are looking for assistance in finding jobs.

FEDERAL BONDING PROGRAM
The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.
Department of Economic Development
Missouri Division of Workforce Development
421 East Dunklin St. P.O. Box 1087
Jefferson City, MO 65102 573/526-8217

Year-round Youth Program 314/589-8059

Near Southside Employment Coalition
2649 Pestalozzi Street 63118 314/865-4453
www.nsecworks.org
Training and job placement services.
MISSOURI CAREER CENTERS
www.jobs.mo.gov
Personal job search assistance
Prove and improve your skills
Career exploration tools
Workshops
Resume assistance
Define your skills and goals

(SLATE) St. Louis Agency on Training and Employment
Downtown
1520 Market, 3rd Floor 63103
314/589-8000 www.stlworks.com
Central West End
4811 Delmar 63108
314/877-0916

Greater Metro Area
Northwoods
(Near Natural Bridge/Lucas & Hunt)
26 B North Oaks 63121
314/381-6700

St. Louis County/Deer Creek
3256 Laclede Station Road 63143
314/877-0001

Florissant
4040 Seven Hills Drive Suite 166
314/475-7900

Metropolitan Education and Training Center (MET)
6347 Plymouth Ave. 63133
314/746-0700

For jobs and apprenticeships in construction:
www.access-construction-metrostl.com

HEALTHSTREET
www.epi.wustl.edu/Healthstreet
Washington University School of Medicine
4306 Manchester 63110 314/531-3034
Participate in clinical research and get paid for it.
Redevelopment Opportunities for Women (ROW)
www.row-stl.org
City Office:
306 North Tucker 63101 314/588-8300
County Office:
2709 Woodson Road 63114 314/863-0236
Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges. The focus is on economic independence and employment.

Unemployment Insurance 314/340-4950

ST. LOUIS JOB CORPS CENTER
4333 Goodfellow Boulevard 63120
314/679-6200
www.stlouis.jobcorps.gov

MERS GOODWILL INDUSTRIES
1727 Locust Street 63103
314/241-1133
www.mersgoodwill.org
Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED. Also many other programs and opportunities for employment.

VOCATIONAL REHABILITATION
220 S Jefferson St, Room 110 63103
314/877-2940
In addition to this downtown location, there are three other offices in the St. Louis area.

AMERICORPS
1315 Ann Avenue 63104
314/772-9002
www.americorps-stl.org
Year-round recruitment for people to work in education and disaster relief. Call for more details. They pay a cost of living stipend. It’s a good way to network, connect, and learn new skills.
Alcoholics Anonymous
www.aa.org
314/647-3677
Narcotics Anonymous
www.na.org
314/830-3232

BRIDGEWAY COUNSELING SERVICES
1027 S. Vandeventer 63110
314/652-4200
Various locations. Call for more information.

GRACE HILL CLINIC AT ST. PATRICK
314/802-0700
Provides medical services. Also may be able to help refill meds if you have medication sheet or bottles showing psychotropic prescription until you are able to get established and seen at Hopewell for medication. You must call to schedule an appointment. No walk ins.

HOPEWELL MENTAL HEALTH SERVICES
1504 S. Grand 63104
314/531-1770
Emergency: 314/531-7335
Provides mental health case management and psychiatric services. On site pharmacy for medications prescribed by their doctors. No walk-ins. Must make appointment.

COMMUNITY ALTERNATIVES
3738 Chouteau Ave., Suite 200 63110
314/ 772-8801
www.community-alternatives.org
Provides care and cost-effective services to people with mental health disorders and problems with addiction. Services include assistance with medication and housing. Recently merged with Places For People.

Methadone Treatment and More
Center for Life Solutions, Inc.
637 Dunn Rd. Suite 180 63042
314-731-0100
BEHAVIORAL HEALTH RESPONSE
24 hour Crisis Line  314/469-6644
BJC Behavioral Health:
1430 Olive Street, 63103.
314/206-3700  5th Floor
Programs to assist with mental health and substance abuse concerns. Outreach and groups available.

