

Need Utility Assistance? **First** -- Call your utility company. Tell them of your inability to pay. Make arrangements to pay. Ask if there are any current programs to help with payments. Electric: **Ameren UE** 342-1000 Option 2, 4, 2 (Assistance Agency Info) Toll Free -1-800-552-7583, Gas: **Laclede Gas** 621-6960 Toll Free 1-800-887-4173 **Metro Sewer District** 866-281-5737 Low income single family owners may qualify for 50% reduction of sewer bill. **WATER H2O Help** helps provide supplemental funding to Missouri American Water customers who would otherwise have trouble paying their bills. Any **Missouri American Water** 1-866-430-0820 customer who is at risk of losing their water service may apply for H2O Help. **StL City Water Division**, Customer Service 771-2255

**Community Action Agencies Serving St. Louis & MO Residents** [www.communityaction.org](http://www.communityaction.org)

**Second** -- Contact a **Community Action Agency** & ask for help to learn about the **Low Income Home Energy Assistance Program (LIHEAP)** & other programs to help you with utility payments and other needs you may have.

**1. Urban League** [www.ulstl.com](http://www.ulstl.com) StL City & Wellston 314-615-3640 & 615-3600 for information about the LIHEAP energy assistance program Eligibility Requirements, & How to Apply. If no funds are available ask when funds will be available. Urban League, St. Louis County: 314-388-9840. StL County residents call Comm. Action Agency 863-0015 for LIHEAP

**2. Community Action Agency of St. Louis County, Inc.:** [www.caastlc.org](http://www.caastlc.org) 314-863-0015 Provides **Energy Assistance** and operates the government funded **LIHEAP program for St. Louis County residents**. Energy Assistance program begins November 1 (October 1 for elderly and/or disabled households) and runs through March 31, unless funds are depleted sooner. With the Energy Assistance application all sources of assistance will be explored by the agency including Energy Assistance, ECIP, **Dollar More** <https://www2.ameren.com/residential/DollarMore.aspx> , and **Dollar Help** [www.dollarhelp.org](http://www.dollarhelp.org)

**3. Peoples Community Action Corp:** [www.pcacstl.org](http://www.pcacstl.org) Serves **St. Louis City & Wellston**: Utility Help, GED, Counseling, Employment & Career Development, & more. **Central** 269-5210 (2012 Martin Luther King Dr. 63106); **North City & Wellston** 862-6270 (5935 Horton Pl. 63112); **South City** 353-1457 (6827 Broadway/at Loughborough Ave, 63111)

**4. North East Comm Action Agency** St. Charles County 573-324-0120; **5. Jefferson County Comm. Action** 740-282-0971

**Third** - **Weatherization Program**: Call Urban League StL City/Wellston 615-3690 or Comm. Action Agency StL County (residents) 863-0015 & find out if you qualify for the **Low-Income Weatherization Assistance Program**

**Low Income Home Energy Assistance Program (LIHEAP)**: You can obtain a LIHEAP application from the Urban League (St. Louis City & Wellston, or the Community Action Agency of St. Louis Inc (St. Louis County Residents). Or go to the **LIHEAP** site [www.dss.mo.gov/fsd/liheap.htm](http://www.dss.mo.gov/fsd/liheap.htm) & click **Heating & Cooling Assistance Instructions & Application**. Program provides financial assistance to subsidize primary heating source payments for all households that are income eligible. Service disconnection or threat of disconnection is not required. These funds are usually available from November 15th - March 31st annually. **Energy Crisis Intervention Program (ECIP)** -provides emergency energy assistance. Services include financial assistance for gas, electricity, oil, and kerosene. Other fuel assistance programs are also available including \*Dollar Help and \*Dollar More. **Community Action Agencies** that serve your area.

**Heat-Up St. Louis** [www.heatupstlouis.org](http://www.heatupstlouis.org) **Resource Hotline:** 314-241-7668 is a year-round program for low-income StL City & County, disabled, Illinois StL region, & people 62 & over -- **gives you the name & phone number of agencies you may contact for utility assistance**. **Cool Down St. Louis** provides cooling grants and public education to help families in the summer months with small children, disabled and the elderly avoid heat deaths and illnesses.

**United Way Dial 211** is your 24/7 connection to agencies and resources near you ( [service area](#)). United Way 2-1-1 connects you to services that will help you live your best life: food, utility, rental, mortgage, Medicaid, Medicare, counseling, educational/career training, job training, GED , tutoring, child care, meals at home & more.

**Federal & State Benefits:** [www.benefitsapplication.com](http://www.benefitsapplication.com) -- SNAP, LIHEAP, WIC, MO Weatherization, MO Health Net - Kids (CHIP), Elderly, Blind, Disabled, Unemployment Insurance

**Need Help Paying Bills** [http://www.needhelppayingbills.com/html/st\\_louis\\_assistance\\_programs.html](http://www.needhelppayingbills.com/html/st_louis_assistance_programs.html) Rental, Mortgage, Emergency, Education/Training, Employment, Basic Needs, Eviction Prevention, Legal, Veterans

**Additional Energy Assistance Providers:** *(Call before you visit)*

**Cardinal Ritter Senior Services** [www.cardinalritterseniorservices.org](http://www.cardinalritterseniorservices.org) 314-918-2258 Utilities only 60 years/older– City residents in threat of disconnect

**Catholic Charities** [www.ccstl.org](http://www.ccstl.org) 314-367-5500 **Father Tolton Center** 385-3445 1018 Baden Ave StLMO 63147 -- Serves residents of 63106, 63107, 63112, 63113, 63115, 63120, 63136, and 63147.

**St. Jane Center** 383-6539 8454 Glen Echo Dr., StLMO 63121 -- Serves North County Residents.

**Midtown Center** 534-1180 1202 S. Boyle Ave **Employment Resources for all zip codes** - Serves residents in parts of 63104 & 63110 - St. Louis City neighborhoods-Compton Heights, Forest Park Southeast, Fox Park, The Gate District, McRee Town, Shaw, Southwest Garden & Tiffany. **Southside Center** 773-6100 English, Spanish, Vietnamese, 3401 Arsenal, (St. Elizabeth Academy Campus) StLMO 63118 **St. Charles Center** 636-498-2273, 221 Spencer Rd Suite 1, St. Peters MO 63376. **Housing Resource Center (Hotline)** 802-5444 **St Patrick Center** 241-5600 Shelter, Rent, Mortgage Assistance, 800 N Tucker Blvd StLMO 63101 **Refugee Services** -- 771-2570, 2840 Wisconsin, StLMO 63118

**Community Helping Ministry** 314-770-2216 For residents of Pattonville School District, Utility, Rent, Food

**Energy Care:** [www.energycare.org](http://www.energycare.org) 314-773-5900 2758 Wyoming St., St. Louis, Mo., 63118 -Serves St. Louis City and County. Energy assistance counseling, assistance in completing energy grant applications, emergency heating/cooling grants, home weatherization. Primarily works with low-income, elderly, homebound & seriously ill individuals.

**Feed My People:** 314-631-4900 Primarily 63123, 25,26,27,28,29. Must be a client of Feed My People for Energy Assistance.

**Franciscan Connection** 314-773-8485 63118 & part of 63111 for Utility, Bus Passes, School Supplies, Shoe Voucher

**Hosea House** [www.gasastl.org](http://www.gasastl.org) 314-773-9027 2635 Gravois, StLMO 63118, zip codes 63104 & 63118

**Joint Neighborhood Ministry:** [www.jnministry.org](http://www.jnministry.org) 314-771-3987 Serves specific areas of 63118 & 63104.

Utilities, food pantry, clothing closet, and will help you “patch together” funds for housing.

**Lutheran Family & Children Services:** [www.lfcsmo.org](http://www.lfcsmo.org) 314-787-5100

**Mid East Area Agency on Aging:** [www.mid-eastaaa.org](http://www.mid-eastaaa.org) 1-800-243-6060 or 636-207-1323 Client must be 60+ years of age and live in St. Louis, Franklin, Jefferson, or St. Charles County. **StL City** residents 314-612-5918

**Our Lady of Perpetual Help:** [www.helpstlouis.org](http://www.helpstlouis.org) 314-535-9794 4335 Warne Ave, StLMO 63107, Utilities 9:00 AM –until Noon – Tue & Thurs - bring, an ID, Utility bill & \$25 cash or money order – first 17 people – for \$75 check to Utility Company. Also, Groceries & Household Items, Computer Training, Optical-Vision Care

**New Life Evangelistic Center:** [www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020 No residency restrictions.