HOPEWELL MENTAL HEALTH SERVICES
1504 S. Grand   63104
314/531-1770
Emergency: 314/531-7335
Provides mental health case management and psychiatric services. On site pharmacy for medications prescribed by their doctors. No walk-ins. Must make appointment.

COMMUNITY ALTERNATIVES
314/ 772-8801
www.community-alternatives.org
Provides care and cost-effective services to people with mental health disorders and problems with addiction. Services include assistance with medication and housing. Recently merged with Places For People.

MY REDEEMER LIVES MINISTRY
7315 Winchester Dr.   63121
314/367-8383
Weekends and emergency:  314/382-8266
Offers recovery support services for substance abuse
Mostly an access point and gives vouchers for other programs and transportation.

QUEEN OF PEACE CATHEDRAL TOWER
325 N. Newstead
St. Louis, MO 63108
314/531-0511
Drug and alcohol treatment programs and other service for women. Works with St. Phillipine to provide housing. Call for information. Referral not required.
PROVIDENT COUNSELLING
314/533-8200 for appointments
Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

SLIDING SCALE COUNSELING CENTERS
Provident Counseling 314/533-8200
Catholic Family Services 314/544-3800
Luthern Family Services 314/787-5100

Annie Malone Children & Family Center
314/531-0120 or 2612
www.anniemalone.com
Parenting education, self-help, counseling.

RAVEN (Non-violence education for men.)
7314 Manchester 63143
314/645-2075 www.RavenSTL.org

STEPPING INTO THE LIGHT
1402 Hebert 63107
314/231-5175
Very strict drug and alcohol rehab center. Requires 90 days in-house. Once employed there is a $65/week charge.

WEST END MT. CARMEL OUTREACH
5935 Horton Place 63112
Substance Abuse Hotline: 314/226-4669
Main number 314/863-5892

ST. LOUIS COUNTY FAMILY & COMMUNITY SERVICES
314/615-4516

ST. LOUIS EMPOWERMENT CENTER
3024 Locust 63103
314/652-6100 Friendship Line: 866/525-1442
LEGAL SERVICES

LEGAL AID
(Legal Services of Eastern Missouri)
4232 Forest Park  63108
314/534-4200
www.lsem.org

STATE PUBLIC DEFENDER
Missouri State Public Defender System
231 East Capitol Ave.
Jefferson City, MO 65101
573/526-5210

FEDERAL BONDING PROGRAM
The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants who are qualified, but fail to get jobs because regular commercial bonding is denied due to their backgrounds.

Contact:
Bonding Service Coordinator
Department of Economic Development
Missouri Div. of Workforce Development
421 East Dunklin St.
P.O. Box 1087
Jefferson City, MO 65102
573/526-8217

ARCH CITY DEFENDERS
Criminal Defense Attorneys
812 N. Collins Alley
Laclede’s Landing  314/827-5062
63102
www.archcitydefenders.org
Provide free or low cost holistic legal representation to individuals facing state prosecution. They do not take civil cases, but will represent people facing misdemeanor and felony charges.
MISSOURI BAR LAWYER REFERRAL SERVICE  
314/621-6681  
www.mobar.org

AMERICAN CIVIL LIBERTIES UNION (ACLU)  
4557 Laclede Ave. 63108  
314/652-3111  
www.aclu-em.org

GATEWAY LEGAL SERVICES  
200 North Broadway 63102  
314/534-0404  
www.gatewaylegal.org  
A self-funded non-profit organization dedicated to helping the poor, disabled, and consumers. Works with SSI claims, among other things.

LEGAL ASSISTANCE WEBSITES  
www.courts.mo.gov  
www.stlclin.missouri.org  
Attorney General’s Office www.ago.mo.gov  
Victims of Crime www.okbemad.org  
Legal Services of Missouri www.lsmo.org

JAIL DIVERSION PROGRAM  
St. Louis City 314/621-5848, ext. 1023

CATHOLIC LEGAL ASSISTANCE MINISTRY  
321 N. Spring 63108  
No Walk-Ins. Call first.  
(314/977-3993

Interfaith Legal Services for Immigrants  
4158 Lindell Blvd. 63108 314/371-4640  
www.ilsilegal.org  
A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families in eastern Missouri.

Legal Advocates for Abused Women  
314/535-5229
THE FATHERHOOD INITIATIVE
1911 North Taylor 63113
314/535-0017
www.ccstl.org
An eight-week intensive program, which meets for several hours daily, helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services.

www.fatherhood.org/insideoutdad
A national program that works to develop strong relationships between fathers who have been incarcerated and

CHILD SUPPORT HOTLINE
1-800-859-7999
If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and other assistance to improve child-parent relations.

EMPLOYMENT CONNECTION
2838 Market Street 63103
314/333-JOBS (5627)
www.employmentstl.org
Pathways to Responsible Fatherhood
Includes parenting, economic stability and legal services.

FATHERS’ SUPPORT CENTER
4411 N Newstead Ave. 63115
314/333-4170
www.fatherssupportcenter.org
Provides a wide variety of programs and services aimed at improving outcomes for children.

BETTER FAMILY LIFE
5535 Delmar Blvd, Ste 2100 63112
314/367-3440
www.betterfamilylife.org
Several locations. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes.
CLUB CATHEDRAL
Tucker and Locust  63103
314/231-3454
From 8-11 AM Saturdays. The Cathedral is open every day and restrooms are available.

ST. PATRICK PARTNERSHIP CENTER
800 North Tucker  63101
314/802-0700
The Partnership Center provides home living skills training and open market housing for individuals referred by agencies within the Homeless Services Network. Employment training, child care, GED, and vocational referrals available.

FAMILY RESOURCE CENTER
3309 South Kingshighway  63139
314/534-9350

FREE GOVERNMENT CELL PHONES
If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website--too many to list here. www.freetelephones.net/states/missouri

PARENT LINK
1-800-552-8522  En Español 1-888-460-0008
www.parentlink.missouri.edu
Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

Catholic Charities: Community Services
Midtown
1202 S. Boyle  63110
314-534-1180
www.midtownncc.org

For smokers: The Quitline number is
1-800-QUIT-NOW (1-800-784-8669)
DEPARTMENT OF VETERANS’ AFFAIRS  
(VA) 400 South 18th Street  63103  
1-800/827-1000  www.va.gov  
The VA interviews homeless veterans for service-connected disability or pension benefits, if eligible. Job referral service is available through the Missouri State Employment Service.

COMMUNITY ALTERNATIVES  
3738 Chouteau Ave., Suite 200  63110  
314/772-8801  
www.community-alternatives.org  
Provides care and cost-effective services to people with mental health disorders, including assistance with medication and housing. They specialize in serving the "hidden homeless."

FAMILY CARE HEALTH CENTERS  
www.fchcstl.org  
Carondelet  
401 Holly Hills Avenue  
St. Louis, Missouri 63111  
(314) 353-5190  
Forest Park Southeast  
4352 Manchester Avenue  
St. Louis, Missouri 63110  
(314) 531-5444  
Patients without insurance are served on a sliding fee based upon income and family size. Includes pharmacy, dental and prenatal care. Interpreters provided.

Redevelopment Opportunities for Women  
(ROW)  
www.row-stl.org  
306 North Tucker  63101  (City Office)  
314/588-8300  
2709 Woodson Rd. Overland  63114  
(County Office)  
314/863-0236  
Programs that stabilize lives and create opportunities for low income women facing extraordinary challenges.

(CIN)ST. LOUIS  
COMMUNITY INFORMATION NETWORK  
www.stlouis-mo.gov
MORE PHONE NUMBERS

Numbers are area code 314 unless otherwise listed.