**Paraquad** [www.paraquad.org](http://www.paraquad.org) 314-289-4200 5240 Oakland, StLMO 63110, Persons w/disabilities & active client for at least 30 days

**Salvation Army:** [www.stlsalvationarmy.org](http://www.stlsalvationarmy.org) Main St. Louis Headquarters 314-646-3000 1130 Hampton Ave. StL MO 63139: For StL MO City and County. The site you contact depends upon your zip code.

**St. Augustine Church:** [www.st-augustine-stl.org/](http://www.st-augustine-stl.org/) 314-385-1934 **Father Bob**, 1371 Hamilton, StLMO 63112 Utilities –M, Wed, Fri 9:00 AM first 30 people, bring an ID, Utility bill & \$25 cash or money order for a \$75 check to Utility. Also Rental Assistance, more

**Parishes Associated On Kinloch Team (PAKT)** [www.paktcenter.org](http://www.paktcenter.org) 314-524-2710 Ferguson MO: Utilities, Food, Mortgage, Rent, Clothing & more. \$50 maximum when funds are available. Also has a Food Pantry on Tuesday’s, by appointment. Serves zip codes: 63114, 63121, 63130, 63132, 63133, 63134, 63140, 63043, 63044, 63074

**St. Patrick Center:** [www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314- 802-0700 Utility Assistance for zip codes 63101, 02, 03, 04, 05, 06, 07, & 08 Housing, Employment & Training, & Health Services are available to qualified St. Louis City residents.

**St. Vincent DePaul Society:** [www.svdpstl.org](http://www.svdpstl.org) 314-881-6000 100 N Jefferson, StL MO 63103, Local StVDP contacts, dial 211

**Continue Your Education** [www.dhe.mo.gov](http://www.dhe.mo.gov) 800-473-6757 Colleges, Community Colleges, Career-Tech, Financial Aid, ACT, SAT  
**Criminal Justice Ministry** St. Vincent DePaul [www.cjmstlouis.org](http://www.cjmstlouis.org) 652-8062 Help for incarcerated, released and their families

**Food Search 726-5355 Hunger Hotline** (Food Pantries in your area.) **The Bridge** Homeless 421-3136 Meals, Day Shelter, Mail Service/more

**Get a Job** [www.jobs.mo.gov](http://www.jobs.mo.gov) **MO Career Centers** –888-728-5627, **SLATE** 589-8000 **StLCity**, **Florissant** 475-7900, **North Oaks** 381-6700, **Arnold** 636-287-8909

**Grace Hill** [www.gracehill.org](http://www.gracehill.org) Primary Health Care 314-814-8700, Day Care, Employment, Family-Children, Emergency

**Homeless: StL City & StL County** 802-5444 **Gateway 180** Shelter for women & children, 231-1515

**Jobs in St. Louis Area:** **Indeed** [www.indeed.com/l-St-Louis-MO-jobs.html](http://www.indeed.com/l-St-Louis-MO-jobs.html) **StLCareers** [www.stlcareers.us](http://www.stlcareers.us) **StLToday** [www.stltoday.com/classifieds/jobs/](http://www.stltoday.com/classifieds/jobs/)

**Legal Services of Eastern MO** [www.lsem.org](http://www.lsem.org) 534-4200 800-444-0514 **Catholic Legal Assistance Ministry** 977-3993

**Mental Health: Eastern MO** [www.mha-em.org/](http://www.mha-em.org/) 773-1399 Emergencies call **Behavioral Health Response** [www.bhrstl.org](http://www.bhrstl.org) 469-6644

**Mercy Neighborhood Ministry:** 865-0927 3660 Gravois Ave, 63116, Partnerships with over 100 community health-soc services

**MO Dept of Social Services** [www.dss.mo.gov](http://www.dss.mo.gov) **MO Mental Health** **Children’s Div StL City** 877-2000 **StL County (Children)** 264-7700

**St. Francis Xavier College Church** 977-7311 Birth Cert, ID, Legal Help, Sandwiches, Winter Inn, Recovery

**StL City Human Services** 612-5900 **StL County Human Services** 615-4516

**St Peter & Paul** [www.ppcsinc.org](http://www.ppcsinc.org) 588-7111 Men’s Shelter, Neighborhood Meals, Mental Health, Homeless HIV/AIDS, Transitional Housing (Men)