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
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<tbody>
<tr>
<td>Aids Testing and Information</td>
<td>547-1144</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>647-3677</td>
</tr>
<tr>
<td>Central Police Station, St. Louis City</td>
<td>444-2500</td>
</tr>
<tr>
<td>Connect Care (Delmar)</td>
<td>361-2273</td>
</tr>
<tr>
<td>Consumer Credit Counseling Service</td>
<td>1-888/656-2227</td>
</tr>
<tr>
<td>County Police, general information</td>
<td>889-2341</td>
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<tr>
<td>Family Support Network</td>
<td>644-5055</td>
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<tr>
<td>GED Hotline</td>
<td>1-800/626-9433</td>
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<tr>
<td>Grace Hill Water Tower</td>
<td>898-1717</td>
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<td>Hopewell Community Mental Health</td>
<td>531-1770</td>
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<tr>
<td>CASA DE SALUD Health Center</td>
<td>762-1261</td>
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<tr>
<td>Manpower Temporary Agency</td>
<td>241-1356</td>
</tr>
<tr>
<td>Metropolitan Psychiatric Center</td>
<td>877-0500</td>
</tr>
<tr>
<td>Missouri Career Centers</td>
<td>381-6700</td>
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<tr>
<td>Narcotics Anonymous</td>
<td>830-3232</td>
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<tr>
<td>Office Team Temporary Agency</td>
<td>621-8888</td>
</tr>
<tr>
<td>People’s Health Center (Delmar)</td>
<td>367-7848</td>
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<tr>
<td>Planned Parenthood</td>
<td>531-7526</td>
</tr>
<tr>
<td>Public Defender, City</td>
<td>340-7625</td>
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<tr>
<td>Public Defender, County</td>
<td>615-4778</td>
</tr>
<tr>
<td>Redevelopment Opportunities for Women</td>
<td>588-8300</td>
</tr>
<tr>
<td>Safe Connections for abuse victims</td>
<td>531-2003</td>
</tr>
<tr>
<td>Social Security Administration (SSI,SSDI)</td>
<td>621-2704</td>
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<tr>
<td>St. Louis City Justice Center</td>
<td>621-5848, ext 1044</td>
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<tr>
<td>St. Louis Community College</td>
<td>644-5522</td>
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<tr>
<td>Substance Abuse Hotline</td>
<td>226-4669</td>
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<tr>
<td>Urban League</td>
<td>615-3600</td>
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<tr>
<td>VA Medical Center</td>
<td>652-4100 ext 5377</td>
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<tr>
<td>Veteran’s Administration</td>
<td>652-4100</td>
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<tr>
<td>Victim Service Council</td>
<td>615-4872</td>
</tr>
<tr>
<td>Woman’s Place, drop-in for abuse victims</td>
<td>645-4848</td>
</tr>
</tbody>
</table>
for IMMIGRANTS

INTERNATIONAL INSTITUTE
3654 South Grand Blvd.  63118
314/773-9090  www.iistl.org
Services include English classes for adults, job search, employment training, refugee resettlement, immigration application preparation, mental health services, elderly services, counseling, services to victims of domestic violence or human trafficking, translation services, assistance with starting a business, and more

CASA de SALUD
3200 Chouteau Avenue  63103  314/762-1251
www.casadesaludstl.org
Comprehensive medical services and referral services, primarily for adults, including preventive and immunizations.

The Center for Survivors of Torture & War Trauma
1077 S. Newstead Avenue  63110
314/533-4114  www.stlcenterforsurvivors.org
In addition to various forms of counseling and therapy, CSTWT offers survivors and their families an extensive youth program as well as casework services including asylum documentation and referrals for further social service or personal care needs.

LAMP: Language Access Metro Project
8050 Watson Road Suite 340  63119
314/842-0062  1-866-948-7133
www.lampinterpreters.org
Translation services. Specialists in medical interpreting.

For information about services and events for the Latino community, visit the website: www.hispanictown.com

Interfaith Legal Services for Immigrants
4158 Lindell Blvd.  63108  314/371-4640
www.ilsilegal.org
A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families in eastern Missouri.

ESOL (English to Speakers of Other Languages/Bi-lingual) Program  St. Louis Public Schools
3125 S. Kingshighway 63139  314/776-1686